



CONNECTING

COMMUNITY HEALTH



PHARMACY PRODUCT CATALOGUE 2026 | UK

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Your Trusted Partner

Delivering market leading pharmacy brands in Home Diagnostics, First Aid, Sports Therapy and Advanced Wound Care has been our focus for over 35 years.



Connecting Community Health

From treating small cuts to managing long-term conditions, we have worked alongside healthcare professionals and pharmacies to design and deliver trusted medical products. Our focus is on real-world needs, providing the tools and support that make a lasting difference to patients, families, and communities.

Empowering Everyday Health

With our trusted home diagnostics and health management solutions, patients can monitor and manage conditions like high blood pressure, diabetes, and asthma with confidence.

By supporting self-care at home, we help people live healthier, more independent lives.



Trusted by First Responders

From workplaces to sports fields, Fleming Medical First Aid products are relied upon when it matters most. Our expertly designed kits and supplies help healthcare professionals and communities respond quickly and effectively to emergencies.



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Connecting Pharmacy with Trusted Brands



Delivering market leading pharmacy brands in Home Diagnostics, First Aid, Sports Therapy and Advanced Woundcare has been our focus for over 35 years.

We also design, produce and deliver pharmacy exclusive products under our Medicare, Physiologix and LifeSense brands. We pride ourselves in providing you with an unrivalled multi-level offering of value-added services and quality products. We have listened to our customers' needs and adapted our products and services to meet and exceed those needs.

Let's introduce you to

LIFESENSE®

PATIENT PACK



Lifesense® products can be synced with the Lifesense® App to measure, track & share results.

Actively manage your health

Your health journey is personal and your LifeSense Patient Pack is here to support you every step of the way.

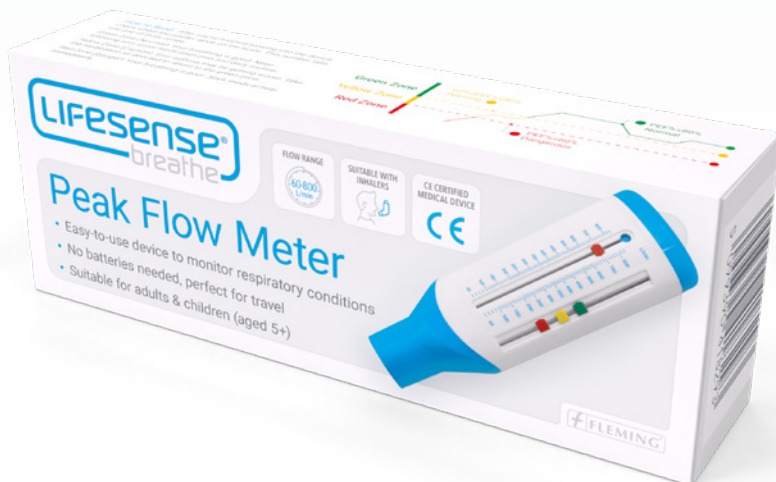
Within this box, you'll find quality certified, easy-to-use medical devices designed to help you monitor key aspects of your health from the comfort of your own home.



NEW Lifesense® Breathe Spacer for Inhaler

The Lifesense® Breathe Spacer is a device used with an inhaler to make breathing in medicine easier and more effective.

Also known as a holding chamber, the device keeps the medicine in place briefly, allowing you to inhale it more deeply into your lungs.



NEW Lifesense® Breathe Peak Flow Meter

This easy-to-use peak flow meter gives quick, accurate readings to help you monitor asthma or COPD, catch early warning signs, and stay in control of your respiratory health.



NEW Lifesense® Breathe Peak Flow Meter

For use with the Lifesense® Breathe Peak Flow Meter.



NEW Medicare Burn Spray 50ml

Treat minor burns and sun-exposed skin quickly and gently with Medicare® Burn Spray, a cooling hydrogel enriched with hyaluronic acid, aloe vera, and calendula.



NEW Medicare Pill Organiser Range

Bright, easy-use, product design. Lightweight and durable, easy access and travel friendly.



ALOE VERA & SEA SALT

Rapid relief from nasal congestion

Moisturises ear canal for clean, healthy ears



ALOE VERA & MALVA SYLVESTRIS

NEW Medicare Nasal Spray

Medicare Nasal Spray provides a gentle and effective way to care for your nasal passages.

NEW Medicare Ear Spray

Medicare Ear Spray offers a safe and effective way to care for the ears every day.



**NEW
PRODUCTS**



NEW Medicare Metatarsal Gel Sleeve

Provides targeted relief by offering metatarsal support and soft cushioning.



NEW Medicare Gel Arch Wrap

The shock-absorbing Biogel® reduces pressure and alleviates pain by supporting the arch.



NEW Medicare Gel Toe Crests

Reduces friction and pressure caused by dropped or misaligned toes.



NEW Medicare Hammer Toe Support

Designed to provide effective support and relief for curled toes and hammer toe.

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Connected Health

Know Your Numbers - Improve Your Health

Connected Health allows patients to monitor their own symptoms, to get a better understanding of their condition, and take an active role in their health maintenance or recovery. Lifesense® diagnostic range of basic and bluetooth devices are perfect for those who are looking to improve and manage their health from the comfort of their own homes.



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Scan QR Code to visit: [FLEMINGMEDICAL.CO.UK/pharmacy/diagnostics](https://www.flemingmedical.co.uk/pharmacy/diagnostics)



Connected Patient Management

Our Lifesense® range of blood pressure monitors allows your customer to monitor their own blood pressure, to get a better understanding of their health, and take an active role in their health maintenance or recovery.



Irregular heartbeat detection



Syncs to Lifesense® App via Bluetooth



WHO Classification Indicator



FREE Lifesense® App and Online Health Portal download from



For more information on Lifesense® product range and health management, SCAN HERE





Blood Pressure Monitoring

Lifesense® devices allows your customer to monitor their own symptoms, to get a better understanding of their condition, and take an active role in their health maintenance or recovery.

Blood Pressure Monitors

Taking regular blood pressure readings at home can help your customers identify conditions such as hypertension. Due to barriers such as white coat syndrome, people may feel uncomfortable in the consultation room and blood pressure readings may not reflect their usual level.

With Lifesense® blood pressure monitors, a person with a health concern can measure their blood pressure and track it through the App and portal. With the Care Circles function, GPs and family members can monitor their readings and get notified when they are too high or too low.

Take control of your health with the NEW Lifesense® A7+ Blood Pressure Monitor



LIFESENSE® APP
Measure, Track & Share your Results




Scan above to download our free **LIFESENSE® APP**
Measure, Track and Share your Results

GET IT ON **Google Play** | Download on the **App Store**



  Your local Fleming Medical Representative is equipped to provide training to pharmacy staff on use of our Diagnostic products and help you set them up in your consultation room.



Irregular Pulse Rate Detection



2 x Users
60 Memories per user



WHO Risk Category Indicator



Clinically Proven Accuracy

Lifesense® Vitals A1 Blood Pressure Monitor

Our Lifesense® Vitals A1 Blood Pressure Monitor is an easy to read, automatic upper arm blood pressure monitor designed with both comfort and accuracy in mind.

The slim, portable design makes this a great product to bring with you when travelling or to discreetly store in the home.

The high quality blood pressure cuff measures during inflation, making the measurement time shorter and a lot more comfortable.

- Digital LCD display (60mm x 41mm).
- Cuff circumference: 22cm~32cm.
- Large soft touch buttons.
- Large text for high visibility.
- Irregular heartbeat detection.
- 2 x 60 memory groups per user.
- Power: 4 x AAA batteries (included).

Validated By:



| CODE | ORDER QTY |
|--------|-----------|
| MD1814 | 1 |



Non Bluetooth Device

Use the Lifesense® A1 Blood Pressure Monitor to measure your blood pressure, then manually enter your readings into the app.



Lifesense® Universal BPM Cuff (SM)

- Suitable for Lifesense® Blood Pressure Monitors (except for MD1803 Lifesense® A2 Plus Blood Pressure Monitor.)

| CODE | SIZE |
|--------|---------|
| MD1804 | 18-26cm |



Irregular Pulse Rate Detection



2 x Users
99 Memories per user



WHO Risk Category Indicator



Clinically Proven Accuracy

Lifesense® A2 Plus Blood Pressure Monitor

Bluetooth®

The Lifesense® A2 Plus Bluetooth Blood Pressure Monitor is easy to use, lightweight and portable, making it convenient to check your blood pressure from the comfort of your own home.

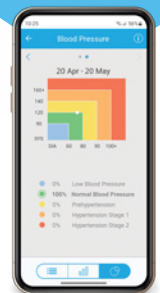
It uses a comfortable upper arm cuff and presents your systolic, diastolic and pulse rate results on the easy-to-read digital display. The readings are also transferred by Bluetooth to the Lifesense® App on your smartphone or tablet.

- Bluetooth enabled.
- Large easy-to-read display: 60mm x 77mm.
- Cuff Size: 22-32cm.
- Large text and soft touch buttons.
- 2 x 99 Memory groups per user.
- Power: 4 x AA batteries (included).

| CODE | ORDER QTY |
|--------|-----------|
| MD1803 | 1 |



LIFESENSE® APP
Measure, Track & Share Your Results



Lifesense A2 Plus BP Monitor can be synced with the Lifesense App to measure, track & share result.

How to use:



1 Apply Cuff

Apply the cuff, 2cm above the elbow to your left arm, palm facing up.



2 Press Start

Press the "Start/Stop" button to begin measurement.



3 Sync Results

Your results will then sync with the Medicare LifeSense® App.



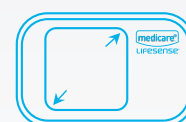
Irregular Pulse Rate Detection



2 x Users
60 Memories per user



WHO Risk Category Indicator



Extra Large Full Colour Screen

Lifesense® A5 Blood Pressure Monitor

Our fully automatic Lifesense® A5 Upper Arm Blood Pressure Monitor is designed to be effortlessly operated from the comfort of your own home and has clinically proven accuracy. The coloured screen combined with large text and buttons, makes this blood pressure monitor the ideal choice for people with poor eyesight or mobility issues.

- One touch measurement.
- Large buttons and text for high visibility.
- Equipped with silent pump.
- Comfortable touch interface.
- Automatically averages last 3 measurements.
- Measure during inflating technology.
- Large cuff size: 22-42cm.
- Track your blood pressure by inputting your readings manually into the Lifesense® App.
- Power: 4 x AA batteries (included).

| CODE | ORDER QTY |
|--------|-----------|
| MD1806 | 1 |



Important:

Attach the air tube of the cuff to the air socket on the side of the device.

Validated By:



Lifesense® Universal BPM Cuff

- Compatible with Lifesense® Blood Pressure Monitors. (except for MD1803 Lifesense® A2 Plus Blood Pressure Monitor.)

| CODE | SIZE |
|--------|---------|
| MD1805 | 22-42cm |



Non Bluetooth Device

Use the Lifesense® A5 Blood Pressure Monitor to measure your blood pressure, then manually enter your readings into the app.



Sync results to device via Bluetooth®



Daily/Weekly BP trend results



On Screen Pulse Rate Display



Irregular Pulse Rate Detection

Lifesense® A7 Plus Blood Pressure Monitor Bluetooth®

The Lifesense® A7 Plus Blood Pressure Monitor features a user-friendly design which includes an extended LCD display for easy readability, along with an intuitive interface for effortless operation. Monitoring your cardiovascular health is made comprehensive with features like the blood pressure trend graph, pulse rate display, and irregular pulse rate detection.

- Extended LCD Display (124mm x 76mm).
- Blood Pressure Trend Graph.
- Pulse Rate Display.
- Irregular Pulse Rate Detection.
- Cuff Size: 22-45cm.
- Automatic Cuff Wrap Detection.
- 2 x 250 Memory Groups per user and guest user option.

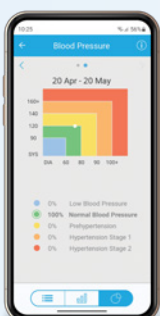
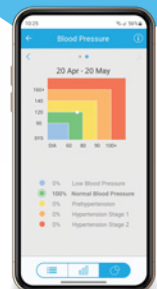
| CODE | ORDER QTY |
|--------|-----------|
| MD1807 | 1 |



LIFESENSE® APP

Measure, Track & Share Your Results

Lifesense A7 Plus BP Monitor can be synced with the Lifesense App to measure, track & share result.



The Lifesense® App saves all your blood pressure measurements and creates a comprehensive chart to help build a picture of your long-term data.

Compare your previous numbers or share your information with your doctor, pharmacist or carer via email from the app.

The app also allows you to set reminders to check your blood pressure and you can also access all your information from the Lifesense® online portal at app.flemingmedical.ie.




Check, track and be assured

Explore our range of Thermometers



 @Medicarefirstaid

 @Medicarefirstaid



Fast 1 Second Readings



Inner Ear Measurement



Suitable for Children 3 months +

Lifesense® Inner Ear Thermometer Infrared Device

With its disposable probe covers, the thermometer ensures hygienic usage by preventing cross-contamination and maintaining measurement accuracy, addressing common concerns related to earwax interference. This feature not only enhances the overall cleanliness of the device but also contributes to its precision, making it a trustworthy health monitoring tool.

- Fast, 1 second reading.
- Audible and visual fever warning.
- Child and silent mode options.
- Magnetic probe cap.
- Auto shut-down after 10 secs.
- Suitable for children 3 months+.

| CODE | ORDER QTY |
|--------|-----------|
| MD1882 | 1 |



CHILD MODE

Child Mode is applicable between 3 months - 12 years.

This mode is calibrated specifically, taking into account a child's smaller ear canal and higher body temperature variability.



Inner Ear Thermometer Probe Cover Refill

- 40 Medicare probe covers for MD1882 Ear Thermometer.
- Suitable for probe dispenser.
- Suitable for children 3 months plus.
- Dispenser not included.

| CODE | PACK SIZE | ORDER QTY |
|--------|-----------|-----------|
| MD1883 | 40 | 20 Packs |



Sync with device via Bluetooth®



Dual Mode - forehead & ear options



Suitable for Adults & Children

Lifesense® Bluetooth Thermometer - Infrared Device

The Lifesense® Infrared Bluetooth Thermometer is a cutting-edge device equipped with advanced features to streamline temperature monitoring.

Featuring a dual mode design for both forehead and ear measurements, this thermometer offers versatility and convenience.

- Fast, 1 second reading.
- Large easy-to-read HD LCD screen.
- Child measurement mode option.
- Dual mode design (forehead & ear).
- Auto shut-down after 10 seconds.
- Audible and visual fever warning.

Requires no probe covers, can be easily cleaned with standard wipes or baby wipes.

| CODE | ORDER QTY |
|--------|-----------|
| MD1877 | 1 |



LIFESENSE® APP

Measure, Track & Share Your Results

The Lifesense® App saves all your temperature measurements and creates a comprehensive chart to help build a picture of your long-term data.

Access all your information from the Lifesense® online portal at app.flemingmedical.ie





Fast 1 Second Readings



Non-contact Measurement



Suitable for Adults & Children

Lifesense® Non-Contact Infrared Thermometer

The Lifesense® Non-Contact Infrared Thermometer offers rapid and accurate temperature readings in just one second, making it an efficient tool for monitoring health.

- Fast, 1 second reading.
- Hygienic, non-contact measurement.
- Child and silent mode options.
- Auto shut-down after 10 seconds.
- Audible and visual fever warning.

| CODE | ORDER QTY |
|--------|-----------|
| MD1831 | 1 |



CHILD MODE

Child Mode feature for children under 12 years. This mode is calibrated specifically for children, taking into account their higher body temperature variability compared to adults.



Lifesense® T2 Digital Thermometer

For fast, accurate measuring of temperature. Waterproof.

- Suitable for oral, underarm or rectal use.
- 10 Second fast measurement time - 6 times faster than traditional thermometers.
- °C/°F - Celsius and Fahrenheit.
- Auto Shut-off: 10 mins after use.
- Memory recall.
- Flexible Tip.
- Fever alarm.
- 200 hr or 12 months Battery Life.

| CODE | DISPLAY | ORDER QTY |
|-------|---------|-----------|
| MD061 | 1 | 20 |



Comfort and care with every breath

Gentle, effective relief for asthma, COPD and allergies

Support your customers' everyday breathing with our trusted Medicare nebuliser and humidifier range – designed for effective respiratory therapy, comfort, and home air care.

From portable and wearable nebulisers to quiet home compressor units and modern humidifiers, this range helps pharmacies support patients managing asthma, COPD, allergies, colds and seasonal respiratory conditions with confidence.

Reliable, easy to use, and pharmacy-friendly, the Medicare respiratory range delivers clinically focused solutions for today's home healthcare needs.





Short Inhalation Time



Suitable for Adults & Children



PARTICLE SIZE



FLOW RATE



MEDICINE CAPACITY



LOW NOISE



Medicare V1 Compressor Nebuliser

The Medicare V1 Compressor Nebuliser is a robust nebuliser, ideal for home-based, frequent use by adults or children. This highly efficient nebuliser combines a short inhalation time with intelligent medication delivery thanks to its powerful compressor.

The compressor generates a stream of compressed air which breaks up liquid medication and converts it into a mist so it can be easily and more effectively inhaled by the patient through the mask, nosepiece or mouthpiece.

- Suitable for people with respiratory illnesses like Asthma, COPD and Cystic Fibrosis.
- Particle size: 5µm.
- Medicine capacity: 8ml.
- Comes with full compressor nebuliser accessory kit.
- Suitable for adults and children.

| CODE | ORDER QTY |
|--------|-----------|
| MD2006 | 1 |



Medicare V1 Compressor Nebuliser Accessory Kit

The Medicare V1 Compressor Nebuliser Accessory Kit contains essential replacement items for use with the Medicare V1 Compressor Nebuliser.

- **Replacement Accessories included:** Adult Mask and Child Mask, Tubing, Mouthpiece, Nosepiece, Atomiser and 10 Filters.



| CODE | ORDER QTY |
|--------|-----------|
| MD2007 | 1 |



Vibrating
mesh technology



Allows use at any angle



Quiet Operation



Suitable for Adults & Children



PARTICLE SIZE



FLOW RATE



MEDICINE CAPACITY



DUAL POWER SUPPLY

Medicare V2 Portable Nebuliser

The Medicare V2 Portable Nebuliser allows you to comfortably deliver medication discreetly and on the go.

Its compact size fits comfortably in the palm of your hand but is still powerful enough to effectively deliver needed medication for respiratory conditions like a simple cough, Asthma, COPD and Cystic Fibrosis.

- Innovative U-shaped medicine chamber engineered to maximise medication delivery and allow use from any angle.
- Battery and USB charging.
- Made with stainless steel which ensures quality and longevity.
- Easy to clean and disinfect.
- Ambient noise: ≤35dB.
- Comes with accessories kit and storage bag.

| CODE | ORDER QTY |
|-------|-----------|
| MD634 | 1 |

Accessories:

Medicare V2 Portable Nebuliser Adult Mask & Mouth Piece and Paediatric Mask

| CODE | ORDER QTY |
|-------|-----------|
| MD637 | 1 |

Medicare V2 Portable Nebuliser Medication Chamber with Mesh Cap

| CODE | ORDER QTY |
|-------|-----------|
| MD635 | 1 |



PRODUCT OVERVIEW VIDEO AVAILABLE

View our easy to follow instructional video for advice on using the Medicare V2 Portable Nebuliser.

[Scan the link here.](#)





Hands-Free Operation



Quiet Operation



Lightweight Design



PARTICLE SIZE



FLOW RATE



MEDICINE CAPACITY



MULTIPLE POWER MODES

⚡ Device can be powered using your smartphone.

Medicare V3 Wearable Nebuliser

The Medicare V3 Nebuliser is designed with your convenience in mind.

Enjoy hands-free operation for ultimate ease and mobility, allowing you to go about your day without interruption. Powered by your phone, battery pack or USB cable, this nebuliser ensures flexibility and adaptability to your lifestyle.

- **Hands-Free Operation:** For convenient and hands-free usage, ensuring ease of use and enhanced mobility.
- **Versatile Power Options:** Can be powered using your phone, battery pack or USB cable.
- **Quiet Operation:** At a level of less than or equal to 50dB, ensuring an unobtrusive experience.
- **Lightweight Design:** Created with portability in mind, making it easy to carry with you.
- **Efficient Atomisation:** At a rate of 0.20ml per minute, ensuring a quick and effective treatment process.

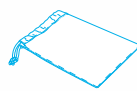
Contents:



Medicine Cup



Power Unit & Connection Cable



Storage Pouch



Adult Mask



Child Mask

Phone Connectors:



Lightening



USB-C



| CODE | ORDER QTY |
|--------|-----------|
| MD2008 | 1 |



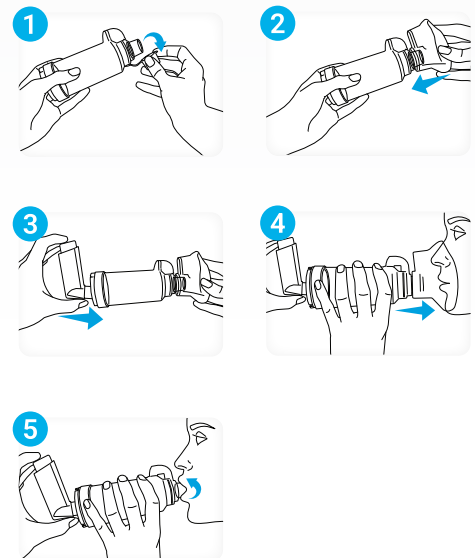
Lifesense® Breathe Spacer for Inhaler

The Lifesense® Breathe Spacer is a device used with an inhaler to make breathing in medicine easier and more effective. Also known as a holding chamber, the device keeps the medicine in place briefly, allowing you to inhale it more deeply into your lungs.

