

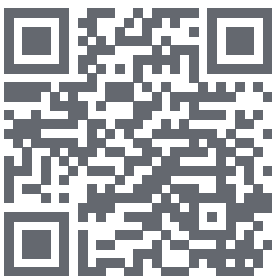


LIFESENSE®

## BODY ANALYSIS SMART SCALE

Download and Install the Medicare LifeSense® app:

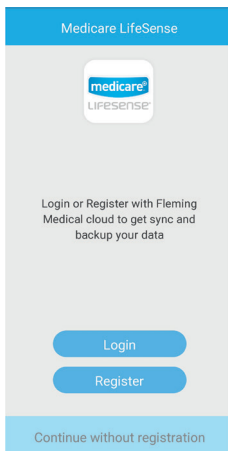
1. Scan the below QR code to download our app.



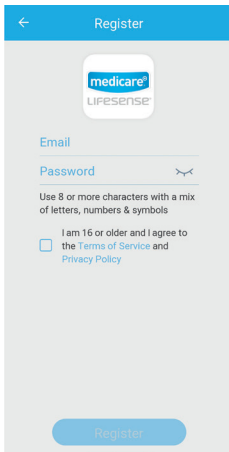
Alternatively, you can search Medicare LifeSense® in the Google Play or Apple App stores. This app requires iOS 9.3 and up or Android 4.2 and up.

### User Registration and Login:

1. Upon downloading and opening our app, you will be greeted with the following page.



2. If you wish to create an account, select "Register" and fill in the below details as required.



Register

medicare®  
LIFESENSE

Email

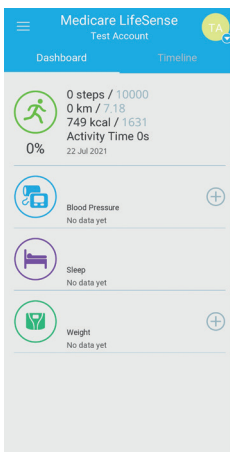
Password

Use 8 or more characters with a mix of letters, numbers & symbols

I am 16 or older and I agree to the [Terms of Service](#) and [Privacy Policy](#)

Register

3. Once you have filled in your details and clicked "Register", the account will be logged in and brought to the app dashboard (see below).

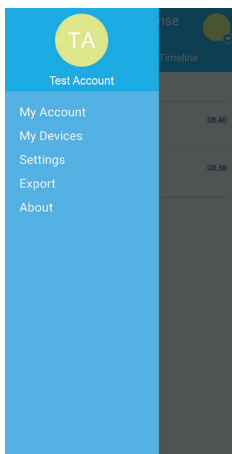


### App Dashboard:

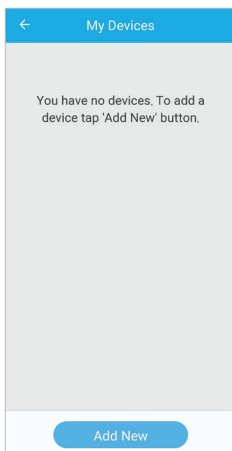
1. The dashboard (above) will display your personal data. You can edit this page by pressing the menu button in the top left corner (3 lines on top of each other) and selecting "Settings" and then clicking on "Dashboard".
2. The "Timeline" tab on your dashboard will display your data history.

## Adding Your Device:

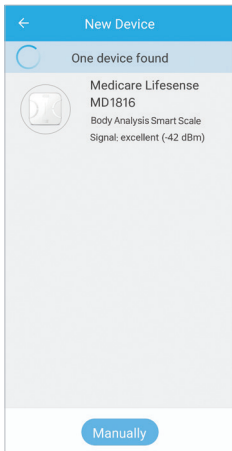
1. In order to use your new Medicare LifeSense® Body Analysis Smart Scale you will need to add the device to the Medicare LifeSense® app. To do this you need to click on the menu button in the top left corner.



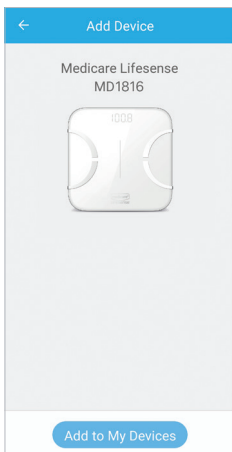
2. Select "My Devices" and then select "Add New" on the next screen. Make sure the device is turned on and bluetooth is active on your phone.



- Step onto the scale to allow the app to pick it up. The device should then appear on this screen (allow the app a few seconds to find the device).



