



# BODY ANALYSIS SMART SCALE

Read this manual carefully before first use and keep for future reference.

MD1816 (JPD-BFS200B)

Manual Version: 1.0

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## FCC Statement

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Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

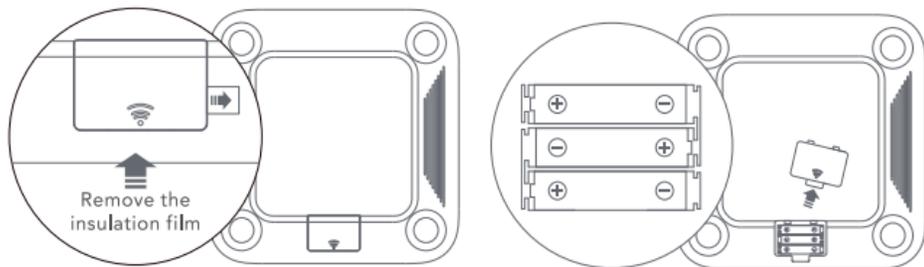
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions (1) This device may not cause harmful interference, and (2) This device must accept any interference received, including interference that may cause undesired operation.

## Installing the Batteries

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Please pull out the insulation film beside the battery cover.



## Download the App

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Please scan the below QR code and download our "Medicare LifeSense®" app to your phone. Remark: Our APP is available for iOS and android devices with Bluetooth.



## Pairing the Scale

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Follow the instructions in the App Manual to pair the device to your phone.

## Weighing and Measuring Body Fat

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Place the scale on a hard, flat surface.

**Please be barefoot as shown in the figure below.**

Ensure feet are touching all four electrodes during measurement.

Stand on the scale surface to measure your weight and body composition.

The measurement is completed when the value on the LED screen starts flashing, then the measured data will be displayed on the app.

The body composition data provided by this scale is only for reference and does not constitute medical advice.



## Weighing Items

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Press/tap the scale to allow it to turn on. Do not weigh anything until the scale turns on and returns to zero. Moving or bumping the scale may affect the accuracy, in which case you should weigh again to make sure the measured data is accurate.

## Alert Indications

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When weighing, a flashing "Lo" indicates a low battery level, and you should replace the batteries as soon as possible.



When weighing, a flashing "Err" indicates the weight being measured exceeds 180 kg, which is beyond the limit of the scale.



## Converting Weight Units

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The factory default unit is kg. The switch between kg and lb can be achieved via the Medicare LifeSense® App (For the US market the default unit is lb).

## Precautions

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1. To prevent slipping, do not place the scale on a wet/slippery floor, and do not use it when your feet or the scale are wet.
2. Always stand in the middle of the scale, to prevent it from accidentally flipping over while weighing yourself.
3. Only use the scale in a dry environment, and do not immerse it in water.
4. Wipe the surface of the scale with a damp cloth and mild detergent. Do not use any organic solvents or other chemicals.
5. After the batteries are depleted, immediately remove them to avoid potential leaking and corrosion.
6. This scale is not recommended for persons with a pacemaker or other implanted medical devices. The accuracy of the body composition data may vary when used by professional athletes, pregnant women, and certain other individuals with special conditions.

## Disposal and Recycling Information

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The following symbol signifies that this product has to be disposed separately from ordinary household wastes at its end of life. Please kindly be aware that this is your responsibility to dispose of the electronic equipment at recycling centres so as to help conserve the natural resources.

## Specifications

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**Dimensions:** 280 × 280 × 23.5 mm

**Operating Temperature:** 0 ~ 40°C

**Net Weight:** 1.3 kg

**Frequency:** 2402 - 2480 MHz

**Weighing Range:** 3kg - 180 kg

**Max. Output:** 1.5 dBm

**Weighing Units:** kg / lb

**Power Source:** 3 x 1.5 V AAA batteries

**Division:** 0.1 kg / lb

**Bluetooth Version:** 5.0

**Casing Material:** Tempered glass, ABS engineering plastic



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