Using a spacer can help ensure you get the right amount of medicine, reduce waste, and make using an inhaler easier for both adults and children.

- Lightweight and portable for everyday use.
- Easy to assemble and disassemble for cleaning.
- Use with adult or child mask, or directly via the mouthpiece.
- Latex-free Materials.

How to Use:



| CODE | ORDER QTY |
|--------|-----------|
| MD1013 | 1 |



Lifesense® Breathe Peak Flow Meter

This easy-to-use peak flow meter gives quick, accurate readings to help you monitor asthma or COPD, catch early warning signs, and stay in control of your respiratory health.

- Easy-to-use device to monitor respiratory conditions.
- No batteries needed, perfect for travel.
- Suitable for adults & children (aged 5+).

How to Read:

After you've finished blowing into the device, check where the pointer lands on the scale. This number falls into one of three zones:

Green Zone (Normal): Your breathing is good. Keep following your usual medication plan and daily routine.

Yellow Zone (Caution): Your asthma may be getting worse. Take the medication as directed to return to the green zone.

Red Zone (Danger): Your breathing is poor. Seek medical help immediately.

| CODE | ORDER QTY |
|--------|-----------|
| MD1011 | 1 |

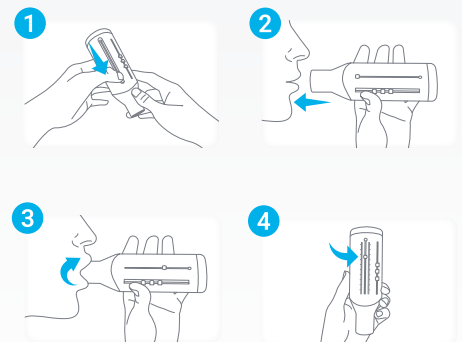
Lifesense® Breathe Peak Flow Mouthpiece

For use with the Lifesense® Breathe Peak Flow Meter.

- Plastic mouthpiece.
- Single use and disposable, 50 piece per pack.

| CODE | ORDER QTY |
|--------|-----------|
| MD1012 | 1 |

How to Use:





Medicare Nimbus Humidifier

Humidifiers are ideal for people who suffer from allergies, sinus issues, asthma and respiratory issues, eczema or dry skin.

- Capacity: 3.3L.
- Area Coverage of 10-25m².
- 3 Intensity Levels: (Low/Medium/High).
- 3 Timer Levels: (2/4/6 Hours).
- Aroma compartment, suitable for infusing essential oils.

| CODE | ORDER QTY |
|--------|-----------|
| MD1002 | 1 |



Eliminates odours, toxins and bacteria.



Helps prevent headaches & sinus congestion.



May help improve the appearance of dry, irritated skin & lips.



This humidifier has Ultrasonic Technology that purifies the air.



Medicare Nimbus Humidifier Pad Refills (x 10)

| CODE | ORDER QTY |
|--------|-----------|
| MD1009 | 3 |

Product Tip

Add 2-3 drops of essential oils to the humidifier and release rejuvenating and soothing fragrance.



Medicare Cirrus Humidifier

Humidifiers are ideal for people who suffer from allergies, sinus issues, asthma and respiratory issues, eczema or dry skin.

- Area Coverage of 10-25m².
- Mist Outlet: 250ml/hr.
- LED lighting to help create a soothing and relaxing atmosphere.
- Aroma compartment, suitable for infusing essential oils.

| £45.95 | ORDER QTY |
|--------|-----------|
| MD1001 | 1 |



Eliminates odours, toxins and bacteria.



Helps relieve cold/flu symptoms.



May help improve the appearance of dry, irritated skin & lips.



The LED light creates a soothing & calming atmosphere.



Medicare Cirrus Humidifier Pad Refills (x 10)

| CODE | ORDER QTY |
|--------|-----------|
| MD1008 | 3 |



Product Tip

Add 2-3 drops of essential oils to the humidifier and release rejuvenating and soothing fragrance that refreshes and improves the indoor air quality and ambiance of any space.

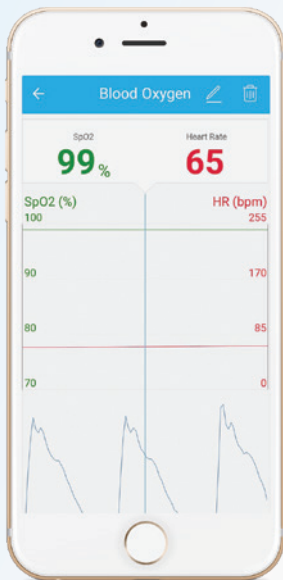
Lifesense® Connected Patient Management

The Lifesense® diagnostic range of manual and bluetooth devices are perfect for those who are looking to improve and manage their health. You can also track and share your results using our Lifesense® App.

PULSE OXIMETRY

Asthmatic, COPD or cystic fibrosis patients can monitor their SpO2 levels from the comfort of their own home. The Lifesense® Bluetooth Pulse Oximeter is an easy-to-use Bluetooth device that delivers quick and accurate results straight to your smartphone within 10 seconds.

Our Lifesense® App can help patients or family members to raise health concerns or show improvements with GPs and healthcare professionals.



Plethysmogram
See & hear
heartbeat



Rotatable
screen with 4
direction display



Measures pulse
rate (PR)



Transfers results
to App via
Bluetooth



Lifesense® Bluetooth Pulse Oximeter

The Lifesense® Bluetooth Pulse Oximeter is an easy to use, non-invasive and completely painless test which gives quick and accurate results within 10 seconds.

- Measures oxygen saturation (SpO2) and pulse rate (PR).
- Can be used to help manage COPD, asthma, pneumonia, anaemia and congenial heart defects.
- Athletes can monitor oxygen levels during workouts.
- Adjustable screen brightness and alarm alert function.

| CODE | ORDER QTY |
|--------|-----------|
| MD1940 | 1 |

LIFESENSE® APP
Measure, Track & Share Your Results

Lifesense® Fingertip Pulse Oximeter

Measures Blood Oxygen Saturation Level (SpO2) and Heart Rate (Pulse). This means it checks how well your heart is pumping oxygen through your body.

It can be used to monitor any type of condition that can affect blood oxygen levels such as COPD, Asthma, Pneumonia, Lung Cancer, Anaemia and congenital heart defects.

- Pulse rate sound synchronised with heartbeat.
- Alarm function (SpO2 <88%, pulse rate <40 or >120).
- One button to start & automatic power off.
- Track your blood oxygen levels by inputting your readings manually into the Lifesense® App.
- 2xAAA batteries & lanyard included.



| CODE | ORDER QTY |
|--------|-----------|
| MD1913 | 1 |

Lifesense® Connected Patient Management






The Lifesense® App allows your patients to get a complete picture of their health. Monitor Activity, SpO2 (Blood Oxygen) levels, Blood Pressure, Sleep and Weight. Measure, Track and Share results with a caregiver, healthcare professional, or friends.

BODY COMPOSITION

Our Lifesense® Body Analysis Scales gives your patients a complete view of their health by providing high accuracy weight and body fat measurements as well as their Body Mass Index, Body water, Muscle and Bone Mass.

Our Body Analysis Scales syncs with the app via Bluetooth and stores all data and readings. These readings can be shared with GPs, healthcare providers and carers to get an insight into the patient's health and body composition.



- 
Body Weight
and BMI
- 
Body Fat
%
- 
Body
Water %
- 
Muscle
Mass
- 
Bone
Mass

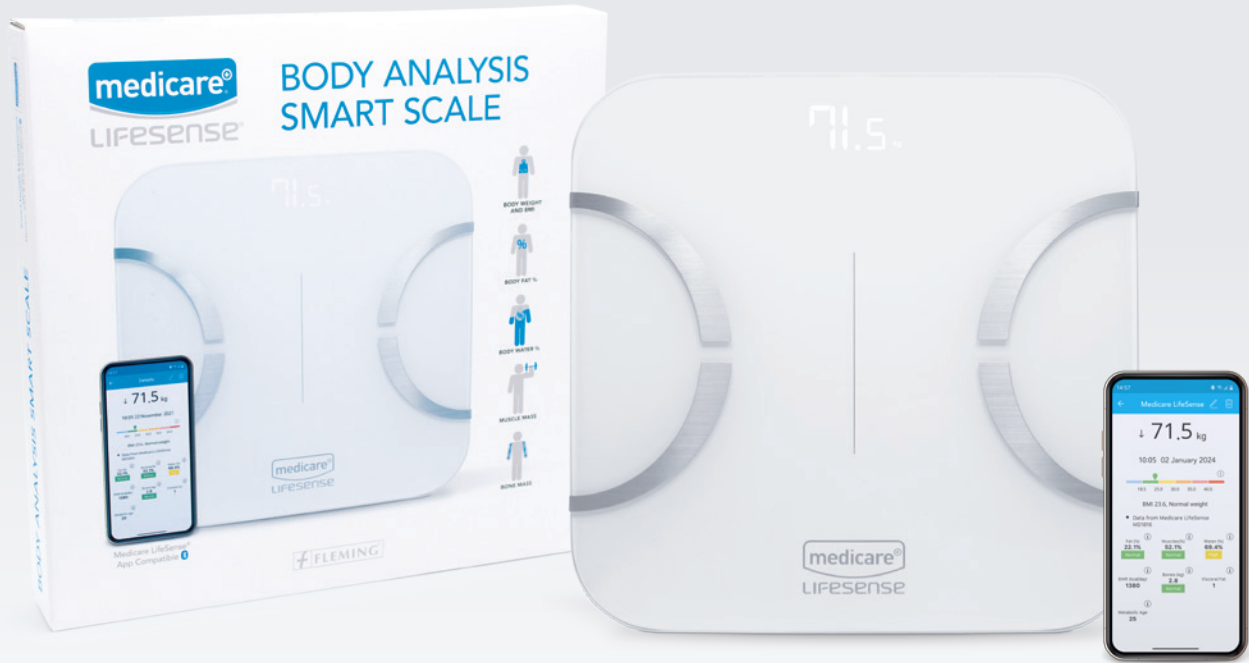




**SMART SCALES
PRODUCT VIDEO**

Instructional video for advice on using the Lifesense® Body Analysis Scales.

[Scan the link here.](#)

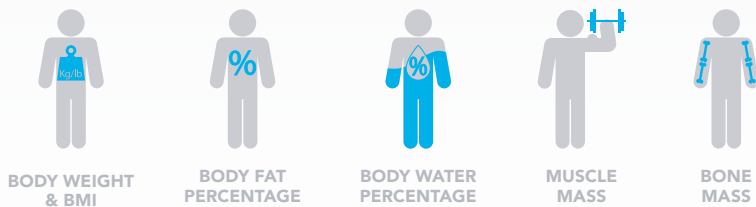


Lifesense® Body Analysis Smart Scale

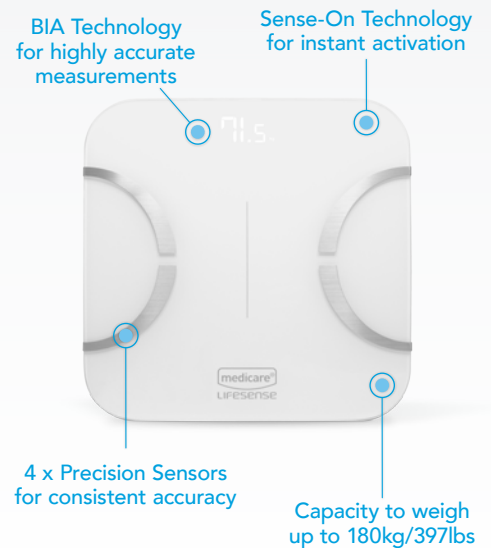
High-accuracy measurements and a detailed analysis of your body composition.

- Unlimited amount of users.
- 3 x AAA batteries (included).

Detailed body composition measurements:



| CODE | ORDER QTY |
|--------|-----------|
| MD1816 | 1 |



LIFESENSE® APP
Measure, Track & Share Your Results

Lifesense® Digital Personal Scale

This digital personal scale is a highly accurate, high capacity scale. It features a tempered glass platform with anti-overturn design and a slim profile. The LCD readout has a large display window and digits.

- Capacity: 150kg/330lb/23st 8lb.
- 4 x high precision G Sensors.
- Sense-On technology.
- Auto-on and auto-off function.
- 1x CR2032 lithium battery (included).

| CODE | ORDER QTY |
|--------|-----------|
| MD1811 | 1 |





Lifesense® Tens Therapy Device

The Lifesense® TENS Therapy Device employs Transcutaneous Electrical Nerve Stimulation (TENS) to provide drug-free pain relief by utilising a gentle electrical current.

This innovative technology is designed to alleviate pain and muscle spasms associated with various conditions such as arthritis, menstrual discomfort, endometriosis-induced pelvic pain, knee pain, sports injuries, and is occasionally utilised for pain relief during childbirth.

- Drug-free pain relief.
- Adjustable intensity and treatment time.
- 7 massage modes.
- 7 body area modes.
- Lightweight device with pouch for transport.
- Automatic shutdown after 2 minutes.
- 4 x AAA batteries.

Designed to alleviate pain and muscle spasms associated with conditions such as:



Arthritis



Menstrual Discomfort



Sports Injuries



Childbirth

| CODE | ORDER QTY |
|--------|-----------|
| MD1990 | 1 |



Lifesense® Tens Replacement Pads

- Contains 2 pairs of pads.
- Reusable up to 30 times each, before needing replacement.
- For use with MD1990 Medicare TENS Therapy Device.

| CODE | ORDER QTY |
|--------|-----------|
| MD1995 | 1 |



Home Woundcare

Heal Minor Cuts and Grazes with our Medicare Range

Our Home Woundcare range offers a variety of plasters, from fabric, waterproof, sensitive and clear to hydrocolloid and a selection of kids' options. For additional care, we offer spray plasters, as well as bleeding control spray and sponges, ensuring fast, effective treatment for everyday injuries.



Freephone: 0800 6406253 Email: orders@flemingmedical.co.uk

FLEMINGMEDICAL.CO.UK

 @Medicarefirstaid

 @Medicarefirstaid



Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/home-woundcare

Medicare Fabric Plasters are soft, flexible dressings and plasters to cover and protect cuts and grazes from infection.



Medicare Fabric Strip Dressings

- Dressing strip can be cut to size.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD01/1 | 10 Packs | 1 Strip |



Medicare Fabric Plasters

- Stretch Fabric promotes flexibility.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD02/1 | 10 Packs | 30 |



Medicare Assorted Fabric Plasters

- 30 Pieces per pack.
- 4 different plasters sizes.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD212 | 10 Packs | 30 |



Medicare Fabric Long Finger Plasters

- Extra long plasters for finger injuries.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD1801 | 10 Packs | 20 |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



STRETCH
Soft and flexible for extra comfort



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad



Medicare Fabric Plasters

- Handy display of 20 packs of 10 plasters - ideal for on the go.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD09 | 20 Packs | 10 |



Medicare Fabric Plasters (100 Plasters)

- Value pack size of 100 plasters for regular use.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD207 | 1 Pack | 100 |



Medicare Family Pack Fabric Plasters (50+ Plasters)

- Value box of 50+ plasters for all the family.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD220 | 6 Packs | 50+ |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



STRETCH
Soft and flexible for extra comfort



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad

Ideal for sporting activities and athletes.



Medicare Nasal Strips

- Provide instant drug-free relief by keeping the nasal passage open to improve breathing and the symptoms of nasal congestion.
- Helps reduce snoring.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD1835 | 10 Packs | 10 |



Medicare Sensitive Eye Patches

Designed for occlusion therapy on common childhood eye conditions such as lazy eyes (Amblyopia) and crossed eyes (Strabismus).

- Highly breathable - allows air to reach the affected area.
- Sensitive - non-woven backing for sensitive skin.
- Non-adherent, non-stick absorbent pad.
- Suitable for use after surgery, skin friendly hypoallergenic and latex-free adhesive.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD768 | 10 Packs | 10 |

Medicare Sensitive Plasters are non-woven, multi-porous plasters with a skin friendly adhesive.



Medicare Sensitive Strip Dressing

- Dressing strip can be cut to size.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD07 | 10 Packs | 1 Strip |



Medicare Sensitive Plasters

- Non-woven backing for sensitive skin.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD05/1 | 10 Packs | 30 |



Medicare Family Pack Sensitive Plasters (50+ Plasters - assorted sizes)

- Value pack size of 50+ assorted plasters.
- Soft flexible fabric for extra comfort.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD222 | 6 Packs | 50 |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



SENSITIVE
Non-woven backing for sensitive skin



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad

Medicare Waterproof dressing and plasters to cover and protect the wound from infection.



Medicare Waterproof Strip Dressings

- Dressing strip can be cut to size.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD03/1 | 10 Packs | 10 Strips |



Medicare Waterproof Plasters

- Non-stick, absorbent, non-adherent wound pad.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD04/1 | 10 Packs | 30 |



Medicare Family Pack Waterproof Plasters (50+ Plasters)

- Value pack size of 50+ assorted plasters.
- Soft flexible fabric for extra comfort.
- Perfect for all the family.
- 50 plasters - assorted sizes.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD221 | 6 Packs | 50+ |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



WATERPROOF
Waterproof and flexible



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad

Medicare Waterproof dressing and plasters to cover and protect the wound from infection.



Medicare Waterproof Plasters

- Handy pack size of 10's - ideal for or on the go.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD08 | 20 Packs | 10 |



Medicare Extra Large Waterproof Plasters

- 25 x 76mm Waterproof Plasters.
- Suitable for use in work or bathing and showering.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD18 | 10 Packs | 30 |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



WATERPROOF
Waterproof and flexible



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad



Medicare Waterproof Plasters (100 Plasters)

- Value pack size of 100 plasters for regular use.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD206 | 1 Pack | 100 |



Medicare Waterproof Spot Plasters (100 Plasters)

- 2.2cm diameter Spot Plaster.
- Waterproof, ultra thin polyethylene film with a skin friendly adhesive.
- Non-adherent dressing pad will cope with most minor cuts and abrasions.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD208 | 1 Pack | 100 |

Discreet, transparent plasters to cover and protect the wound from infection.



Medicare Assorted Clear Plasters

- Flexible, transparent plasters with a non-stick adsorbent pad.
- 30 plasters - assorted sizes.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD11 | 10 Packs | 30 |



Medicare Extra Large Clear Plasters

- A highly durable plaster with super strong adhesion even when wet.
- Stretches and conforms to the skin.
- Suitable for use during sports activities or bathing and showering.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD17 | 10 Packs | 30 |



Medicare Family Pack Clear Plasters (50+ Plasters)

- Value pack size of 50+ assorted plasters.
- Soft flexible fabric for extra comfort.
- Perfect for all the family.
- 50 plasters - assorted sizes.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD223 | 6 Packs | 50 |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



TRANSPARENT
Soft and flexible clear film for discreet woundcare



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad

Medicare Detectable Plasters contain tiny metal filaments that can be detected by metal scanning equipment.



Medicare Blue Detectable Plasters

- 19 x 76mm Detectable Plasters.
- Made from PVC material.
- Waterproof and Hypoallergenic.
- Each plaster contains tiny metal filaments that can be detected by metal scanning equipment.
- Easy visual detection in clean areas.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD16 | 10 Packs | 30 |

Medicare Blue Detectable Plasters (100 Plasters)

- 19 x 76mm Detectable Plasters.
- Made from PVC material.
- Easy visual detection in clean areas.
- Comes in an economic pack size of 100.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD209 | 1 Pack | 100 |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



WATERPROOF
Waterproof and flexible



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad

Medicare Waterproof dressing and plasters to cover and protect the wound from infection.



Medicare Kids Zoo Plasters

Fun safari themed, ideal for children.

- 19 x 76mm Waterproof Plasters.
- Hypoallergenic plasters with a non-stick adsorbent pad.

| CODE | ORDER QTY | PACK SIZE |
|---------|-----------|-----------|
| MD218RC | 10 Packs | 30 |



Medicare Waterproof Kids Plasters - Bright

Fun bright themed, ideal for children.

- 19 x 76mm Waterproof Plasters.
- Hypoallergenic plasters with a non-stick adsorbent pad.

| CODE | ORDER QTY | PACK SIZE |
|---------|-----------|-----------|
| MD219RC | 10 Packs | 30 |



Medicare Waterproof Kids Plasters - Pets

Fun pet themed, ideal for children.

- 19 x 76mm Waterproof Plasters.
- Hypoallergenic plasters with a non-stick adsorbent pad.

| CODE | ORDER QTY | PACK SIZE |
|---------|-----------|-----------|
| MD220RC | 10 Packs | 30 |



HYPOALLERGENIC
Skin friendly due to hypoallergenic adhesive



WATERPROOF
Waterproof and flexible



HIGHLY BREATHABLE
Allows air to reach the wound



NON-ADHERENT WOUND PAD
Non-stick absorbent pad



Medicare Spray Plaster

The Medicare Spray Plaster protects minor cuts and grazes from water and dirt by creating a transparent, breathable film on the skin.