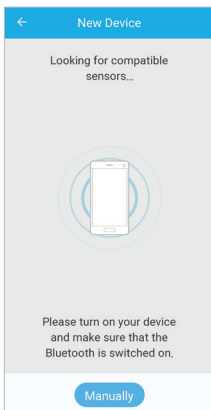
- Select the device that appears, you will then be given the option to "Receive data automatically". Choose **Yes** to allow the device to sync with the app automatically. Choose **No**, if you wish to add the device data manually.



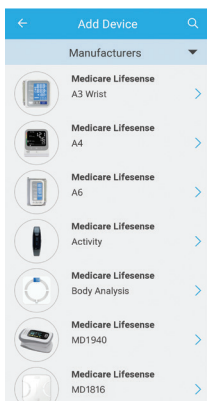
It will not always sync first try, but the device has still been added so you can continue back to the dashboard to use your new device.

## Manually Adding the Device:

1. The device can also be added manually to the app. When the below screen appears, click “Manually” to add the device yourself.



2. A list of available products to choose from will appear and you can select the device from here.



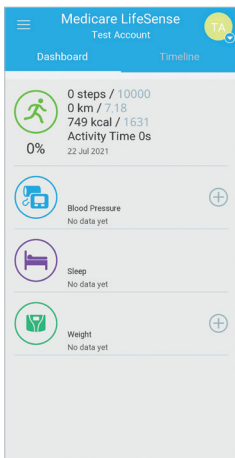
## Customer Service:

If you have issues with the device or app, you can contact us at the following:

Phone (ROI): 1800 307777  
Web (ROI): [www.flemingmedical.ie](http://www.flemingmedical.ie)  
Phone (UK): 0800 7314315  
Web (UK): [www.flemingmedical.co.uk](http://www.flemingmedical.co.uk)

## Using Your Device:

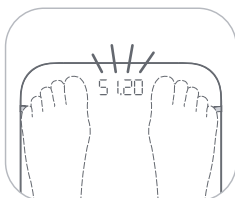
1. Once the device has been added to your app you can begin to use it straight away. On the dashboard you will have an item called "Weight".




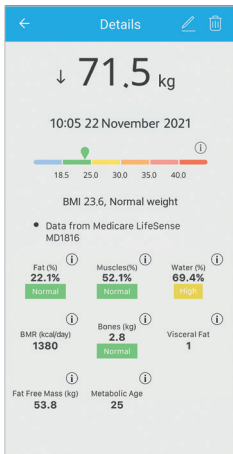
2. Place the scale on a hard, flat surface. **Make sure you are barefoot.** Ensure your feet touch the four electrodes during measurement.




3. Stand on the scale surface to measure your weight and body composition. The measurement is completed when the value on the LED screen is flashing.



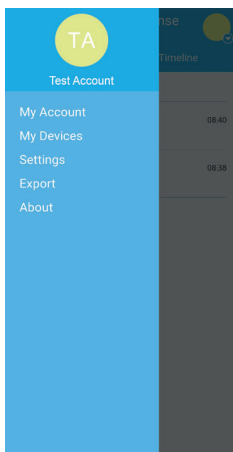
- Once the measurement has been completed, your results will be synced to the app. Click the "Weight" item to view these results. You can also add your results manually, by pressing the  icon on the dashboard.



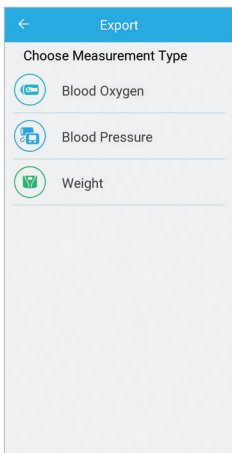
Press the  button to read more information on each measurement.

## Sharing Your Results:

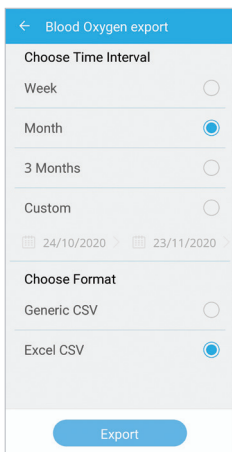
- In order to share your results with your doctor or trainer, go to the menu from the dashboard and select "Export" from the list.



2. Select the option you would like to export from the list of measurement types.



3. Select the time interval you would like to export from and then select the format you would like to save. Then click "Export".



4. The app will ask you to choose a location to save the file and you can then send the file via email, bluetooth or text.

View/Edit your information through the Medicare LifeSense® online portal at:

[app.flemingmedical.ie](http://app.flemingmedical.ie)