- Water resistant.
- Gradually disappears as the skin heals.
- Provides a transparent, breathable film.
- Ideal for awkward, hard-to-reach areas like the elbows, knuckles, toes or knees.
- Non-contact first aid that helps prevent infection.
- Ideal for use in situations where it is not recommended to touch the skin, for example schools.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|-------|------|-----------|-----------|
| MD500 | 60ml | 15 | 1 |
| MD501 | 35ml | 10 | 1 |



Medicare Adhesive Remover Spray

The Medicare Adhesive Remover Spray offers gentle removal of medical adhesives like patches and bandages. Its residue-free formula minimises skin irritation, ensuring hassle-free and comfortable adhesive removal.

- Suitable for children and the elderly.
- Does not irritate damaged skin.
- Reduces the risk of irritation.
- Evaporates with no residue.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|-------|------|-----------|-----------|
| MD503 | 35ml | 10 | 1 |





Medicare Bleeding Control Spray

The Medicare Bleeding Control Spray rapidly stops bleeding with the help of alginates that absorb and form a protective hydrogel, aiding healing.

The soothing gel layer naturally dissolves as the wound heals, promoting recovery.

- Herbal ingredients aid healing and support hydration of injury site.
- Suitable for children over 3 years.
- Cooling hydrogel helps soothe pain.
- Accelerates regeneration and healing.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|-------|------|-----------|-----------|
| MD502 | 60ml | 15 | 1 |



Medicare Bleeding Control Sponge

Our Medicare Bleeding Control Sponge has a fine-porous structure that activates the blood clotting process. It has a high suction capacity for blood and wound secretion. Our sterile, gelatin blood clotting sponge is perfect to treat mild to moderate nosebleeds, dental or dermal wound care. The sponge can also be cut into the size and shape of the wound.

- Sterile & absorbent.
- Hypoallergenic.
- 6 pieces per pack.
- Can be cut to preferred sizes.
- Size: 40 x 10 x 10mm.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD504 | 6 | 6 |



Medicare Sterile Saline Solution - Eye & Wound Wash 100ml

Medicare Sterile Saline Solution is perfect for gently rinsing and cleansing away dust and dirt from wounds and eyes.

The spray irrigates wounds and eyes removing foreign bodies, blood, reduces pathogens and dead tissue whilst also moistening the tissue in the process which contributes to wound healing.

- Removes dust and dirt from wounds and eyes.
- Hypoallergenic.
- Bag-on-valve technology allows you to use every last drop.
- Sterile until the last drop.
- Can be used with the canister in any position.
- Even and controlled spraying pattern at any angle.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-------|-----------|-----------|
| MD1221 | 100ml | 6 | 1 |



HYPOALLERGENIC



REMOVES DUST AND DIRT FROM WOUNDS & EYES



STERILE UNTIL THE LAST DROP



Medicare Alcohol-Free Cleansing Wipes

Medicare Alcohol-Free Cleansing Wipes are ideal for cleaning cuts, grazes and light wounds. Suitable for cleaning skin prior to injection.

- No sting and alcohol-free.
- Suitable for all ages.
- Gentle on skin.
- Safe and easy to use.
- 10 individually sterile foil wrapped wipes per box.
- Each wipe is saturated with 0.9% sodium chloride solution and 99.1% purified water for gentle cleansing.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-------|-----------|-----------|
| MD1492 | 6x6cm | 10 Packs | 10 |



Medicare Sterile Wound Closure Strips

Medicare Sterile Wound Closure Strips stay firmly in place, allowing the skin to breathe and the wound to heal.

- 6mm x 101mm Closure Strip.
- Adhesive strip used to secure, close and support small cuts and wounds.
- Strong adhesive ensures the wound stays dry and clean while it heals.
- Hypoallergenic and Latex free.
- 2 sachets of 5 strips.

| CODE | ORDER QTY | PACK SIZE |
|------|-----------|-----------|
| MD10 | 20 Packs | 10 |



Medistrip Wound Closure Strips

Flexible, breathable adhesive skin closures designed for wound support post-operatively or following early suture or clip removal. Medistrip is ideal for highly contoured areas of musculoskeletal movement.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|------------|-----------|-----------|
| MD1400/1 | 6 x 76mm | 1 Pack | 25 |
| MD1401/1 | 6 x 102mm | 1 Pack | 25 |
| MD1402/1 | 13 x 102mm | 1 Pack | 25 |



Medicare Hydrocolloid Invisible Cold Sore Patches

Medicare Hydrocolloid Invisible Cold Sore Patches are perfect for concealing, protecting and healing cold sores.

- Discreet protection.
- Facilitates faster healing.
- Seals out water, dirt and external contaminants.
- Absorbs moisture.
- Improves comfort.
- Reduces tingling and scabbing.
- 100% Waterproof.
- Latex-free.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD197 | 6 Packs | 18 |

Common Triggers of Cold Sores



Feeling run down



Stress



Cold weather



Hormonal changes

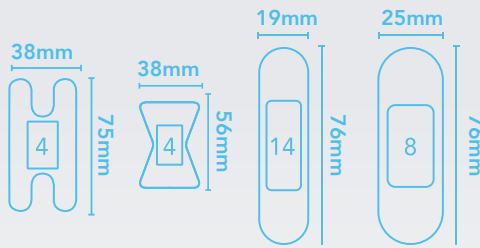


Overexposure to sun

Fabric Strip Dressings



Assorted Fabric Plasters



Fabric Plasters



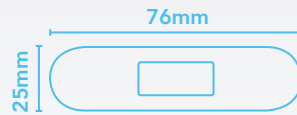
Fabric Long Finger Plasters



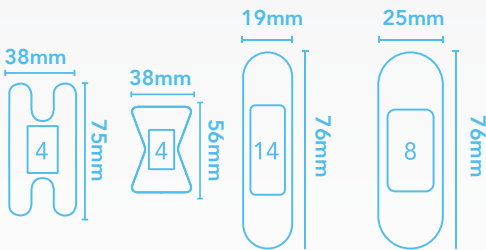
Spot Plasters



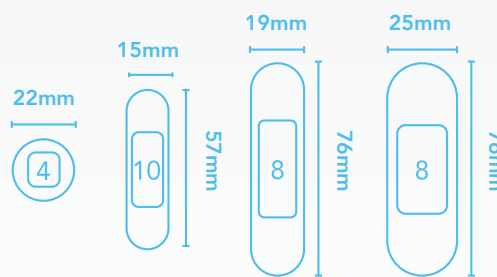
Extra Large Plasters



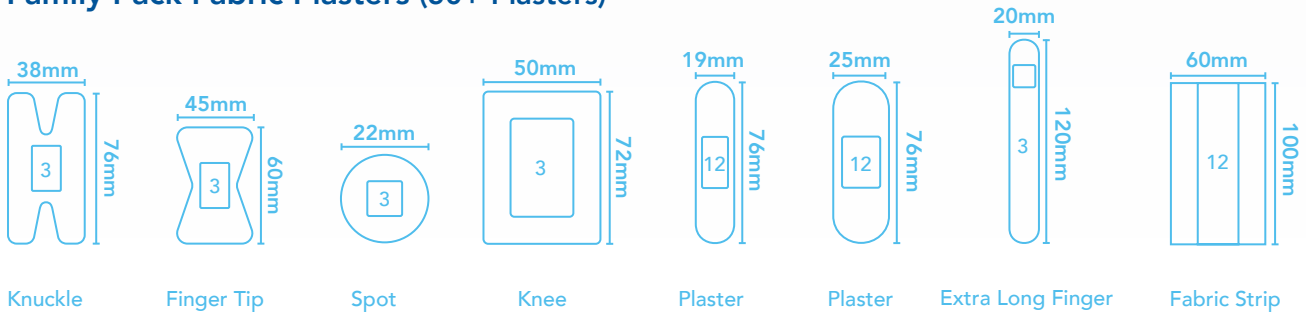
Assorted Fabric Plasters



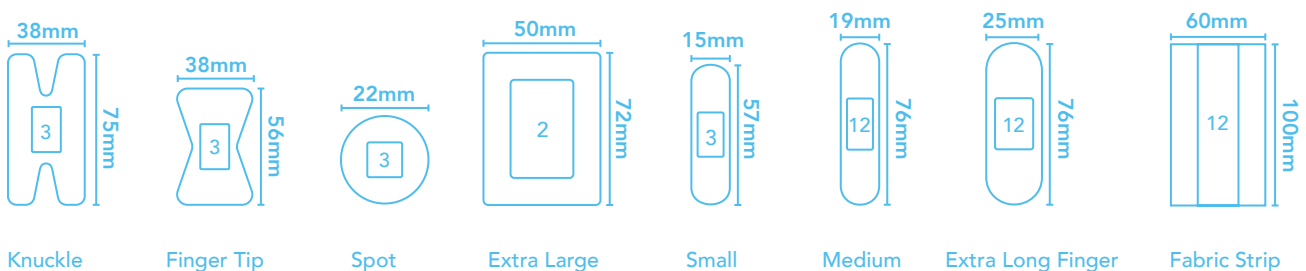
Assorted Clear Plasters



Family Pack Fabric Plasters (50+ Plasters)



Family Pack Sensitive, Waterproof and Clear Plasters (50+ Plasters)





Medical Tapes

Medical Tapes for Securing Dressings

We offer a wide range of hypoallergenic, adhesive tapes to help meet your daily taping challenges including paper, transparent, silk and zinc oxide medical tapes.



Freephone: 0800 6406253 Email: orders@flemingmedical.co.uk

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@Medicarefirstaid



@Medicarefirstaid



Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/tapes-and-bandages

A multi-purpose white taffeta tape with a strong backing



SUGGESTED USE

Use to secure bulky dressings, heavier tubing and small splints.



GENTLE ON SKIN



INJURY SUPPORT

Medisilk Silk Tape

Medisilk Silk Tape is ideal for the fixation of dressing pads and medical devices.

This is a silk finished, non-stretch, water repellent, tape with a strong, hypoallergenic adhesive. The porous, hypoallergenic tape makes it ideal for use on patients with sensitive skin, as it allows the skin to breathe through it.

- High strength, comfortable, taffeta-backed tape with convenient bidirectional tear.
- Adheres well to dry skin.
- Micro-perforated.
- Coated with a solvent free waterproof adhesive.
- Suitable for sensitive skin.

MEDISILK - DISPLAY BOX

Coming Soon - Our easy to display and slim fitting boxes make the Medisilk Silk Tapes compact and tidy on in-store shelving.



| CODE | SIZE | ORDER QTY |
|-------|-------------|-----------|
| MD752 | 1.25cm x 5m | 18 |
| MD753 | 2.5cm x 5m | 12 |
| MD766 | 5cm x 5m | 6 |

A non-woven paper tape with a skin-friendly adhesive



SUGGESTED USE

Use to secure dressings where frequent taping/untaping.



GENTLE ON SKIN



EASY TO TEAR

Medilite Paper Tape

Medilite Paper Tape is a gentle, breathable paper tape. It is ideal for fixation of dressings where frequent taping/untaping is required and is perfect for use on patients with sensitive, delicate skin.

- Micro-porous, non-woven paper tape with skin friendly adhesive.
- Hypoallergenic and allows skin to breathe.
- Suitable for delicate, sensitive skin.
- Bidirectional easy tearing.

| CODE | SIZE | ORDER QTY |
|-------|-------------|-----------|
| MD754 | 1.25cm x 5m | 18 |
| MD755 | 2.5cm x 5m | 12 |
| MD767 | 5cm x 5m | 6 |



MEDILITE - DISPLAY BOX

Coming Soon - Our easy to display and slim fitting boxes make the Medilite Paper Tapes compact and tidy on in-store shelving.

A strong, transparent tape with easy, bi-directional tear



SUGGESTED USE

Use to secure tubing and dressings that need to be monitored.



CLEAR TAPE



EASY TO TEAR

Meditrans Transparent Tape

Transparent, perforated polyethylene film with bidirectional tear. Easily tears into very thin strips for securing tubing and dressings that need to be monitored.

- Ventilated - Allows skin to breathe.
- Skin friendly, due to hypoallergenic adhesive.

| CODE | SIZE | ORDER QTY |
|-------|-------------|-----------|
| MD758 | 1.25cm x 5m | 18 |
| MD757 | 2.5cm x 5m | 12 |

MEDITRANS - DISPLAY BOX

Coming Soon - Our easy to display and slim fitting boxes make the Meditrans Transparent Tapes compact and tidy on in-store shelving.



A high strength adhesive tape that stays fixed for longer



SUGGESTED USE

Use to secure non-occlusive dressing material and medical devices.



HIGH RIGIDITY



STRONG SUPPORT

Meditape Zinc Oxide Tape

Meditape Zinc Oxide Tape is ideal for strong fixation of non-occlusive dressing material and medical devices.

A stronger, more adhesive tape that stays fixed for longer. A micro-perforated, taffeta tape.

- Bidirectional easy tearing.
- Hypoallergenic skin friendly adhesive.
- Beige colour.

| CODE | SIZE | ORDER QTY |
|-------|-------------|-----------|
| MD750 | 1.25cm x 5m | 18 |
| MD751 | 2.5cm x 5m | 12 |
| MD765 | 5cm x 5m | 6 |



MEDITAPE - DISPLAY BOX

Coming Soon - Our easy to display and slim fitting boxes make the Meditape Zinc Oxide Tapes compact and tidy on in-store shelving.

A high strength adhesive tape with stretchable properties



SUGGESTED USE

Commonly used by athletes to prevent sports injuries, protect wounds and help cuts heal faster.



Meditape Stretch Zinc Oxide Tape

Highly conformable Zinc Oxide Tape that stretches in all directions. For compression applications and securing dressings in challenging areas. A stronger, more adhesive tape that stays fixed for longer.

Ideal for strapping and taping in first aid and sports applications.

- Hypoallergenic, making it suitable for sensitive skin.
- Ideal for limiting movement in injured joints, it has a serrated edge that enables it to be torn accurately without the need for scissors.
- Zinc oxide tape remains intact when worn for a long period of time, and tolerates moisture, even in humid environments.

| CODE | SIZE | ORDER QTY |
|-------|------------|-----------|
| MD756 | 2.5cm x 4m | 12 |



NEW DISPLAY BOX

Coming Soon - Our easy to display and slim fitting boxes make the Medisilk Silk Tapes compact and tidy on in-store shelving.



Dressings & Bandages

First Aid Dressings for Strains, Sprains & Minor Burns

Our range of Dressings and Bandages includes elastic adhesive, conforming, and crepe bandages, as well as first aid dressings, all designed to provide effective support for strains, sprains, and minor burns. These products ensure firm and secure application, promoting comfort and aiding in the healing process for a variety of injuries.



[FLEMINGMEDICAL.CO.UK](https://www.flemingmedical.co.uk)

Freephone: 0800 6406253 Email: orders@flemingmedical.co.uk



@Medicarefirstaid



@Medicarefirstaid



Scan QR Code to visit: [FLEMINGMEDICAL.CO.UK/pharmacy/tapes-and-bandages](https://www.flemingmedical.co.uk/pharmacy/tapes-and-bandages)

For light compression and fixation



Mediform Conforming Bandage

Mediform Conforming Bandage is a polyamide and viscose bandage with light compression. The material is soft and highly adaptable.

- Comfortable.
- Soft, lightweight, durable bandage.
- Conforms well to the body, ensuring patient comfort.
- Ideal to hold dressings snugly in place.
- Self-adhesive, attaching to itself but not the skin.
- Breathable, allows air to circulate which promotes healing.
- Flexible to allow freedom of movement.



| CODE | SIZE | ORDER QTY |
|--------|-----------|-----------|
| MD0772 | 5cm x 4m | 40 |
| MD0773 | 8cm x 4m | 40 |
| MD0774 | 10cm x 4m | 20 |
| MD0775 | 15cm x 4m | 20 |



Product Tip

Conforming bandage can be used to hold wound dressings of all types in place with light compression effect.

For comfortable, strong compression



Medicrepe Cotton Crepe Bandage 4.5m

Medicrepe Cotton Crepe Bandage is a medium stretch bandage with constant elasticity and can be used for compression bandaging, securing dressings and devices, sprains and strains, protective bandaging, oedema control and partial immobilisation.

- Comfortable, soft, stretchable bandage.
- 100% Cotton.
- Can be washed and sterilised.
- Available in 4 sizes.



| CODE | SIZE | ORDER QTY |
|--------|--------------|-----------|
| KO3482 | 5cm x 4.5m | 12 |
| KO3483 | 7.5cm x 4.5m | 12 |
| KO3484 | 10cm x 4.5m | 12 |
| KO3485 | 15cm x 4.5m | 12 |



Product Tip

Conforms well to the body, ensuring patient comfort whilst maintaining constant elasticity.

For comfort and flexibility



Medicrepe Elastic Support Bandage 5m

Medicrepe Elastic Support Bandage for the first aid treatment of emergency injuries, sprains, strains and in other conditions in which light support is required.

The bandage is very durable and versatile and can be washed and sterilised easily. In the case that some elasticity might be lost during use, it will be restored again after washing in warm soapy water.

- Comes with special clips to secure bandage once desirable level of compression has been achieved.
- Cotton, polyamide and elastane high stretch bandage.
- Lightweight, fray resistant and durable.
- Skin friendly.



| CODE | SIZE | ORDER QTY |
|--------|-----------|-----------|
| MD9009 | 6cm x 5m | 24 |
| MD9010 | 8cm x 5m | 24 |
| MD9011 | 10cm x 5m | 12 |
| MD9012 | 15cm x 5m | 12 |



Product Tip

Due to the high quality of fabric, there is superb elasticity. In the case that some elasticity might be lost during use, it will be restored again after washing in warm soapy water.

For high compression



Medicare Elastic Adhesive Bandage

Medicare Elastic Adhesive Bandages (EAB) offer firm directional support for strains, sprains and minor injuries. It is also used as a relieving and stretch compression bandage.

The adhesive elastic bandage provides compression support for joints during high-stress sport activity. The elastic sports bandage help to minimise swelling and provide additional support as an overwrap.

- Bidirectional easy tearing.
- Hypoallergenic skin friendly adhesive.
- Central yellow line for ease of application and correct alignment.
- Ventilated fabric allows skin to breathe.
- Easy to unroll and easy to use.



| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| MIL2905 | 2.5cm x 4.5m | 6 |
| MIL2906 | 5cm x 4.5m | 6 |
| MIL2907 | 7.5cm x 4.5m | 6 |
| MIL2908 | 10cm x 4.5m | 6 |



Product Tip

The white elasticated bandage is specially designed to offer short-term support to weak joints, particularly ankles and knees.



Medicare Ambulance Dressings No.1, 2, 3

- Sterile.
- First aid treatment of severe wounds with heavy blood loss.
- Thick absorbent pads with bandage to compress in place and stop heavy bleeding.

| CODE | SIZE | ORDER QTY |
|--------|----------------------|-----------|
| MD1891 | NO 1: 11.5 x 10cm | 6 |
| MD1892 | NO 2: 15 x 20cm | 6 |
| MD1893 | NO 3: 28 x 17.5cm | 6 |



Medicare Wound Dressings

- Absorbent pad with conforming bandage attached to secure it in place.
- Medium: 12cm x 12cm.
- Large: 18cm x 18cm.
- Highly absorbent.
- 1 sterile dressing per pack.

| CODE | SIZE | ORDER QTY |
|--------|--------|-----------|
| MD1894 | Medium | 6 |
| MD1895 | Large | 6 |



Medicare Eye Pad Dressing No.16

- Superior protection for the healing of an eye injury.
- 1 sterile dressing per pack.
- Size: 6cm x 7cm.
- Medical grade thick absorbent pad and conforming bandage attached to secure it in place.

| CODE | SIZE | ORDER QTY |
|--------|-----------|-----------|
| MD1896 | 6cm x 7cm | 6 |



Rescue Ready First Aid

Your Pharmacy's Most Trusted First Aid Brand

We provide pharmacies with Ireland's most trusted First Aid brand. Our Medicare range delivers high-quality kits and supplies for homes, schools, workplaces, sports clubs, and local industries; helping you meet the needs of your customers with confidence.



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Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/first-aid



Medicare First Aid Micro Kit
1-2 PERSONS

Ideal size for your backpack when out walking or hiking.

| CODE | ORDER QTY |
|--------|-----------|
| MD6001 | 1 |

Micro Kit Content and Quantity:

| | |
|-----------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 15 |
| Adhesive Plaster 25mm x 72mm | 15 |
| Medium Wound Dressing 12cm x 12cm | 2 |
| Triangular Bandage | 1 |
| Vinyl Exam Gloves (pairs) | 1 |
| Alcohol Cleansing Pads | 12 |
| Pack of Safety Pins | 6 |
| First Aid Guide | 1 |
| Gauze Pads 5cm x 5cm | 2 |
| Burn Gel Sachet 3.5ml | 2 |
| First Aid Guide | 1 |



Medicare First Aid Mini Kit
1-3 PERSONS

A more comprehensive kit that is great for storing in places like your car glovebox.

| CODE | ORDER QTY |
|--------|-----------|
| MD6002 | 1 |

Mini Kit Content and Quantity:

| | |
|-------------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 40 |
| Adhesive Plaster 25mm x 40mm | 40 |
| Medium Wound Dressing 12cm x 12cm | 2 |
| Triangular Bandage | 1 |
| Elastic Adhesive Bandage 5cm x 4.5m | 1 |
| Adhesive Tape 2.5cm x 5m | 1 |
| Instant Ice Pack | 1 |
| Vinyl Exam Gloves (pairs) | 2 |
| Alcohol Cleansing Pads | 45 |
| Pack of Safety Pins | 12 |
| First Aid Guide | 1 |
| Gauze Pads 5cm x 5cm | 12 |
| Gauze Pads 10cm x 10cm | 4 |
| Burn Gel Sachet 3.5ml | 2 |
| Disposable Plastic Tweezers | 1 |



Emergency Essentials

Our latest Medicare First Aid Kits are packed with all the essentials needed for any kind of emergency. The range includes kit options for work, sports, home and travel, which are certified and of the highest quality.



Medicare First Aid Travel Kit

1-5 PERSONS

Perfect for your suitcase when travelling.

| CODE | ORDER QTY |
|--------|-----------|
| MD6003 | 1 |

Travel Kit Content and Quantity:

| | |
|-------------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 20 |
| Adhesive Plaster 25mm x 72mm | 20 |
| No.3 Ambulance Dressing 28cm x 20cm | 2 |
| Medium Wound Dressing 12cm x 12cm | 2 |
| Large Wound Dressing 18cm x 18cm | 2 |
| Medium Burn Dressing 10cm x 10cm | 1 |
| No.16 Sterile Eye Pad Dressing | 2 |
| Sterile Saline Solution 20ml | 5 |
| Triangular Bandage | 2 |
| Crepe Bandage 7.5cm x 4.5m | 1 |
| CPR Face Shield | 1 |
| Emergency Blanket | 1 |
| Vinyl Exam Gloves (pairs) | 5 |
| Alcohol Cleansing Pads | 10 |
| Paramedic Shears | 1 |
| Pack of Safety Pins | 6 |
| First Aid Guide | 1 |
| Small Burn Dressing 18cm x 18cm | 1 |
| Instant Ice Pack | 1 |



Medicare First Aid Home Kit

1-10 PERSONS

The essential first aid home kit for life's little emergencies.

| CODE | ORDER QTY |
|--------|-----------|
| MD6004 | 1 |

Home Kit Content and Quantity:

| | |
|-------------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 20 |
| Adhesive Plaster 25mm x 72mm | 20 |
| No.3 Ambulance Dressing 28cm x 20cm | 2 |
| Medium Wound Dressing 12cm x 12cm | 2 |
| Large Wound Dressing 18cm x 18cm | 4 |
| Medium Burn Dressing 10cm x 10cm | 1 |
| No.16 Sterile Eye Pad Dressing | 2 |
| Sterile Saline Solution 20ml | 10 |
| Triangular Bandage | 4 |
| Crepe Bandage 7.5cm x 4.5m | 2 |
| CPR Face Shield | 1 |
| Emergency Blanket | 1 |
| Vinyl Exam Gloves (pairs) | 6 |
| Alcohol Cleansing Pads | 20 |
| Paramedic Shears | 1 |
| Pack of Safety Pins | 6 |
| First Aid Guide | 1 |
| Small Burn Dressing 5cm x 5cm | 1 |
| Large Burn Dressing 20cm x 20cm | 1 |

Disclaimer: First Aid Content packaging design may vary from photos shown, internal product remains unchanged.



Medicare First Aid Work Kit

1-10 PERSONS

- Perfect for use for the workplace.
- HSA approved work kit for 1-10 people.

| CODE | ORDER QTY |
|--------|-----------|
| MD6005 | 1 |

Work Kit Content and Quantity:

| | |
|-------------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 20 |
| Adhesive Plaster 25mm x 72mm | 20 |
| Alcohol Cleansing Pads | 10 |
| Sterile Saline Solution 20ml | 5 |
| Pack of Safety Pins | 6 |
| Triangular Bandage | 2 |
| No.16 Sterile Eye Pad Dressing | 2 |
| No.3 Ambulance Dressing 28cm x 20cm | 2 |
| Medium Wound Dressing 12cm x 12cm | 2 |
| Large Wound Dressing 18cm x 18cm | 2 |
| Crepe Bandage 7.5cm x 4.5m | 1 |
| Vinyl Exam Gloves (pairs) | 5 |
| Medium Burn Dressing 10cm x 10cm | 1 |
| CPR Face Shield | 1 |
| Paramedic Shears | 1 |
| First Aid Guide | 1 |
| Large Burn Dressing 20cm x 20cm | 1 |



Medicare First Aid Work Kit

10-25 PERSONS

- Perfect for use for the workplace.
- HSA approved work kit for 10-25 people.

| CODE | ORDER QTY |
|--------|-----------|
| MD6006 | 1 |

Work Kit Content and Quantity:

| | |
|-------------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 20 |
| Adhesive Plaster 25mm x 72mm | 20 |
| No.3 Ambulance Dressing 28cm x 20cm | 3 |
| Medium Wound Dressing 12cm x 12cm | 2 |
| Large Wound Dressing 18cm x 18cm | 6 |
| Medium Burn Dressing 10cm x 10cm | 1 |
| No.16 Sterile Eye Pad Dressing | 2 |
| Sterile Saline Solution 20ml | 10 |
| Triangular Bandage | 6 |
| Crepe Bandage 7.5cm x 4.5m | 2 |
| CPR Face Shield | 1 |
| Vinyl Exam Gloves (pairs) | 10 |
| Alcohol Cleansing Pads | 20 |
| Paramedic Shears | 1 |
| Pack of Safety Pins | 6 |
| First Aid Guide | 1 |
| Large Burn Dressing 20cm x 20cm | 1 |



Medicare First Aid Work Kit

25-50 PERSONS

- Perfect for use for the workplace.
- HSA approved work kit for 25-50 people.

Work Kit Content and Quantity:

| | | | |
|-------------------------------------|----|---------------------------------|----|
| Adhesive Plaster 19mm x 72mm | 40 | CPR Face Shield | 1 |
| Adhesive Plaster 25mm x 72mm | 40 | Vinyl Exam Gloves (pairs) | 10 |
| No.3 Ambulance Dressing 28cm x 20cm | 4 | Alcohol Cleansing Pads | 40 |
| Medium Wound Dressing 12cm x 12cm | 4 | Paramedic Shears | 1 |
| Large Wound Dressing 18cm x 18cm | 8 | Pack of Safety Pins | 12 |
| Medium Burn Dressing 10cm x 10cm | 1 | First Aid Guide | 1 |
| No.16 Sterile Eye Pad Dressing | 4 | Small Burn Dressing 5cm x 5cm | 1 |
| Sterile Saline Solution 20ml | 10 | Large Burn Dressing 20cm x 20cm | 1 |
| Triangular Bandage | 6 | Disposable Plastic Tweezers | 1 |
| Crepe Bandage 7.5cm x 4.5m | 3 | | |

| CODE | ORDER QTY |
|--------|-----------|
| MD6007 | 1 |

Disclaimer: First Aid Content packaging design may vary from photos shown, internal product remains unchanged.



Medicare Physiologix Sports Training Kit

The Medicare Physiologix First Aid Sports Training Kit is packed with all the essentials needed to treat a minor injury on the playing field. Suitable for all sports applications, this is a great product to reach out to your local clubs about.

- Ideal for use on the sports training field.
- Waterproof run-on bag.
- One main compartment with front, top and side pockets.
- Waterproof zips with extra-large easy-to-grab zip pulls.
- Size: 33.5cm W x 21cm H x 17.5cm D.

CONTAINS
90+ ITEMS

Sports Training Kit Content and Quantity:

| | | | |
|-----------------------------------|----|---------------------------------------|---|
| Adhesive Plaster 19mm x 72mm | 20 | First Aid Splint Roll | 1 |
| Adhesive Plaster 25mm x 72mm | 20 | Elastic Adhesive Bandage 7.5cm x 4.5m | 2 |
| Sport Zinc Oxide Tape 2.5cm x 10m | 2 | Elastic Adhesive Bandage 5cm x 4.5m | 2 |
| Sport Zinc Oxide Tape 5cm x 10m | 2 | Blue Cohesive Bandage 7.5cm x 4m | 1 |
| Adhesive Tape 2.5cm x 5m | 2 | Medium Wound Dressing 12cm x 12cm | 2 |
| Gauze Pads 10cm x 10cm | 3 | Large Wound Dressing 18cm x 18cm | 1 |
| Vinyl Exam Gloves (pairs) | 2 | Disposable Plastic Tweezers | 1 |
| Alcohol Cleansing Pads | 20 | Instant Ice Pack | 4 |
| Triangular Bandage | 2 | Dressing Scissors | 1 |
| Emergency Blanket | 1 | First Aid Guide | 1 |

| CODE | ORDER QTY |
|--------|-----------|
| MD6011 | 1 |



Medicare Physio Logix First Aid Sports Kit

This larger and more comprehensive kit is the ideal waterproof run-on bag for game day that contains a variety of dressings, tapes, bandages and cold therapy items for treating any incident.

- Can be carried by the handles or shoulder strap.
- One main compartment with front and side pockets and water bottle holder.
- Waterproof zips with extra large easy to grab zip pulls.
- Size: 37cm W x 23cm H x 18.5cm D.

CONTAINS
130+
ITEMS

Sports Kit Content and Quantity:

| | | | |
|-------------------------------------|----|---------------------------------------|---|
| Adhesive Plaster 19mm x 72mm | 20 | Medium Burn Dressing 10cm x 10cm | 1 |
| Adhesive Plaster 25mm x 72mm | 20 | Elastic Adhesive Bandage 5cm x 4.5m | 1 |
| Alcohol Cleansing Pads | 20 | Elastic Adhesive Bandage 7.5cm x 4.5m | 2 |
| Wound Closure Strips | 10 | Blue Cohesive Bandage 7.5cm x 4m | 1 |
| Sterile Saline Solution 20ml | 10 | Red Cohesive Bandage 7.5cm x 4m | 1 |
| Instant Ice Pack | 6 | Sport Zinc Oxide Tape 3.8cm x 10m | 2 |
| Pack of Safety Pins | 6 | Sport Zinc Oxide Tape 5cm x 10m | 2 |
| Triangular Bandage | 4 | Sport Zinc Oxide Tape 2.5cm x 10m | 1 |
| No.16 Sterile Eye Pad Dressing | 3 | Fabric Strip Plaster 6cm x 1m | 1 |
| No.3 Ambulance Dressing 28cm x 20cm | 2 | Adhesive Tape 2.5cm x 5m | 1 |
| Medium Wound Dressing 12cm x 12cm | 2 | First Aid Splint Roll | 1 |
| Large Wound Dressing 18cm x 18cm | 2 | CPR Face Shield | 1 |
| Crepe Bandage 7.5cm x 4.5m | 2 | Emergency Blanket | 1 |
| Crepe Bandage 10cm x 5m | 1 | Dressing Scissors | 1 |
| Gauze Pads 10cm x 10cm | 5 | First Aid Guide | 1 |
| Vinyl Exam Gloves (pairs) | 5 | | |

| CODE | ORDER QTY |
|--------|-----------|
| MD6008 | 1 |

Disclaimer: First Aid Content packaging design may vary from photos shown, internal product remains unchanged.



Medicare Dressing Scissors Sharp/Blunt

- Features a blunt tip for cutting bandages and clothing without gouging the skin.
- Size 14cm.
- 100% stainless steel dressing scissors.

| CODE | ORDER QTY |
|------|-----------|
| KT01 | 1 |



Medicare Dressing Scissors Sharp/Sharp

- Features sharp strong cutting edges for precision cuts and long lasting use.
- Size 14cm.
- 100% stainless steel dressing scissors.

| CODE | ORDER QTY |
|------|-----------|
| KT02 | 1 |



Medicare Dressing Scissors Blunt/Blunt

- Features blunt tips for cutting bandages and clothing without gouging the skin.
- Size 14cm.
- 100% stainless steel dressing scissors.

| CODE | ORDER QTY |
|------|-----------|
| KT03 | 1 |



Medicare Foil Rescue Blanket

- Medicare Foil Rescue Blanket prevents shock and is ideal for accident or emergency situations.
- Keeps in body heat and preserves body temperature.
- Size: 160mm x 210mm.

| CODE | ORDER QTY |
|--------|-----------|
| MD1845 | 1 |



Medicare Lister Bandage Scissors

- Features a blunt tip to prevent accidental injury.
- Designed to safely lift bandages away from the skin for easy cutting.
- Size 14cm.
- 100% stainless steel bandage scissors.

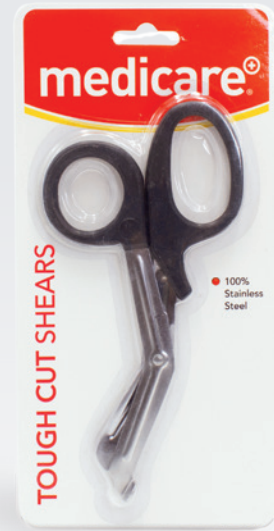
| CODE | ORDER QTY |
|------|-----------|
| KT04 | 1 |



Medicare First Aid Scissors

- Features a sharp strong cutting edges for precision cuts.
- Perfect performance tool for long lasting use.
- Size 11cm.
- 100% stainless steel first aid scissors.

| CODE | ORDER QTY |
|------|-----------|
| KT05 | 1 |



Medicare Tough Cut Emergency Shears

- Features a blunt tip to prevent accidental injury.
- Designed to safely lift bandages away from the skin for easy cutting.
- Size 18cm.
- 100% stainless steel bandage shears.

| CODE | ORDER QTY |
|------|-----------|
| KT08 | 1 |



Medicare Triangular Calico Bandage

- Medicare Calico Triangular Bandage is a general purpose sling.
- Hard wearing, versatile and washable.
- Size: 90 x 90 x 127cm.

| CODE | ORDER QTY |
|--------|-----------|
| MD1890 | 1 |



Medicare Quick-Release Elasticated Tourniquet for Bleeding Control

- Controls bleeding by stopping the flow of blood to the wound.
- One hand operation prevents pinching, jamming or catching.

| CODE | ORDER QTY |
|--------|-----------|
| MD1840 | 1 |



Medicare Assorted Finger Protectors

Medicare Assorted Finger Protectors protect blisters, stitches, burns and cuts from water and dirt.

- Assorted sizes: Small, Medium and Large.
- Contains 40 protectors.

| €9.15 | ORDER QTY |
|----------|-----------|
| MD400343 | 4 |



Medicare Tubular Gauze

Provides finger and toe protection, ideal for blisters, burns, cuts and stitches.

- Tube gauze expands to fit all sizes and cuts easily.
- 4 cotton gauze tubes and 4 rubber finger cots.

| CODE | ORDER QTY |
|----------|-----------|
| MD400436 | 4 |



Medicare Finger/Thumb Stalls

- Keeps finger/thumb injuries dry and protected.
- High Quality Neoprene for warmth and comfort.

| CODE | SIZE | ORDER QTY |
|---------|-----------|-----------|
| MD900/1 | Finger MD | 3 |
| MD901/1 | Finger LG | 3 |
| MD902/1 | Finger XL | 3 |
| MD903/1 | Thumb MD | 3 |
| MD904/1 | Thumb LG | 3 |
| MD905/1 | Thumb XL | 3 |



Medicare Universal Finger Splint

Medicare Universal Finger Splint is a high quality splint that immobilises and protects injured fingers.

- Aluminium splint with foam padding.
- Customised fit for better protection.
- Adjusts for all finger injuries/wounds.
- Adjustable top band eliminates need for tape.

| CODE | ORDER QTY |
|----------|-----------|
| MD400561 | 4 |



Medicare Finger Splint Medium/Large

Finger extension splints designed for individuals with finger injuries or disabilities. This splint features high-grade foam to absorb shock and is attached with velcro straps.

- Aluminium splint with foam padding.
- Adjustable velcro fasteners.
- No tape needed.
- 2 pcs per pack - medium and large.

| CODE | ORDER QTY |
|----------|-----------|
| MD400529 | 4 |

Emergency Response



You may happen to witness or come across a situation where someone has collapsed. The first thing to do is call emergency services.

While you are waiting for an ambulance to arrive, you can carry out some crucial steps to help make a person comfortable or even help with a greater chance of survival. Make sure to enrol in a CPR course so you can help in the event of an emergency.

1



Check for Consciousness

- Ask a question or give a command.
- Speak loudly and clearly to the casualty.
- A casualty in a serious state of "altered consciousness" may mumble, groan, or make slight movements.
- A fully unconscious casualty will not respond.
- If casualty is unconscious, place in recovery position and seek help immediately.

2



Open the Airway

- Remove any obvious obstruction from the mouth.
- Tilt the head back and lift the chin.
- If the casualty has stopped breathing, and you are competent to give CPR (Cardiopulmonary Resuscitation), do so.
- Otherwise, place casualty in recovery position and seek help immediately.

3



Check for Breathing

- Look for chest movements.
- Listen for sounds of breathing.
- Feel for breath on your cheek.

4



Check for Pulse

- Press your first finger and your middle finger to the side of the neck, just under the jaw and beside the windpipe - don't use your thumb as it has its own pulse. Press the skin lightly to feel the pulse.

Broken Bones/Fractures



- If a broken bone is suspected, obtain expert help.
- Do not remove casualty unless they are in a position which exposes them to immediate danger.
- Steady and support the injured part if possible with your hands, apply a Medicare Triangular Bandage if their wrist or arm is affected.

Head Injury



- If there is a scalp wound, replace any skin flaps, and using a clean pad, press down firmly and evenly over the wound. Once bleeding is controlled, secure the dressing in place with a bandage.
- Check casualty's level of response to simple questions, if consciousness is impaired send for an ambulance immediately.

Chemical Burns



- Always wear protective gloves or clothing when dealing with any chemical injuries to avoid contaminating yourself with the chemical.
- Remove any contaminated clothing from the casualty which is not stuck to the skin.
- Flush area affected with plenty of Medicare Sterile Saline Solution to ensure the area is clean of remaining chemicals. Apply a Medicare Burn Dressing to any exposed, damaged skin.
- Send casualty to hospital as soon as possible.

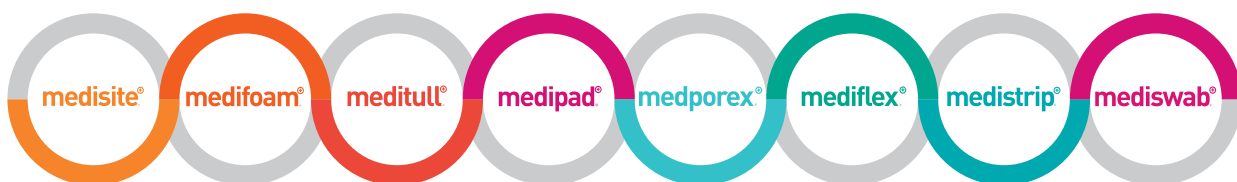


The Recovery Position

- Turn casualty onto their side, then lift the chin forward in open airway position and adjust hand under the cheek as necessary.
- Check casualty cannot roll forwards or backwards and monitor breathing and pulse continuously.



Scan the QR Code here to link view our First Aid products www.flemingmedical.co.uk/healthcare/first-aid



Advanced Woundcare

A Solution for Every Stage of the Wound Healing Process

Discover an innovative wound management range that covers all phases of wound healing. Developed especially for the treatment of acute and chronic wounds, our range offers effective, patient friendly solutions for conditions such as: Acute Wounds, Chronic Wounds, Ulcers and Burns.



Freephone: 0800 6406253 Email: orders@flemingmedical.co.uk

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@Medicarefirstaid



@Medicarefirstaid



Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/advanced-woundcare



A sterile, soft, non-woven dressing with high breathability.

Designed especially for treating low to moderately exuding wounds such as surgical incisions, minor burns, cuts and abrasions.



Air-permeable: Allows the skin to breathe.

Hypoallergenic: Made from a non-woven material backed with a latex-free adhesive.

Absorbent: Highly absorbent wound pad with a non-adherent wound contact layer.

Flexible: The dressing is suitable for use on joints or awkward body contours.

Breathable: The porous structure of the non-woven fabric ensures air and water-vapour permeability.

Medporex Adhesive Surgical Dressing

- Adhesive.
- Sterile and individually packed.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|----------|-----------|-----------|
| MD1150 | 6 x 7cm | 1 Pack | 50 |
| MD1155 | 7 x 8cm | 1 Pack | 50 |
| MD1151 | 9 x 10cm | 1 Pack | 50 |
| MD1152 | 9 x 15cm | 1 Pack | 30 |
| MD1153 | 9 x 20cm | 1 Pack | 30 |
| MD1154 | 9 x 30cm | 1 Pack | 30 |

Medporex Waterproof Surgical Dressing

- Coated with a vapour permeable film which provides a shower proof barrier.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|-----------|
| MD1160 | 5 x 7cm | 1 Pack | 50 |
| MD1159 | 7 x 8cm | 1 Pack | 50 |
| MD1161 | 10 x 10cm | 1 Pack | 50 |
| MD1162 | 10 x 15cm | 1 Pack | 30 |
| MD1163 | 10 x 20cm | 1 Pack | 30 |



A foam dressing for moderate to highly exuding wounds, ulcers, second degree burns and traumatic wounds.



Non-adhesive wound contact layer: Does not adhere to a moist wound but forms a gentle bond between the dressing and the wound. This sealing effect also helps minimise the risk of maceration.

Silicone Layer: Minimises pain and damage to the wound and skin at dressing changes. The silicone layer gently moulds to the contours of the skin which minimises skin stripping during removal.

Absorbent: Reliable absorption and excellent retention capacity that retains exudate whilst maintaining a moist wound environment.

Breathable: Soft and highly conformable and is ideal for patients with fragile skin.

Medifoam Non-Adhesive Foam Heel Dressing

- Specifically developed to address wounds on the heel or similar anatomical areas such as the elbow where a standard dressing is not suitable.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|-----------|-----------|-----------|
| MD1384/1 | 12 x 13cm | 1 Pack | 3 |

Medifoam Non-Adhesive Foam Dressing

- Non-adhesive.
- Waterproof and bacteria proof backing.
- Sterilised and individually packaged.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|-----------|-----------|-----------|
| MD1386/1 | 10 x 10cm | 1 Pack | 5 |

Medifoam Adhesive Foam Dressing

- Self-adhesive border dressing.
- Waterproof and bacteria proof backing.
- Sterilised and individually packaged.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|-----------|-----------|-----------|
| MD1388/1 | 10 x 10cm | 1 Pack | 5 |
| MD1389/1 | 15 x 15cm | 1 Pack | 5 |



A soft silicone foam dressing with border for moderate to highly exuding wounds, ulcers, second degree burns and traumatic wounds.



Non-adherent: Soft silicone wound contact layer that does not adhere to a moist wound but forms a gentle bond between the dressing and the wound.

Silicone Layer: Minimises pain and damage to the wound and skin at dressing changes. The silicone layer gently moulds to the contours of the skin.

Absorbent: Reliable absorption and excellent retention capacity resistant to leakage.

Breathable: Soft and highly conformable and is ideal for patients with fragile skin.

For use :

- Venous leg ulcers.
- Pressure ulcers.
- Diabetic ulcers.
- Second degree burns.
- Surgical and traumatic wounds.
- Can also be used under compression bandages.

skinKIND
EASY REMOVAL

Mediflex can be removed with less risk of damaging the wound or the surrounding skin. It drastically reduces both the pain and tissue damage in wound management and without the trauma of maceration and skin-stripping, early and trouble-free healing is accelerated.

Mediflex Silicone Foam Dressing

- Waterproof and bacteria proof backing.
- Sterilised and individually packaged.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|-----------|
| MD1164 | 10 x 10cm | 1 Pack | 5 |

Mediflex Silicone Foam Dressing with Border

- Silicone adhesive border surrounding wound pad.
- Waterproof and bacteria proof backing.
- Sterilised and individually packaged.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-------------|-----------|-----------|
| MD1171 | 7.5 x 7.5cm | 1 Pack | 5 |
| MD1170 | 10 x 10cm | 1 Pack | 5 |



A breathable, transparent self-adhesive film dressing for light to moderately exuding wounds, clean, closed post-operative wounds. Made of polyurethane film which allows wounds to breathe and water vapour to escape, protecting the skin against maceration.



Sterile: Bacterial barrier helps protect the site against extrinsic contamination.

Waterproof: Patient can shower with the dressing in place.

Hypoallergenic: Latex-free adhesive.

Conformable: Non-restrictive for the patient.

For use :

- Superficial burns.
- IV sites.
- Abrasions.
- Lacerations.
- Superficial pressure ulcers.
- Closed surgical wounds.

Medisite Transparent Dressing with Pad

- Highly Absorbent: Non-adherent central wound pad.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|-----------|
| MD1530 | 6 x 7cm | 1 Pack | 20 |
| MD1531 | 10 x 12cm | 1 Pack | 20 |

Medisite Transparent Thin Film Dressing

- Transparent film allows healing process to be observed without removing the dressing.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|-----------|
| MD1543 | 15 x 26cm | 1 Pack | 20 |



Medipad is a highly absorbent non-adherent wound pad dressing for lightly exuding wounds. It has a non-adherent laminate on one side that won't disrupt healing tissue by sticking to the wound. Ideal as a primary dressing for lightly draining wounds.



Non-adherent: Highly absorbent non adherent wound pad on one side.

Wound Pad: Rapid absorption of exudates through the open weave of the wound pad.

Absorbent: Fast, controlled absorbency of light exudates.

Non-woven: The absorbent non-woven pad is also constructed to avoid strike-through.

For use :

- Superficial burns.
- Surgical incisions.
- Sutured wounds.
- Abrasions.
- Laparoscopy sites.
- Arthroscopy sites.
- Traumatic wounds.

Medipad Non-Adherent Wound Pad

- Dressing Pad.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|-----------|-----------|-----------|
| MD1350/1 | 5 x 5cm | 1 Pack | 10 |
| MD1351/1 | 10 x 10cm | 1 Pack | 10 |



Flexible, breathable adhesive skin closures designed for wound support post-operatively or following early suture or clip removal. Medistrip is ideal for highly contoured areas of musculoskeletal movement.



Durable: Non-woven fabric offers strength and durability.

Hypoallergenic: Non-woven material backed with latex-free adhesive.

Breathable: Porous backing allows wounds to breathe and vapour to escape.

Conformable: Stretchable fabric that conforms well to body contours and allows non-restrictive movement.

Water-resistant: Provides a barrier to fluids.

Medistrip Wound Closure Strips

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|------------|-----------|-----------|
| MD1400/1 | 6 x 76mm | 1 Pack | 25 |
| MD1401/1 | 6 x 102mm | 1 Pack | 25 |
| MD1402/1 | 13 x 102mm | 1 Pack | 25 |



Meditull Paraffin Gauze Dressing consists of a leno-weave fabric of 100% absorbent cotton thread, impregnated with white soft paraffin and is used as a primary wound contact layer.

The dressing and the paraffin helps to reduce the adherence of the product to the surface of a granulating wound.



Sterile: Individually wrapped.

Non-adherent: The paraffin reduces adherence to the surface of a granulating wound.

Soothing: Promotes healing in burns, ulcers, skin grafts and traumatic wounds.

Meditull Paraffin Gauze Dressing

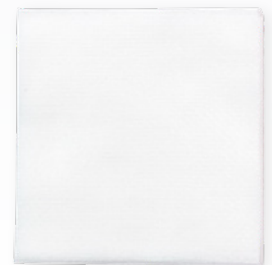
- The dressing is used as a primary wound contact layer.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|-----------|-----------|-----------|
| MD1355 | 5 x 5cm | 1 Pack | 10 |
| MD1354/1 | 10 x 10cm | 1 Pack | 10 |



These Sterile Swabs are used for many medical purposes, especially treating open wounds. The swabs are sterile and highly absorbent, as well as being soft and gentle on the skin.

Ideal for all aspects of hospital care-hygiene, deterision, cleansing and dressing of wounds.



Highly absorbent: Ideal for cleaning wounds.

Gentle: Non-woven, soft and gentle on the skin.

Lower fibre release: 4 ply sterile gauze swabs.

Mediswab Sterile Non-Woven Swabs (20 x 5's)

- Contains 20 sterile pouches, 5 swabs in each.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|----------|-------------|-----------|-----------|
| MD1304/1 | 5 x 5cm | 1 Pack | 20 |
| MD1303 | 7.5 x 7.5cm | 1 Pack | 20 |
| MD1302 | 10 x 10cm | 1 Pack | 20 |

Mediswab Non-Sterile Non-Woven Swabs

- Non-Sterile Swabs are used for many medical purposes.
- Suitable for use with all antiseptic solutions.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|-------|-------------|-----------|-----------|
| MD300 | 5 x 5cm | 1 Pack | 100 |
| MD301 | 7.5 x 7.5cm | 1 Pack | 100 |
| MD302 | 10 x 10cm | 1 Pack | 100 |



Medigauze Gauze Swabs are made of a pre-washed, fluff dried 100% surgical grade absorbent cotton with unique crinkle-weave pattern for loft and bulk.

Our Gauze Swabs provide fast-wicking action, superior aeration, and excellent absorbency. Finished edges on the product reduce loose ends and lint.

Medigauze Gauze Swabs

- Medigauze swabs are suitable for controlling bleeding.
- Highly absorbent material, 8 ply 100% surgical grade absorbent cotton gauze.
- Low fibre release reducing the risk of wound contamination.
- Folded edges, prevents loose fibres and shedding.
- Soft material that is gentle on the skin.



| CODE | SIZE | ORDER QTY | PACK SIZE |
|-------|-------------|-----------|-----------|
| MD303 | 5 x 5cm | 1 Pack | 100 |
| MD304 | 7.5 x 7.5cm | 1 Pack | 100 |
| MD305 | 10 x 10cm | 1 Pack | 100 |



A range of medical sets for the treatment of wounds and minor medical procedures. All our components are carefully selected and have been developed in close consultation with our customers as a response to specific procedural requirements.



Mediset Mouthcare Set

| ITEM | QTY |
|--|-----|
| Tray: 18 x 9.5 x 2.5cm | 1 |
| Cleaning Sticks: PS Stick with Foam Head | 5 |
| Plastic Tongue Depressor | 1 |
| Wrapping Field: 50 x 50cm x 1 | 1 |

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD411 | 30 | 1 |

Mediset Catheterisation Set No. 1

Mediset catheterisation set is used in the insertion of catheter for urinary drainage.

Catheterisation Set No.1 includes:

| ITEM | QTY |
|---------------------------|-----|
| Green Tweezer | 1 |
| Kidney Tray | 1 |
| Wrapping Drape: 60 x 60cm | 1 |
| Gallipot 250ml | 1 |
| Waste Bag | 1 |
| Gauze Balls 5.0cm | 4 |
| 1 Pair of Gloves | 1 |



| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD405 | 1 | 1 |

WOUND DRESSING SELECTION FOR NON-INFECTED WOUNDS

Including traumatic wounds, pressure ulcers, venous leg ulcers, diabetic foot ulcers, (under medical/nursing supervision)

INJURY

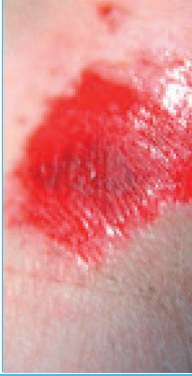




HAEMOSTASIS

INFLAMMATORY

PROLIFERATION

EPITHELISATION

MATURATION

| | Minutes | 0 - 3 Days | 3 - 24 Days | 3 - 24 Days | 24 Days - 2 Years |
|-------------------------------|---|---|--|---|---|
| Stages of Wound Healing | <p>The wound is deep and bleeding heavily but no stitches are needed.</p>  | <p>The wound is healing and debridement begins to occur. Exudate is starting to form.</p>  | <p>This is the reconstruction/repair phase. The wound fills from bottom up with new granulation tissue.</p>  | <p>Still in the reconstruction/repair phase. New skin is forming over the wound and is very delicate.</p>  | <p>The wound has healed but the skin is still delicate and therefore is a risk of reopening of the scar.</p>  |
| Treatment Objectives | <ul style="list-style-type: none"> Clean. Blood coagulating into platelet plug. | <ul style="list-style-type: none"> Surrounding skin may be red, hot, swollen. White/yellow slough. Minimal/moderate exudate. | <ul style="list-style-type: none"> Red granulation tissue in wound bed. As wound fills with granulation tissue, pink/white epithelial tissue migrates from wound edge. Minimal or no exudate. | <ul style="list-style-type: none"> Pink/white epithelial tissue covers the wound. Very delicate. No exudate. | <ul style="list-style-type: none"> Wound is closed but not fully healed. |
| Appropriate Dressing Category | <ul style="list-style-type: none"> Cover and protect. Absorb any remaining blood. Moist wound healing. | <ul style="list-style-type: none"> Cover and protect. Manage exudate. Manage bacteria. Aid removal of dead tissue. Moist wound healing. | <ul style="list-style-type: none"> Cover and protect new tissue. Absorb exudate. Moist wound healing. | <ul style="list-style-type: none"> Cover and protect new epithelial tissue. Moist wound healing. | <ul style="list-style-type: none"> Cover and protect if at risk of new damage. |
| Advanced Woundcare Dressings | <ul style="list-style-type: none"> Primary Contact Later. Transparent Film. Hydrocolloid. Non-adherent Pad. Surgical Dressing. | <ul style="list-style-type: none"> Foam. Super Absorbent. Alginate. Hydrocolloid. Amorphous Hydrogel. Antimicrobial if at high risk of local infection. | <ul style="list-style-type: none"> Foam. Hydrocolloid. | <ul style="list-style-type: none"> Transparent Film. Hydrocolloid. Non-adherent Pad. Surgical Dressing. Foam. | <ul style="list-style-type: none"> Transparent Film. Hydrocolloid. Non-adherent Pad. Surgical Dressing. |

medipad **meditull**
medisite **medporex**

mediflex **medifoam**

mediflex **medifoam**

mediflex **medifoam**
medisite **medporex**

medipad **medporex**

*For information on treating burns and scalds, you can find more advice on page 83-84 in the Burn Care Section.



Burn Care Essentials

Burns happen. Relief should be easy.

Medicare Burn Care Range features dressings, plasters, gels and now spray provide instant relief from burns, scalds and sunburn. The sterile dressing and cooling hydrogel helps protect against infection, minimises trauma and skin damage. Our Burn Spray, with cooling hydrogel is enriched with hyaluronic acid, aloe vera, and calendula.



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Medicare Burn Gel

Medicare Sterile Burn Gel provides instant relief from burns, scalds and sunburn. Suitable for burns and scalds. Protects against infection and minimises trauma and skin damage.

- Cools, soothes and moisturises the burn area and eases pain.
- Minimises trauma and skin damage.
- Non-adherent - easily washed off with cool water or saline solution.
- Comes in two sized pump bottles and a sachet that is great for when on the go. 3.5ml sachets also great for replenishing first aid kits of all sizes.

| CODE | SIZE | ORDER QTY |
|------|-------|-----------|
| MD77 | 3.5ml | 25 |
| MD78 | 50ml | 6 |
| MD79 | 125ml | 6 |



Advanced Hydrogel



Protective Film



Spray Nozzle

Medicare Burn Spray 50ml

Treat minor burns and sun-exposed skin quickly and gently with Medicare® Burn Spray, a cooling hydrogel enriched with hyaluronic acid, aloe vera, and calendula.

Designed for home use, this spray forms a breathable protective film over the skin to soothe, hydrate, and speed up natural healing.

- Cools and calms the skin instantly.
- Supports fast healing with a moist, protective barrier.
- A cooling hydrogel enriched with hyaluronic acid, aloe vera, and calendula.
- Ideal for minor household burns and sunburn.
- Safe for adults, children 3+, and diabetics.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| MD508 | 50ml | 6 |



First Aid
Tips

PRODUCT TIP

Secure dressing with a conforming bandage and replace after 2 hours to prevent drying out.

Medicare Burn Dressings

Medical grade dressing saturated in cool hydrogel for instant relief from burns, scalds and sunburn. The sterile dressing helps protect against infection, minimises trauma and skin damage.

- Suitable for use on 1st, 2nd and 3rd degree burns and sunburn.
- Cools and soothes the burn and eases pain.
- Has the ability to absorb and dissipate heat.
- Easy to remove with cool water or saline solution.
- Promotes faster healing.
- Non-adherent and non-toxic.

| CODE | SIZE | ORDER QTY |
|------|-----------|-----------|
| MD73 | 5 x 5cm | 20 |
| MD74 | 10 x 10cm | 15 |
| MD75 | 20 x 20cm | 5 |
| MD76 | 40 x 60cm | 3 |



Top up your First Aid Kit with Medicare Burn Care Essentials





Medicare Burn Plasters

Medicare Burn Plasters are sterile hydrogel plasters suitable for the protection of minor and superficial burns.

- Provides comfort, cushioning and protection.
- Provides a bacterial barrier.
- Plasters are breathable.
- The plasters contain hydrogel which moisturises, cools and soothes, minimising trauma and helping to prevent infection.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD190 | 16 | 6 |



Medicare Burncare Counter Display Unit

- Material: Foamex.
- Size: W: 259.5mm x H: 42mm x D: 244mm.

| CODE | ORDER QTY | PACK SIZE |
|---------|-----------|-----------|
| MDPOS75 | 1 | 1 |

Degrees of Burn



When you are burned, you experience pain because the heat has destroyed skin cells. Minor burns heal much the same way cuts do. Often a blister forms, which covers the injured area. Under it, white blood cells arrive to attack the bacteria and a new layer of skin grows in from the edges of the burn.

Burns are classified as **first**, **second** or **third** degree, depending on how deep and severe they penetrate the skin's surface.

1st degree burn

Mildest skin burn where the epidermis is damaged. Skin will be red, slightly swollen and painful but not blistered.





2nd degree burn

Epidermis and part of the dermis layer of skin are damaged. Skin will be pale pink, there may be blistering and swelling.

3rd degree burn

Most serious burn, all three layers of the skin are damaged. The skin is burnt away and the tissue underneath may appear pale or blackened. The remaining skin will be dry with no blisters.

Reduce the Risk of Burns & Scalds

- 1  Always keep a first aid kit in the kitchen and check the expiry dates every six months.
- 2  Keep a fire blanket and fire extinguisher near the kitchen in a place that is easy to access.
- 3  Install smoke alarms and replace batteries every year at the start of winter.
- 4  Ensure your home is fitted with a working electrical safety switch.
- 5  Check: Is the hot water in your bathroom/en suite delivered at no more than 50°C? If not, contact a licensed plumber to install mixing valves that safely lower the delivery temperature of water.

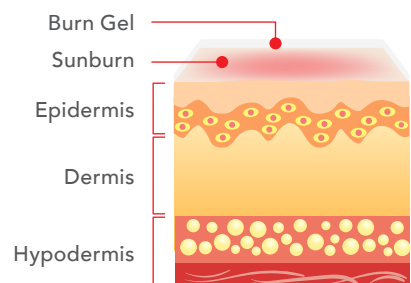
Weather Related Injury

Sunburn: Give casualty fluids to drink. Apply Medicare Burn Gel or Burn Dressing to the burn. Get professional medical help immediately for severe cases.

Cold Exposure: Re-warm casualty by wrapping in Medicare Emergency Foil, blankets or placing in a tub of warm, not hot, water. Dry casualty thoroughly after bath. Give casualty hot liquids to drink, only if conscious (not alcohol). Consult professional medical help if indicated.

Skin with Sunburn

Sunburn is a form of radiation burn that affects living tissue, such as skin, that results from an overexposure to ultraviolet radiation. It usually gets better within 7 days.



You can help treat your sunburn with Medicare Burn Gel or Medicare Burn Spray. It creates a protective barrier, relieves pain and cools burns.

Burns & Scalds



- 1** Cool the burn with running lukewarm water for 10-30 minutes, ideally within 20 minutes of the injury occurring.
- 2** Remove rings or other tight items from the burnt area. Try to do this quickly and gently, before the area swells.
- 3** Apply Medicare Burn Gel to relieve pain and cool skin further. The pain from a burn can also be treated with an OTC pain reliever.
- 4** To protect against infection and minimise skin damage, apply a Medicare Sterile Burn Dressing. Gently lay the burn dressing across the burn site. Do not cover, it can be secured using a conforming bandage.
- 5** You will need to decide whether further medical treatment is necessary.



Never let a burn dressing dry completely or it will stick to the skin. Keep the burn dressing topped up with burn gel.

Most common causes of burns



Contact with hot object



Chemical



Scalding liquid



Electrical



Fire or flame

What not to do with burnt skin



Don't break open small blisters



Don't apply butter or oil



Don't remove clothing



Avoid fluffy cotton



Avoid putting too much pressure on burnt skin



Always seek medical advice from your doctor.



PHYSIO LOGIX® Sports Supports

Recover Like A Pro

Physiologix® supports offer light, medium, firm and more structured brace supports that use the latest in innovative design and fabric technologies to provide outstanding comfort and uncompromising support to aid in the recovery of injuries.



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3 LEVEL

ULTIMATE

Firm Support & Compression

2 LEVEL

ADVANCED

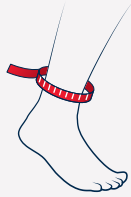
Moderate Support & Compression

1 LEVEL

ESSENTIAL

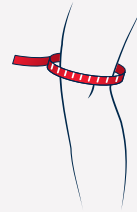
Mild Support & Compression

ANKLE SUPPORT



| | | |
|--------------------|------------------|-----|
| Small | 5-8" / 17-20cm | ● ● |
| Medium | 8-9" / 20-23cm | ● ● |
| Large | 9-10" / 23-25cm | ● ● |
| Extra Large | 10-11" / 25-28cm | ● ● |
| One Size Fits All: | | |
| Ankle Support | | ● |
| Multi-Wrap Support | | ● |

KNEE SUPPORT



| | | |
|----------------------|------------------|-------|
| Small | 12-14" / 31-36cm | ● ● ● |
| Medium | 14-16" / 36-41cm | ● ● ● |
| Large | 16-18" / 41-46cm | ● ● ● |
| Extra Large | 18-20" / 46-50cm | ● ● ● |
| One Size Fits All: | | |
| Jumpers Knee Support | | ● |
| Knee Support | | ● |

PATELLA KNEE STABILISER



| | | |
|-------------|--------------------------|---|
| Small | 12.5-13.5" / 31.8-34.3cm | ● |
| Medium | 13.5-14.5" / 34.3-36.8cm | ● |
| Large | 14.5-15.5" / 36.8-39.4cm | ● |
| Extra Large | 15.5-16.5" / 39.4-41.9cm | ● |

ELBOW SUPPORT



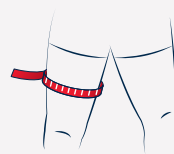
| | | |
|-------------------|------------------|-----|
| Small | 7-10" / 18-25cm | ● ● |
| Medium | 10-12" / 25-31cm | ● ● |
| Large | 12-13" / 31-33cm | ● ● |
| Extra Large | 13-15" / 33-38cm | ● |
| One Size Fits All | | ● |

WRIST SUPPORT



| | | |
|-------------|------------------|-----|
| Small | 3-5" / 8-13cm | ● ● |
| Medium | 5-8" / 13-20cm | ● ● |
| Large | 8-10" / 20-25cm | ● ● |
| Extra Large | 10-12" / 25-30cm | ● ● |

THIGH SUPPORT

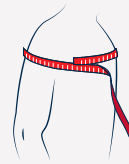


| | | |
|-------------------|------------------|---|
| Small | 21-23" / 53-58cm | ● |
| Medium | 23-25" / 58-64cm | ● |
| Large | 25-27" / 64-69cm | ● |
| One Size Fits All | | ● |

One Size Fits All:

| | | | |
|------------------|---|---------------------|---|
| Wrist Support | ● | Carpal Tunnel Brace | ● |
| Thumb Stabiliser | ● | Multi-Wrap Support | ● |

SHOULDER SUPPORT



| | | |
|----------------------|----------------------|---|
| Small to Medium | 30-38" / 76.2-96.5cm | ● |
| Large to Extra Large | 39-50" / 99.1-127cm | ● |
| One Size Fits All | | ● |

CALF SUPPORT



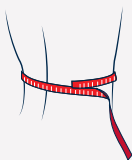
| | | |
|--------|-------------------|---|
| Small | 6.5-11" / 17-28cm | ● |
| Medium | 11-16" / 28-41cm | ● |
| Large | 16-20" / 41-51cm | ● |

ATHLETIC SUPPORTER



| | | |
|-------------|--------------------|-----|
| Medium | 32-38" / 81-96cm | ● ● |
| Large | 38-44" / 96-111cm | ● ● |
| Extra Large | 44-50" / 111-127cm | ● ● |

BACK SUPPORT



| | | |
|----------------------|-----------------------|---|
| Small to Medium | 29-33" / 73.7-83.8cm | ● |
| Large to Extra Large | 34-40" / 86.4-101.6cm | ● |
| One Size Fits All | | ● |

● Essential ● Advanced ● Ultimate ● Custom Fit

Please note: Sizes are for guideline purposes only and may vary slightly.

IO LOGIX



360° stretch prevents slippage and ensures a proper fit



1 LEVEL ESSENTIAL Mild Support & Compression



Ergonomic design to provide mild support & uniform compression



Lightweight, breathable and durable support



Designed for comfort without restricting movement

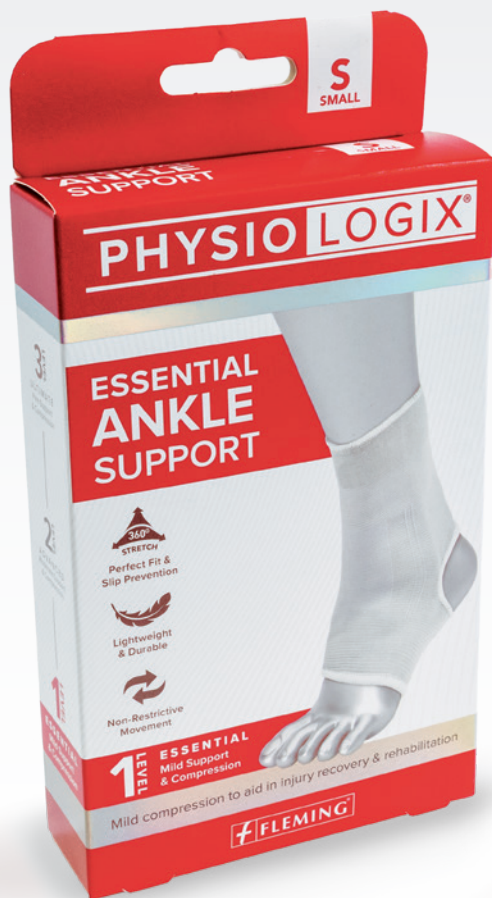
Mild compression to aid in injury recovery & rehabilitation

ESSENTIAL SUPPORT RANGE

PHYSIO LOGIX®

Essential Support Range

The Physiologix Essential Range is designed to deliver light support and maximum comfort without restricting movement.



Essential Ankle Support

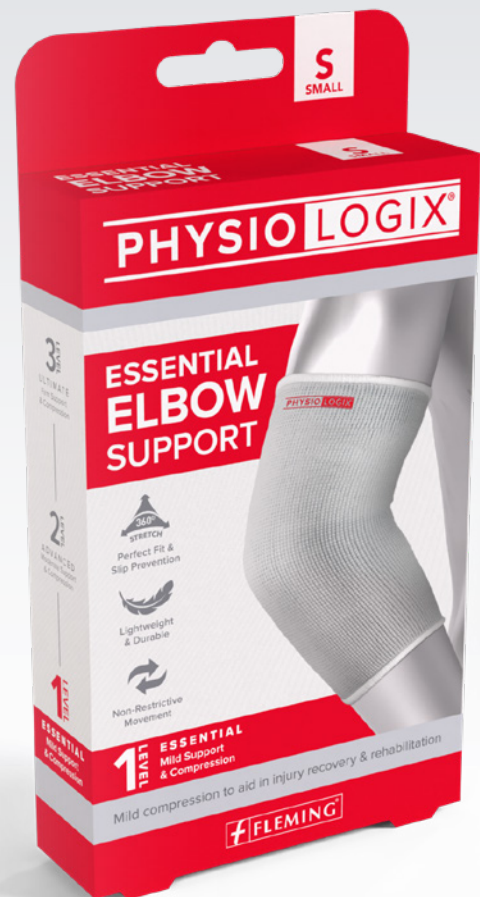
| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX100SM | S (17-20cm) | 1 |
| PX100MD | M (20-23cm) | 1 |
| PX100LG | L (23-25cm) | 1 |
| PX100XL | XL (25-28cm) | 1 |

Essential Knee Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX110SM | S (31-36cm) | 1 |
| PX110MD | M (36-41cm) | 1 |
| PX110LG | L (41-46cm) | 1 |
| PX110XL | XL (46-50cm) | 1 |

PHYSIO LOGIX®

- Enhanced lightweight, breathable, durable stabilizer that provides support whilst helping to prevent re-injury.
- Ergonomic design to provide uniform support and compression.
- 360° Stretch, contour design prevents slippage and ensures a proper fit.
- Re-enforced edges for durability.



Essential Wrist Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX120SM | S (8-13cm) | 1 |
| PX120MD | M (13-20cm) | 1 |
| PX120LG | L (20-25cm) | 1 |
| PX120XL | XL (25-30cm) | 1 |

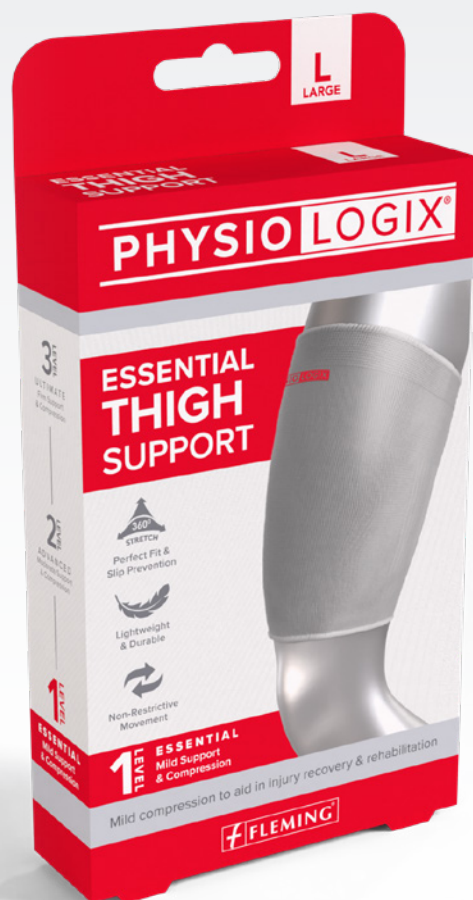
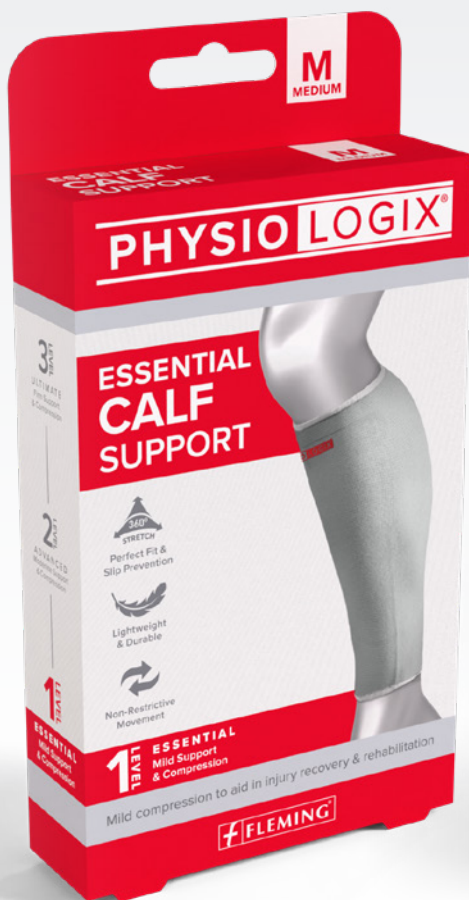
Essential Elbow Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX130SM | S (18-25cm) | 1 |
| PX130MD | M (25-31cm) | 1 |
| PX130LG | L (31-33cm) | 1 |
| PX110XL | XL (46-50cm) | 1 |

PHYSIO LOGIX®

Essential Support Range

The Physiologix Essential Range is designed to deliver light support and maximum comfort without restricting movement.



Essential Calf Support

| CODE | SIZE | ORDER QTY |
|---------|-------------|-----------|
| PX140SM | S (17-28cm) | 1 |
| PX140MD | M (28-41cm) | 1 |
| PX140LG | L (41-51cm) | 1 |

Essential Thigh Support

| CODE | SIZE | ORDER QTY |
|---------|-------------|-----------|
| PX150SM | S (53-58cm) | 1 |
| PX150MD | M (58-64cm) | 1 |
| PX150LG | L (64-69cm) | 1 |



TRILASTIC

3D FABRIC TECHNOLOGY

Trilastic 3D
Fabric Technology for
comfort fit & stretch



2 LEVEL

ADVANCED
Moderate Support
& Compression



Hexagonal cell matrix
compression for injury
recovery & prevention



Silicone beading
for a non-slip fit



Ergonomic design
provides all-day comfort

Moderate compression to aid in injury recovery & rehabilitation

ADVANCED SUPPORT RANGE

PHYSIO LOGIX®

Advanced Support Range

The Physiologix Advanced Range provides moderate support and focussed hexagonal cell matrix compression which aids in injury recovery and prevention.

It uses Trilastic 3D fabric technology to facilitate a comfortable and ergonomic fit.



Advanced Ankle Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX200SM | S (17-20cm) | 1 |
| PX200MD | M (20-23cm) | 1 |
| PX200LG | L (23-25cm) | 1 |
| PX200XL | XL (25-28cm) | 1 |

Advanced Knee Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX210SM | S (31-36cm) | 1 |
| PX210MD | M (36-41cm) | 1 |
| PX210LG | L (41-46cm) | 1 |
| PX210XL | XL (46-50cm) | 1 |

PHYSIO LOGIX®

- Hexagonal cell matrix for targeted compression.
- Silicone beading for placement retention.
- Integrated pull tabs for ease of fit.
- Designed for injury recovery & prevention.
- 3D Fabric technology for comfort fit.



Advanced Wrist Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX220SM | S (8-13cm) | 1 |
| PX220MD | M (13-20cm) | 1 |
| PX220LG | L (20-25cm) | 1 |
| PX220XL | XL (25-30cm) | 1 |

Advanced Elbow Support

| CODE | SIZE | ORDER QTY |
|---------|--------------|-----------|
| PX230SM | S (18-25cm) | 1 |
| PX230MD | M (25-31cm) | 1 |
| PX230LG | L (31-33cm) | 1 |
| PX230XL | XL (33-38cm) | 1 |



MAXIMUM BREATHABILITY

Using Airflex Technology to facilitate faster recovery



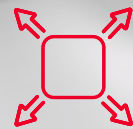
3 LEVEL ULTIMATE FIRM Support & Compression



Contour Fit Design



Breathable Fabric



Uniform pressure to ease pain & discomfort

Firm compression to aid in injury recovery & rehabilitation

ULTIMATE SUPPORT RANGE

PHYSIO LOGIX®



Ultimate Patella Knee Stabiliser - Small to Extra Large

This multi-purpose knee strap uses a combination of upper lower and side compression to combat pain and discomfort in the knee.

- Integrated conforming silicone pads stabilise the patella.
- Discreet design for easy and comfortable wearing throughout the day.
- Recommended for iliotibial band syndrome, runners knee, patella tendonitis, arthritis and quad misalignment.

| CODE | SIZE | ORDER QTY |
|---------|------------------|-----------|
| PX303SM | S (31.8–34.3cm) | 1 |
| PX303MD | M (34.3–36.8cm) | 1 |
| PX303LG | L (36.8–39.4cm) | 1 |
| PX303XL | XL (39.4–41.9cm) | 1 |

Ultimate Jumpers Knee Support - One Size

Designed to improve patellar tracking and elevation by applying mild pressure on the tendon below the kneecap.

- Used to help relieve patellar tendonitis caused by frequent running and jumping.
- Adjustable tension strap provides controlled compression.
- The tubular stay allows for uniform pressure to help ease pain and discomfort.
- Comfort fit for all day wear.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| PX304 | OSFA | 1 |

PHYSIO LOGIX®

Ultimate Knee Support - One Size

Adjustable tension straps on top and bottom offer a varying compression and fit for weak or injured knees.

- Padded double-layer stabilisation around the kneecap.
- Lined with breathable fabric which moves moisture away from your body keeping you cool and comfortable.

| CODE | SIZE | ORDER QTY |
|--------|------|-----------|
| PX3511 | OSFA | 1 |



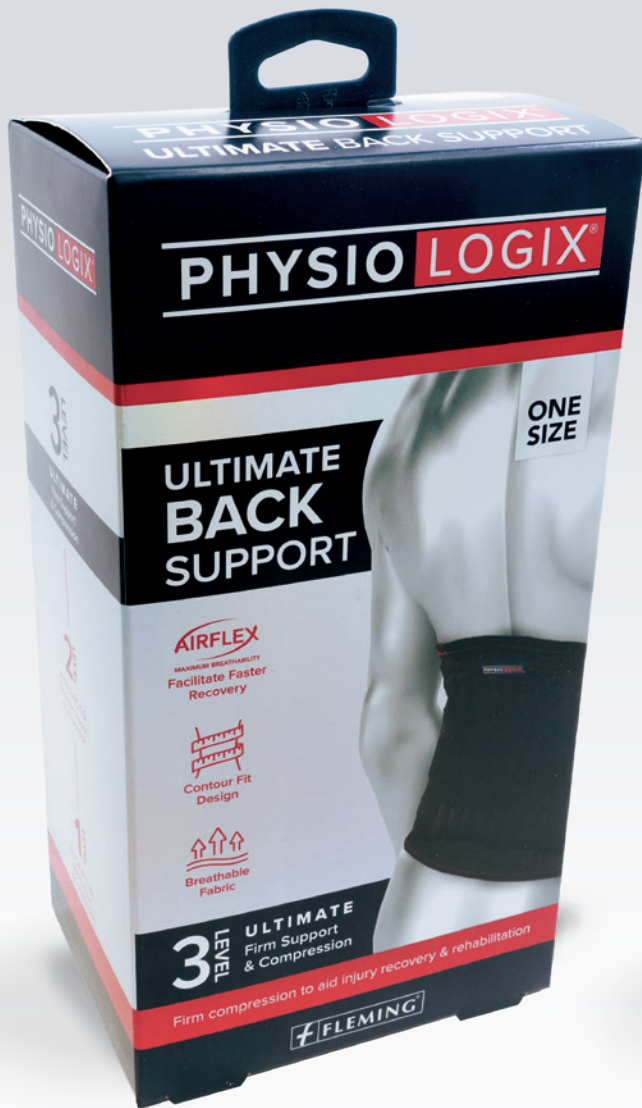
Ultimate Thigh Support - One Size

Adjustable fit with controlled compression for groin injuries and weak or injured quadriceps and hamstrings.

- Adjustable and lightweight design helps you maintain a comfortable full range of motion.
- Lined with breathable fabric which moves moisture away from your body keeping you cool and comfortable.

| CODE | SIZE | ORDER QTY |
|--------|------|-----------|
| PX3520 | OSFA | 1 |

PHYSIO LOGIX®



Ultimate Back Support - One Size

Lightweight, flexible back brace conforms to the anatomical structure of your back offering increased support for back strains, sciatica and more.

- Firm, structured support through the eight flexible steel springs surrounded by a soft foam padding for extra comfort.
- Adjustable tension straps ensure a comfortable fit.

| CODE | SIZE | ORDER QTY |
|--------|------|-----------|
| PX3518 | OSFA | 1 |

Ultimate Shoulder Support - One Size

Can be worn all day for comfort against tendinitis, shoulder instability, shoulder dislocation and arthritis.

- Bilateral and adjustable shoulder support with added pocket for inserting a hot/cold pack.
- Provides a therapeutic treatment for muscle or joint pain without limiting movement.
- Adjustable fit, left or right shoulder.
- Integrated sleeve and underarm strapping for maximum comfort and compression.

| CODE | SIZE | ORDER QTY |
|--------|------|-----------|
| PX3506 | OSFA | 1 |

PHYSIO LOGIX®



Physiologix Ultimate Ankle Support - One Size

Recommended for people recently recovering from or looking to prevent ankle injuries.

- Adjustable bilateral tension straps provide controlled compression.
- Increased comfort for wearability throughout the day.
- Sectional design provides an adjustable fit.

| CODE | SIZE | ORDER QTY | S.R.P. |
|-------|------|-----------|--------|
| PX301 | OSFA | 1 | £21.45 |



Physiologix Ultimate Multi-Wrap Support - One Size

This lightweight, durable and super stretchy support is designed for use on multiple body parts.

- Durable and reusable, this wrap helps reduce muscle strain while maintaining elasticity for long-term use.
- Provides compression and support ideal for smaller body parts such as wrists, elbows and ankles.

| CODE | SIZE | ORDER QTY | S.R.P. |
|--------|------|-----------|--------|
| PX3523 | OSFA | 1 | £9.75 |

PHYSIO LOGIX®



Physiologix Ultimate Wrist Support - One Size

Relieves pain and inflammation whilst giving freedom of movement for the thumb and fingers.

- Recommended for sprained, stiff or weak wrists.
- The wraparound strap helps provide extra support and compression to ease pain and discomfort in the wrist.
- The fully adjustable support allows for a comfortable and secure fit.

| CODE | SIZE | ORDER QTY | S.R.P. |
|-------|------|-----------|--------|
| PX305 | OSFA | 1 | £13.95 |

Physiologix Ultimate Thumb Stabiliser - One Size

Designed for use on soft tissue injuries, ligament strains, gamekeeper's thumb, osteoarthritis, and degenerative joint disease.

- Adjustable tabs and wraparound tension straps allow for a comfortable and secure fit.
- The strong removable splint provides firm support and stability to help ease pressure on the injured joint.
- Long thumb strap that can be fastened around the top or base of the thumb for additional joint stability.

| CODE | SIZE | ORDER QTY | S.R.P. |
|-------|------|-----------|--------|
| PX307 | OSFA | 1 | £18.95 |

PHYSIO LOGIX®



Ultimate Carpal Tunnel Brace - One Size

Helps relieve pain associated with Carpal Tunnel Syndrome. Adjustable tabs and wraparound tension straps allow for a comfortable and secure fit.

- Also suitable for arthritis, tendonitis, repetitive strain injury and sprains.
- The strong removable splint provides firm support and stability to help ease pressure on injured joints.
- Suitable for both right and left hand.

| CODE | SIZE | ORDER QTY | S.R.P. |
|--------|------|-----------|--------|
| PX3515 | OSFA | 1 | £21.55 |



Ultimate Carpal Tunnel Brace - One Size (Right or Left Hand)

Helps relieve pain associated with Carpal Tunnel Syndrome. Also suitable for arthritis, tendonitis, repetitive strain injury and sprains.

- Splint provides rigid support whilst allowing full range of movement for the fingers and thumbs.
- Additional strapping to customise compression and support.
- Left and right hand-specific.
- One size fits all.

| CODE | SIZE | ORDER QTY | S.R.P. |
|--------|--------------|-----------|--------|
| PX306L | OSFA - Left | 1 | £21.45 |
| PX306R | OSFA - Right | 1 | £21.45 |

PHYSIO LOGIX®



Ultimate Tennis Elbow Support - One Size

Designed to provide targeted relief for forearm pain associated with repetitive strain injuries like tennis or golf elbow.

- The silicone pad allows for uniform pressure to help ease pain and discomfort.
- Hook and loop fastener offers controlled compression and secure fit.
- Helps reduce risk of further injury.

| CODE | SIZE | ORDER QTY | S.R.P. |
|-------|------|-----------|--------|
| PX308 | OSFA | 1 | £21.45 |

Ultimate Elbow Support - One Size

Comfortable elbow support that helps protect and support sore, weak, or injured elbows without restricting movement.

- Adjustable tension straps provide controlled compression.
- Lined with breathable fabric which moves moisture away from your body keeping you cool and comfortable.
- The contoured design minimises bunching behind the elbow for comfortable all day support.

| CODE | SIZE | ORDER QTY | S.R.P. |
|--------|------|-----------|--------|
| PX3519 | OSFA | 1 | £13.35 |

PHYSIO LOGIX®



Custom Fit Athletic Supporter

The Physiologix Custom Fit Athletic Supporter is specially developed to prevent injury and provide support.

- Absorbs impact to help prevent injury during sports activities and provides support post-surgery.
- Featuring a durable three-inch comfort waistband that maintains elasticity and shape, even after repeated washes.
- Full-cut pouch and one-inch elastic leg straps.

| CODE | SIZE | ORDER QTY | S.R.P. |
|----------|----------------|-----------|--------|
| PXC507MD | M (81-96cm) | 1 | £9.35 |
| PXC507LG | L (96-111cm) | 1 | £9.35 |
| PXC507XL | XL (111-127cm) | 1 | £9.35 |



Adult and Junior Mouthguard

The Medicare Physiologix Mouthguards provide maximum protection for teeth, jaw and gums.

- Boil and bite custom mouldable fit.
- Heavy duty rubber frame.
- Double layer design for maximum teeth and jaw protection.
- Air cushion for maximum comfort.
- Suitable for all contact sports.
- Adult Mouthguard suitable for 12 years to adult.
- Junior Mouthguard suitable up to 11 years.

| CODE | SIZE | ORDER QTY | S.R.P. |
|-------|--------|-----------|--------|
| MD537 | Adult | 3 | £7.45 |
| MD538 | Junior | 3 | £7.45 |



PHYSIO LOGIX® Sports Tapes

Supporting Injury Recovery & Prevention

Our Sports Tapes range includes a variety of tapes offering different levels of compression. From kinesiology tape for light compression to professional sports tape, cohesive wraps, and zinc oxide tape for firmer support, these products provide effective injury prevention and recovery solutions for all levels of activity.



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Scan QR Code to visit: [FLEMINGMEDICAL.CO.UK/pharmacy/sports-tapes/](https://www.flemingmedical.co.uk/pharmacy/sports-tapes/)

PHYSIO LOGIX®

Taping Range

Strapping Tapes for Sprains, Strains & Sport



**KINESIOLOGY
TAPE**

**LIGHT
COMPRESSION**

- Muscle Support.
- Rehabilitation.
- Posture correction.



**PROFESSIONAL
TAPE**

**MODERATE-FIRM
COMPRESSION**

- Joint stabilisation.
- Ankle & wrist taping.
- Injury prevention.



**COHESIVE
TAPE**

**MODERATE
COMPRESSION**

- Swelling control.
- Dressing support.
- Pitch-side use.



**ZINC OXIDE
TAPE**

**FIRM
COMPRESSION**

- Rigid strapping.
- Chronic instability.
- Contact sports.



Physiologix Pre-Taping Foam Underwrap

Use under tapes for added comfort to prevent skin chafing and for painless tape removal.

- Soft breathable and comfortable.
- Non-adhesive.
- Good tensile strength with high elasticity.

Base Layer

Skin Protection
& Comfort

| CODE | SIZE | ORDER QTY |
|-------|-----------|-----------|
| MD763 | 7cm x 27m | 16 |



KINESIOLOGY TAPE
LIGHT COMPRESSION

Most Suitable Use Cases:

Muscle activation and recovery, posture correction, rehab support, swelling management without restricting movement, sports performance taping.



*Elastic,
dynamic tape*

Physiologix Kinesiology Tapes

Designed to provide support, lessen pain, reduce swelling, improve circulation and strengthen range of motion during sporting activities all without restricting movement.

- Suitable for hands, feet, legs and shoulders.
- Light compression and support.
- Highly elastic with medium adhesion.
- Latex-free and breathable.
- Sweat-resistant.
- Available in 4 colours (black, beige, blue, pink).

**Muscle
Facilitation
& Movement
Support**

| CODE | COLOUR | SIZE | ORDER QTY |
|-------|--------|----------|-----------|
| MD590 | Pink | 5cm x 5m | 3 |
| MD591 | Blue | 5cm x 5m | 3 |
| MD592 | Beige | 5cm x 5m | 3 |
| MD593 | Black | 5cm x 5m | 3 |



PROFESSIONAL TAPE

MODERATE-FIRM
COMPRESSION

Most Suitable Use Cases:

Ankle and wrist stabilisation, thumb/finger strapping, injury prevention, limiting excessive joint movement, return-to-play support.



↖ Rigid
strapping tape

Physiologix Professional Sports Tape

A medium stretch tape provides varied compression, while at the same time allowing comfort and freedom. The varied compression helps support an injured muscle/joint.

- Stretch material with medium adhesion.
- Flexible movement.
- Sticks to skin and itself.
- Easy to tear, no need for scissors.

| CODE | COLOUR | SIZE | ORDER QTY |
|-------|--------|------------|-----------|
| PX401 | White | 5cm x 5m | 3 |
| PX402 | White | 7.5cm x 5m | 3 |
| PX403 | White | 10cm x 5m | 3 |
| PX405 | Beige | 5cm x 5m | 3 |
| PX417 | Black | 5cm x 5m | 3 |
| PX418 | Black | 7.5cm x 5m | 3 |
| PX419 | Black | 10cm x 5m | 3 |

Joint
Stabilisation



COHESIVE TAPE

**MODERATE
COMPRESSION**

Most Suitable Use Cases:

Swelling reduction, securing dressings/pads, quick pitch-side support, temporary stabilisation, first aid use.



Self-adhesive elastic wrap

Physiologix Cohesive Wrap

This highly elastic tape is unique in the fact that it sticks to itself but not to your skin or hair.

- Medium to firm compression and support.
- Durable, reusable and breathable.
- Medium adhesion with woven material that allows it to stretch up to double its length.
- Self-adhesive.
- Easy to unroll and use.
- Sweat proof and water resistant.



| CODE | COLOUR | SIZE | ORDER QTY |
|-------|--------|--------------|-----------|
| PX525 | Blue | 7.5cm x 4.5m | 3 |
| PX526 | Red | 7.5cm x 4.5m | 3 |
| PX527 | Blue | 10cm x 4.5m | 3 |
| PX528 | Red | 10cm x 4.5m | 3 |



ZINC OXIDE TAPE

FIRM COMPRESSION

Most Suitable Use Cases:

Heavy-duty ankle strapping, chronic joint instability, high-impact sports protection, injury prevention, tournament-level support.



*Rigid
zinc oxide tape*

Physiologix Zinc Oxide Tape

Highly rigid tape used to support joints by limiting movement. Suitable for high contact sports like rugby as it is heavy duty and remains intact for sustained periods of time.

- Firm compression and support.
- Rigid material with high adhesion.
- Restricted movement.
- Easy to tear, no need for scissors.
- Designed to tolerate humid environments and friction.
- Ideal for limiting movement in injured joints and assists in preventing injury.

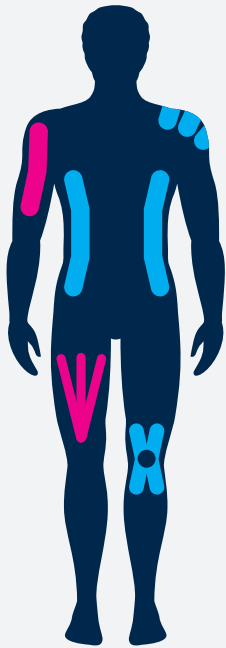
| CODE | COLOUR | SIZE | ORDER QTY |
|-------|--------|-------------|-----------|
| PX501 | White | 2.5cm x 10m | 3 |
| PX520 | White | 3.8cm x 10m | 3 |
| PX502 | White | 5cm x 10m | 3 |
| PX503 | White | 7.5cm x 10m | 3 |
| PX506 | Beige | 2.5cm x 10m | 3 |
| PX523 | Beige | 3.8cm x 10m | 3 |
| PX507 | Beige | 5cm x 10m | 3 |
| PX508 | Beige | 7.5cm x 10m | 3 |



Comparison Sheet - Strapping Tapes for Sprains, Strains and Sports

| | | | |
|---|--|--|---|
|  |  |  |  |
| Kinesiology Tape | Professional Sports Tape | Cohesive Stretch Tape | Zinc Oxide Tape |
| MD590 - MD593 | PX400 - PX419 | PX525 - PX528 | PX500 - PX524 |
| Best Used For: | | | |
| <p>To support to muscles, reduce pain and swelling and improves circulation.</p> <p>Can be used in sports such as CrossFit, cycling and athletics.</p> <p>To support both injury recovery and prevention.</p> <p>Offers support without restricting movement.</p> | <p>To compress an injured muscle or joint or provide support to an injured area.</p> <p>For securing ice packs and dressings.</p> <p>To support both injury recovery and prevention.</p> <p>Offers support without restricting movement.</p> | <p>The treatment of sprains or strains and can also be used to hold ice packs in place as well as dressings.</p> <p>Durable, reusable and breathable stretch tape.</p> <p>Woven material allows the tape to stretch up to double its length.</p> <p>This tape sticks to itself but not to your skin or hair.</p> | <p>To significantly reduce the risks of injury as they keep muscles in a stable position.</p> <p>Recovery: The firm compression increases blood flow to the affected area. This reduces swelling and eases pain.</p> <p>Can be used in high contact sports such as rugby as it is heavy duty and durable.</p> |
| Can be worn for up to 4 days. | Wear time varies on activity level, skin type, and external factors like water exposure and humidity. | Easy to unroll and use. Can be reused a number of times if unwound carefully. | Can be worn for sustained periods of time. |
| Material Features: | | | |
| Light Compression | Medium-Firm Compression | Medium-Firm Compression | Firm Compression |
| Material: Highly Elastic | Material: Elastic | Material: Elastic | Material: Rigid |
| Adhesion: Low-Medium | Adhesion: Medium | Adhesion: Self-adhesive | Adhesion: High |
| Movement: Highly Flexible | Movement: Flexible | Movement: Flexible | Movement: Restricted |
| Latex free. | Easy to tear, no need for scissors. | Tearable: no need for scissors. | Easy to apply, tears without the need for scissors. |
| Breathable and water resistant. | Breathable. | Sweat proof and water resistant. | Designed to tolerate humid environments and friction. |
| Colours: | | | |
| Blue, Beige, Black and Pink | Black, White and Beige | Blue and Red | Beige and White |
| Sizing: | | | |
| 5cm x 5m | 5cm x 5m | 7.5cm x 4.5m | 2.5cm x 10m |
| | 7.5cm x 5m | 10cm x 4.5m | 3.8cm x 10m |
| | 10cm x 5m | | 5cm x 10m |
| | | | 7.5cm x 10m |

How to Use Kinesiology Tape...



How Kinesiology Tape Works

Kinesiology Tape recruits blood vessels in a way that helps place blood flow where the tape is applied.

It increases oxygen and decreases inflammation and swelling.

Kinesiology Tape Application



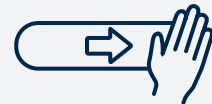
Clean any oils or lotions from the area



Trim excess hair for better adhesion



Avoid stretching the ends of the tape



After applying, firmly rub the tape to activate adhesion

Types of Kinesiology Tape Cuts

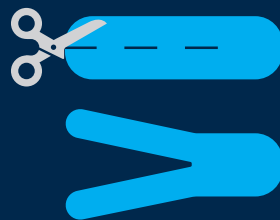
I - Strip

It's one long piece of tape that you can cut to size.



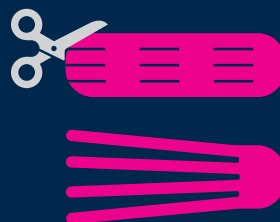
Y - Strip

This has one long vertical cut dissecting it, that runs up to the middle section of the strip.



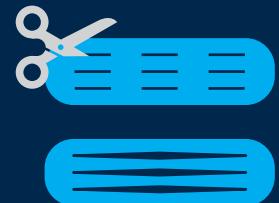
Fan - Strip

This is achieved by criss-crossing I-Strips and can be more effective when repeating this multiple of times.



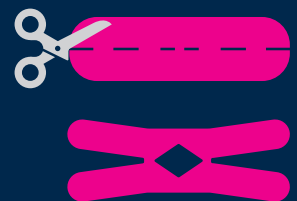
Web - Strip

The web-cut has its ends intact, unlike the fan cut. This needs to be cut from the inside the edge of the tape to keep it intact.



X - Strip

This method is formed by two strips and making a long vertical cut in both ends of each strip.



NOTE: With all taping styles, the corners should always be neatly rounded off with a pair of scissors.



Hot & Cold Therapy

Solutions for Relief and Recovery

Our range of hot & cold sport therapy products include single use and reusable hot packs, ice packs and combination hot/cold packs. Great for effective relief from muscular aches and pains, joint stiffness, backache, sprains and strains, swelling and minor injuries.



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@Medicarefirstaid



@Medicarefirstaid



Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/hot-and-cold-therapy



Medicare Wrist Therapy Brace

- Reversible for use on both left and right hand.
- Use for carpal tunnel, strains, sprains, arthritis or tendonitis.
- Easy adjustable application.
- Removable splint for customised support.

| CODE | ORDER QTY |
|-------|-----------|
| MD482 | 6 |



Medicare Reusable Hot/Cold Therapy Pack

Medicare Reusable Hot and Cold Therapy Pack combines the therapeutic power of both Hot and Cold therapy.

- Provides relief from everyday aches and pains in a soft, flexible, drip-free pack.
- Non-toxic and reusable.
- Size: 13cm x 26.5cm.

| CODE | ORDER QTY |
|-------|-----------|
| MD605 | 1 |



Medicare Instant Ice Pack

Relieves pain from sprains, strains and minor injuries.

- Single use only.
- Fast relief from sprains, swelling, headaches and minor injuries.
- No freezing required.
- Instant cold.

| CODE | ORDER QTY |
|-------|-----------|
| MD600 | 10 |



Medicare Reusable Hot/Cold Pack

Recover faster with the natural healing power of hot and cold therapy.

- Heat Therapy: For effective relief from muscular aches and pains, joint stiffness, backache, strains and sprains.
- Cold Therapy: For fast relief from sprains, strains, bruises and swelling, headaches and minor injuries.
- Reusable.

| CODE | ORDER QTY |
|-------|-----------|
| MD602 | 10 |



Medicare Air Activated Heat Patch

Effective and targeted relief of minor muscular and joint aches associated with overexertion, strains, sprains, and arthritis.

- Delivers up to 8 hours of heat, for deep muscle relaxation.
- Size: 9cm x 29.5cm.
- Ultra thin.
- Heats up quickly.
- Odourless.
- Can be applied to shoulder, neck, knee, wrist or back.

| CODE | PACK SIZE | ORDER QTY |
|-------|-----------|-----------|
| MD548 | 5 Packs | 3 |



Medicare Ice Spray

Our Medicare Ice Spray is a cooling spray for the relief of pain after sports injuries and contusions. This quick and easy to use Ice Spray is the perfect size to fit into your first aid kit.

- Medicare Ice Spray for sporting injuries, swollen areas or joint stiffness.
- Non-medicated cooling propellant has an instant cooling effect to give temporary relief.
- Can be used in conjunction with cold pack therapy.
- Treatment can be repeated if necessary.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| IMP01 | 200ml | 10 |



Medicare Ice Gel 150ml

An easily absorbed gel that contains camphor and menthol which help to increase local blood flow whilst having a cooling refreshing effect on the skin.

- Ideal for use after sports activities or strenuous work for skin care and massage purposes.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD357 | 150ml | 6 |



Home Healthcare

Supporting Your Daily Life

Our Home Healthcare range offers a variety of practical solutions to support everyday health and well-being. Offering high-quality products that promote comfort, independence, and effective care, this range addresses a variety of home healthcare needs.



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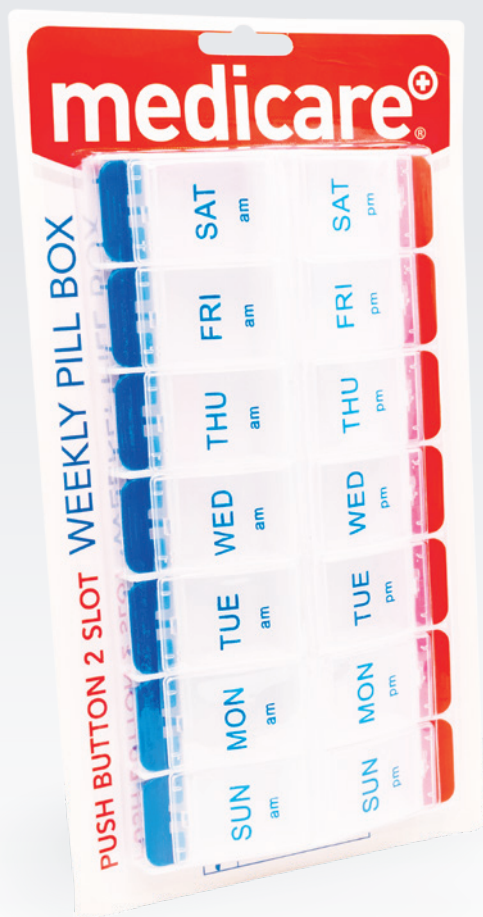
@Medicarefirstaid



@Medicarefirstaid



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Medicare Push Button 2 Slot Weekly Pill Box

The Push Button Weekly Pill Box takes the hassle out of medication management with its convenient one-touch design.

- **Effortless Access:** A simple push of a button lifts the lid for easy retrieval.
- **Accessible Design:** Braille labelling for the visually impaired.
- **Spacious Storage:** Large compartments hold all types of medication.
- **Smart Design:** Rounded compartment bases make pill retrieval effortless.

| CODE | ORDER QTY |
|---------|-----------|
| MD67585 | 6 |



Medicare Large Pop-Out Weekly Pill Organiser

The Medicare Large Pop-Out Weekly Pill Organiser is the perfect medication compliance tool. It features removable daily pill boxes labelled for morning, noon, evening and bedtime. A great solution for short trips from home.

- Pop-out daily pill boxes for on-the-go convenience.
- 4-times-a-day organisation ensure you never miss a dose.
- 7-day layout helps you plan medications for the entire week.
- This pill box is ideal for family members who want to plan their loved ones medication.

| CODE | ORDER QTY |
|----------|-----------|
| MD400407 | 3 |



Medicare Small Pop-Out Weekly Pill Organiser

The unique feature of the Medicare Weekly Pill Organiser is that the individual days are removable, making it possible to take the days needed during a short trip away from home.

- Seven removable daily compartments for travelling.
- Spring loaded compartments for easy access.
- Durable.
- Curved bottom for easy pill removal.
- Compartments are translucent so that patients don't have to open the compartments to be sure that they remembered to take their medication.
- This pill box is ideal for family members who want to plan their loved ones medication.

| CODE | ORDER QTY |
|---------|-----------|
| MD128BW | 3 |



Medicare Large 2 Slot Weekly Pill Box

The Large 2 Slot Weekly Pill Box makes it easier than ever to remember your daily medication.

- **Lightweight & Durable:** Made from sturdy yet lightweight plastic for everyday use.
- **Accessible Design:** Braille labelling for the visually impaired.
- **Secure & Reliable:** Snap-shut lids keep your pills safe and prevent spills.
- **Easy Access:** Smooth interior design allows pills to slide out effortlessly.
- 14 individual compartments conveniently imprinted with the day of the week and AM or PM.

| CODE | ORDER QTY |
|---------|-----------|
| MD67375 | 6 |



Medicare Push Button 1 Slot Weekly Pill Box

The Push Button Weekly Pill Box takes the hassle out of medication management with its convenient one-touch design.

- One Compartment per day.
- Easy open, pop-up cover.
- Braille labelling.
- Large compartments hold all types of medication.
- Smart Design: Rounded compartment bases make pill retrieval effortless.

| CODE | ORDER QTY |
|---------|-----------|
| MD67577 | 6 |

Medicare Small 1 Slot Weekly Pill Box

Durable, raised letters and braille markings for the sight-impaired

- Sturdy hinges and easy-open lids with lips for gripping.
- Travel-Friendly: Compact and lightweight, perfect for your handbag or travel bag.
- Lids click securely closed.
- Easy Access: Smooth interior design allows pills to slide out effortlessly.
- Clear & Visible: Transparent compartments make it easy to see your medications at a glance.
- Lightweight & Durable: Made from sturdy yet lightweight plastic for everyday use.

| CODE | ORDER QTY |
|--------|-----------|
| MD100B | 6 |



Medicare Large 1 Slot Weekly Pill Box

Make medication management simple with our Weekly Pill Box, designed for convenience, organisation, and ease of use.

- **Easy Access:** Smooth interior design allows pills to slide out effortlessly.
- **Clear & Visible:** Transparent compartments make it easy to see your medications at a glance.
- **Accessible Design:** Braille labelling for the visually impaired.
- **Travel-Friendly:** Compact and lightweight, perfect for your handbag or travel bag.

| CODE | ORDER QTY |
|--------|-----------|
| MD300B | 6 |



Medicare Round Weekly Pill Box

Stay on top of your daily medication and vitamins with our Round Weekly Pill Container, designed for convenience and ease of use.

- **Plan Ahead:** Seven compartments help you organise a full week's dosage.
- **Spacious Storage:** Each compartment is large enough to hold multiple pills.
- **Compact & Portable:** The round design fits effortlessly into your purse or bag.
- **Secure & Reliable:** Snap-shut lids keep your pills safe and secure.

| CODE | ORDER QTY |
|--------|-----------|
| MD104C | 6 |



Medicare Small 2 Slot Daily Pill Box

Make managing your daily medication simple with our daily 2 slot pill box, designed for convenience, security, and ease of use.

- **Dual Compartment:** Two spacious sections hold all your daily medications or vitamins.
- **Clear & Visible:** Transparent compartments make it easy to see your medications at a glance.
- **Easy Access:** Smooth interior design allows pills to slide out effortlessly.
- **Travel-Friendly:** Compact and lightweight, perfect for your handbag or travel bag.

| CODE | ORDER QTY |
|---------|-----------|
| MD67433 | 6 |



Medicare Pill Splitter & Crusher

Medicare Pill Splitter & Crusher is a handy all-in-one tool with a stainless steel blade in the lid for splitting pills.

- Stainless steel blade in the lid for splitting pills.
- Built-in pill storage area.
- Middle section serves as a drinking cup.

| CODE | ORDER QTY |
|----------|-----------|
| MD400087 | 3 |



Medicare Pill Splitter

Split and store pills with our easy-to-use device.

- Splits any size pill, tablet or vitamin.
- Extra pill storage for home or travel.
- Stainless steel blade splits pills with ease.

| CODE | ORDER QTY |
|---------|-----------|
| MDPS12E | 3 |



5ml Essential Dispensing Purple Oral Syringe

- Individually contained in sterile packaging.

| CODE | ORDER QTY |
|-------|-----------|
| MD198 | 50 |



Medicare Adjustable Adult Arm Sling

Adjustable arm sling provides general arm support and restricts movement to assist in healing sore or injured arms and elbows.

- Keeps the shoulder still and supported, which helps to relieve shoulder pain and encourages healing sore or injured arms and elbows.
- Helps relieve pain and helps prevent re-injury.
- Adjustable padded shoulder strap allows for a custom, comfortable fit.
- Adjustable, one size fits all, fits left or right arm.

| CODE | SIZE | ORDER QTY |
|-------|--------------|-----------|
| MD521 | Adult - OSFA | 1 |

Medicare Adjustable Junior Arm Sling

Medicare Adjustable Junior Size Arm Sling is designed specifically for children. It provides general arm support and restricts movement.

- Helps relieve pain and helps prevent re-injury.
- Adjustable shoulder strap with pad allows for a custom, comfortable fit.
- Supports left or right arm.
- One size suitable for children of all ages.

| CODE | SIZE | ORDER QTY |
|-------|---------------|-----------|
| MD524 | Junior - OSFA | 1 |



Medicare Waist Slimmer Belt

The flexible neoprene material retains body heat and increases blood circulation to your abdominal muscles, which may contribute to weight loss as you exercise.

- Comfortable, supportive and adjustable.
- Fits to the contours of your body.
- Keeps muscles warm and limber.
- Suitable for everyday use for men and women.
- May relieve pain, swelling and stiffness.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| MD539 | OSFA | 1 |



Medicare Adjustable Hernia Aid

Medicare Hernia Aid provides maximum support and comfort for reducible inguinal hernia.

- Flexible front panel fits the contours of the body and can be worn under clothing.
- Adjustable soft knitted elastic leg straps and belt hold the support firmly in place without restricting body movement.
- Removable velcro right and left support pads provide gentle gradual pressure to help inguinal hernias.
- Suitable for both men and women.

| CODE | SIZE | ORDER QTY |
|---------|----------------|-----------|
| MD540SM | S (76-90cm) | 1 |
| MD540MD | M (90-104cm) | 1 |
| MD540LG | L (104-117cm) | 1 |
| MD540XL | XL (117-130cm) | 1 |



Sizing Tip

Measure around the middle of your hips for your size.

Please Note: Sizes are for guideline purposes only and may vary slightly.



Medicare Tubular Support

Medicare Tubular Support Bandage offers effective treatment for soft tissue injuries, sprains and strains.

- Easy to use and stays in place - continuous even support provided.
- No need for pins, clips or tapes.
- Can be re-applied when needed.
- Comfortable to wear, fully washable.
- Allows complete freedom of movement.

| CODE | SIZE | ORDER QTY |
|------|-----------------|-----------|
| BV08 | A - 4.5cm x 1m | 1 |
| BV09 | B - 6.25cm x 1m | 1 |
| BV10 | C - 6.75cm x 1m | 1 |
| BV11 | D - 7.5cm x 1m | 1 |
| BV12 | E - 8.75cm x 1m | 1 |
| BV13 | F - 10cm x 1m | 1 |
| BV14 | G - 12cm x 1m | 1 |



Medicare Shower Sleeve

Medicare Shower Sleeve covers dressings and casts and keeps injuries dry.

- For the protection of cuts, burns, abrasions, post-surgical incisions, casts, IV's & PICC lines.
- Suitable for use on hand/foot/arm/knee and leg.
- Washable and reusable.
- Latex-free.

| CODE | SIZE | ORDER QTY |
|----------|------|-----------|
| MD400609 | OSFA | 1 |



Medicare Daily Diabetic Organiser

Medicare Daily Diabetic Organiser keeps your insulin cool for hours while travelling or going about your day to day activities.

- Keeps your insulin cool for hours.
- Transports all your diabetic supplies.
- Includes refreezable gel pack that stays cool for hours.
- Padded protective pockets.
- Secure storage for vials, pens and supplies.

| CODE | ORDER QTY |
|-------|-----------|
| MD118 | 10 |

DIABETIC
SUPPLIES
NOT INCLUDED

REUSABLE ICE
PACKS ARE
INCLUDED



DIABETIC
SUPPLIES
NOT INCLUDED

Medicare Insulin Pen Travel Wallet

Medicare Insulin Pen Travel Wallet keeps insulin pens and bottles at correct temperature without refrigeration.

- Ideal for people travelling and on the move.
- Patented fabric technology keeps insulin cool using evaporation.
- Keeps insulin lower than 2 degrees below room temperature.
- Activates with tap water in just 40 seconds.
- Can be re-activated hundreds of times.

| CODE | ORDER QTY |
|-------|-----------|
| MD117 | 1 |



SINOCARE Safe AQ max III Lancets (50 packs)

Sinocare AQ Max III lancets are single-use sterile needles used for drawing blood samples with a lancing device for blood glucose monitoring.

They are designed for use with the Sinocare Safe AQ Max III glucose meter and other compatible lancing devices, and are available for purchase separately or in sets with other monitoring supplies.

- **Single-use:** Each lancet is sterile and designed for a single use to ensure hygiene and safety.
- **Compatibility:** The lancets are specifically made for use with Sinocare Safe AQ Max III glucose monitors and related lancing devices.
- **Ease of use:** The process involves inserting the lancet into the lancing device, adjusting the depth setting, and then pressing the button to draw blood.
- **Sterile:** The lancets are sterile, and their protective cap should be twisted off and discarded just before use.

| CODE | ORDER QTY |
|-------|-----------|
| MD654 | 1 |

SINOCARE Safe AQ max III Blood Glucose Test strips (50 packs)

Keep your blood sugar under control with confidence. Sinocare Blood Glucose Test Strips offer a fast, reliable and hassle-free way to monitor glucose levels from the comfort of your home.

- **Quick & low-volume sampling:** The strips require only a tiny drop of blood (0.6 µL) for a test result, making testing less painful and more convenient.
- **Fast results:** Get accurate glucose readings in about 5–10 seconds after testing, making it ideal for regular blood-sugar checks without long waits.

| CODE | ORDER QTY |
|-------|-----------|
| MD655 | 1 |





Medicare Cotton Gloves

Natural cotton all-purpose glove.

- Assist in absorption of creams and ointments.
- Comfortable and soft.
- Use under rubber gloves for wet work.
- For cleaning tasks to avoid fingerprints.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|---------|------|-----------|-----------|
| MD630SM | SM | 10 Packs | 1 Pair |
| MD630MD | MD | 10 Packs | 1 Pair |
| MD630LG | LG | 10 Packs | 1 Pair |



Medicare Cotton Wool Roll

- 100% pure hospital quality cotton wool.
- Interleaved making the rolls easy to start.

| CODE | SIZE | ORDER QTY |
|------|------|-----------|
| MD81 | 100g | 3 |
| MD83 | 500g | 3 |



Medicare Copper Bracelets

A drug-free, non-invasive solution for enhancing health and well-being. Medicare Copper Bracelets use the natural benefits of magnetism. Magnetism is believed to help improve blood circulation by balancing the ions within the blood.

| CODE | DESCRIPTION | ORDER QTY |
|----------|------------------------------|-----------|
| MDCOPP01 | Plain with 2 Magnets - SM | 1 |
| MDCOPP02 | Plain with 2 Magnets - LG | 1 |
| MDCOPP03 | Plain with 6 Magnets - SM | 1 |
| MDCOPP04 | Plain with 6 Magnets - LG | 1 |
| MDCOPP05 | Bio Bangle - SM | 1 |
| MDCOPP06 | Bio Bangle - MD | 1 |
| MDCOPP07 | Bevelled with 2 Magnets - SM | 1 |
| MDCOPP08 | Bevelled with 2 Magnets - LG | 1 |



Savex Lip Balm Jar 25oz

- Savex Original Lip Balm Jar for chapped lips.
- Moisturises, soothes and protects dry and chapped lips.
- Sealed cap for safety and hygiene.
- Contains: Menthol, Camphor, Salicylic Acid in a Lanolin wax base.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| SAV02 | 25oz | 12 |



Savex Lip Balm Stick 15oz

- Savex Original Lip Balm Stick for chapped lips.
- Moisturises, soothes and protects dry and chapped lips.
- Sealed cap for safety and hygiene.
- Contains: Menthol, Camphor, Salicylic Acid in a Lanolin wax base.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| SAV03 | 15oz | 12 |



Savex Cherry Lip Balm Jar

- Savex Cherry Lip Balm Jar for chapped lips.
- Moisturises, soothes and protects dry and chapped lips.
- Sealed cap for safety and hygiene.
- Contains: Menthol, Camphor, Salicylic Acid in a Lanolin wax base.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| SAV04 | 25oz | 12 |
| SAV10 | 15oz | 24 |



Savex Lip Balm Peppermint Stick 15oz

- Savex Original Lip Balm Stick for chapped lips.
- Moisturises, soothes and protects dry and chapped lips.
- Sealed cap for safety and hygiene.
- Contains: Menthol, Camphor, Salicylic Acid in a Lanolin wax base.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| SAV09 | 15oz | 24 |



First Aid For Feet

One Step Ahead - Prevent, Protect, Perform

Medicare's range of quality footcare products incorporate the latest technology to treat ailments that impede on everyday life. Our footcare range can help you stay one step ahead of corns, calluses, bunions, blisters and much more.



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Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/footcare



Alleviates metatarsal pain, corns, calluses and more



Medicare Metatarsal Gel Sleeve

Medicare Metatarsal Sleeves provide targeted relief for metatarsalgia, corns, calluses, sesamoiditis, and other foot issues by offering metatarsal support and soft cushioning.

The fabric-covered gel helps alleviate pain, prevent blisters, and reduce pressure on the balls of your feet. The ultra-thin, breathable design can be worn with or without shoes, and the toe-fastening feature keeps the sleeve securely in place.

- 2 x Metatarsal Gel Sleeves.
- Unique Biogel® formation to suit all foot shapes.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD598S | 1 | 1 |
| MD598L | 1 | 1 |



Alleviates pain and applies support for plantar fasciitis



Medicare Gel Arch Wrap

The Medicare Gel Arch Wrap is designed to provide targeted relief for those suffering from foot discomfort, including plantar fasciitis, flat arches, and cavus foot.

The shock-absorbing Biogel® reduces pressure and alleviates pain by supporting the arch. The wrap is made with soft, breathable fabric for comfort and includes mineral oils and skin-care ingredients to moisturise the skin.

- 1 x Gel Arch Wrap.
- Unique Biogel® formation to suit all foot shapes.

| CODE | ORDER QTY | PACK SIZE |
|----------|-----------|-----------|
| MD599SM | 1 | 1 |
| MD599LXL | 1 | 1 |



Corrects curled toes, bunions and supports toe fractures



Medicare Hammer Toe Support

Medicare Hammer Toe Supports provide targeted relief and correction for a range of toe conditions, including curled toes, fractures, bunions, and hammer toe.

Designed with a soft, gel cushion containing mineral oil, these supports help reduce friction and pressure caused by dropped or misaligned toes.

- 2 x Hammer Toe Supports.
- Unique Biogel® formation eases pressure and friction.

| CODE | ORDER QTY | PACK SIZE |
|---------|-----------|-----------|
| MD5651S | 1 | 1 |
| MD5651M | 1 | 1 |
| MD5651L | 1 | 1 |



Reduces pressure on the toes and metatarsals



Medicare Gel Toe Crests

The Medicare Gel Toe Crests are expertly designed to provide effective support and relief for curled toes and hammer toe. Made with soft gel containing mineral oil, they help alleviate friction and discomfort caused by toe misalignment.

By reducing pressure on the toes and metatarsals, these toe crests promote better alignment and enhance overall foot comfort, making them an excellent choice for daily wear.

- 2 x Gel Toe Crests.
- Unique Biogel® formation eases pressure and friction.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD5641 | 1 | 1 |



Medicare Hydrocolloid Plasters provide the latest technology in moist wound healing where the blister is protected from dirt and bacteria which encourages faster healing.

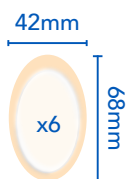
The plasters absorb moisture and form a protective second skin to instantly relieve pain and provide the optimum healing conditions for foot blisters.

- Relieves pain* and cushions.
- 100% Waterproof.
- Cleanpack ensures the dressing is clean when applied.
- Prevents blisters forming when you are active.
- Faster healing time due to moist environment.
- Wearing the plaster protects against bacteria.
- Excellent adhesion facilitates long wear.

*pain relief due to cushioning/reducing rubbing and friction.

Medicare Hydrocolloid Blister Plasters

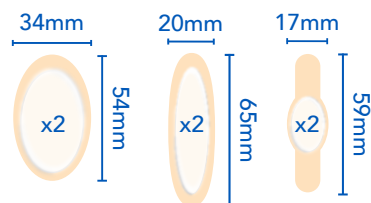
- 6 Plasters included of standard size.



| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD188 | 6 Packs | 6 |

Medicare Assorted Hydrocolloid Blister Plasters

- Includes three assorted sizes per pack.
- 2 Plasters included of each sort.



| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD189 | 6 Packs | 6 |



Medicare Hydrocolloid Extreme Blister Cushions

Medicare Extreme Blister Cushions give improved cushioning and protection from rubbing while helping to treat and prevent blisters.

- Facilitates the healing process.
- Relieves pain.
- Hydrocolloid.
- Waterproof.
- Latex-free.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD1911 | 6 Packs | 5 |



Medicare Hydrocolloid Corn Plasters

Moisturises and softens the corn for gentle and easy corn removal.

- Immediate pain and pressure relief.
- Seals out water, dirt and external contaminants.
- 100% Waterproof.
- Breathable.
- Latex-free.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD187 | 6 Packs | 6 |



Medicare Fungal Nail Pen

Medicare Fungal Nail Pen is a medical device that is used for the treatment of fungal nails. It improves the appearance of the nail and reduces discolouration.

In most patients, the results are visible within 1 week*. Optimal results are obtained when used daily until the healthy nail has grown out.

- Clinically proven formula.
- Stops fungal growth.
- Easy brush applicator.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD1912 | 6 | 1 |



Easy to use twist pen



Precise brush applicator



Medicare Corn Removal Plasters with Salicylic Acid

Medicare Corn Removal Plasters with Salicylic Acid protects against painful pressure of corns and skin callus.

- Provides support for safe and effective removal of corns.
- Contains Salicylic Acid which breaks down hard skin and reduces swelling.
- Instant pressure relief.

| CODE | ORDER QTY | PACK SIZE |
|--------|-----------|-----------|
| MD1910 | 10 Packs | 8 |



Medicare Toenail Clippers

- Sharp strong cutting edges for precise cuts and long-lasting use.

| CODE | ORDER QTY |
|-------|-----------|
| MD167 | 12 Packs |



Medicare Toenail Scissors

- Sharp strong cutting blades for precise trimming and long-lasting use.

| CODE | ORDER QTY |
|-------|-----------|
| MD168 | 12 Packs |



Medicare Cuticle Clippers

- Sharp strong cutting blades for precise cuticle trimming and long-lasting use.

| CODE | ORDER QTY |
|-------|-----------|
| MD169 | 12 Packs |



Medicare Cuticle Scissors

- Sharp strong cutting blades for precise cuticle trimming and long-lasting use.

| CODE | ORDER QTY |
|-------|-----------|
| MD170 | 12 Packs |



Medicare Pumice Stone

- The Medicare Pumice Stone with handle is designed to gently reduce and smooth roughened skin.
- Convenient handle allows for easier movement of stone.
- Suitable for use on feet, knees and elbows.

| CODE | ORDER QTY |
|-------|-----------|
| MD171 | 12 Packs |



Medicare Dual Action Foot File

- Removes even the toughest build-up of hard skin.
- Removes tough callus and hard skin.
- Dual Action: The course surface (on the file head) safely removes even the toughest build-up of hard skin, while the finer surface (on the handle) smooths away any remaining roughness.

| CODE | ORDER QTY |
|-------|-----------|
| MD174 | 12 Packs |



Medicare Pumice Stone Foot Brush

- Foot brush and pumice stone combined.
- Leaves feet soft and smooth.
- Use the soft bristled brush side to clean toenails and use the pumice stone side to gently rub away any hardened, rough or dry skin.

| CODE | ORDER QTY |
|-------|-----------|
| MD172 | 12 Packs |



Medicare Smoothing Foot File

- Gently removes rough dry skin.
- Leaves feet soft and smooth.
- Doubled sided: The course surface removes rough, dry skin. The finer surface buffs and refines skin for a smooth finish.

| CODE | ORDER QTY |
|-------|-----------|
| MD173 | 12 Packs |



Medicare Moleskin Padding

Medicare Moleskin Padding relieves the discomfort caused by friction and rubbing.

- The protective pad can be cut to size to suit any part of your feet or shoes.
- Ideal for sore spots, corns and bunions.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD186 | 10 Packs | 2 |



Medicare Ball of Foot Cushions

Medicare Ball of Foot Cushions target ball of foot pain.

- Relieves pressure and friction.
- Ideal for people who are on their feet for long periods of time.
- Helps to reduce burning sensations.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD579 | 10 Packs | 2 |



Medicare Pressure Point Padding

Medicare Pressure Point Padding reduces pressure and friction on any part of the foot.

- Ultra soft foam material.
- Assorted sizes for extra comfort.
- 6 pcs per pack.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD566 | 10 Packs | 6 |



Medicare Foam Callus Pads

Medicare Callus Pads provide protection for calluses and other painful areas of the feet.

- Help to reduce friction and rubbing that can lead to foot pain.
- Ultra soft foam material.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD578 | 10 Packs | 4 |

Medicare Corn Cushions

Medicare Corn Cushions provide long lasting protection from painful corns.

- Relieves pressure and friction from painful shoes.
- Specially designed for use on individual toes.
- Ultra soft foam material.
- Self-stick, adhesive holds cushion in place.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD562 | 10 Packs | 9 |



Medicare Arch Supports

Medicare Arch Supports provide maximum relief from foot strain and tired aching feet.

- Ideal for flat, weak or fallen arches.
- Cushions and protect.
- Fit comfortably inside most shoe sizes.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD580 | 12 Packs | 1 Pair |



Medicare Round Toe Cushions

Medicare Round Toe Cushions protect sensitive areas from rubbing and irritation.

- Soft foam provides extra comfort.
- 5 assorted sizes.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD572 | 12 Packs | 5 |



Medicare Gel Toe Separators

Medicare Gel Toe Separators are made from ultra soft gel and provide relief from discomfort caused by corns or blisters between the toes.

- Reduces friction and rubbing on adjacent toes.
- Also helpful in correct overlapping toes and preventing in-growing toenails.
- Clear and discreet soft gel material.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD564 | 12 Packs | 2 |



Medicare Foam Toe Separators

Medicare Foam Toe Separators provide relief from chaffing between the toes.

- Help prevent the overlapping of toes and the formation of ingrown toenails.
- Ultra soft foam material.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD563 | 10 Packs | 6 |



Medicare Inter-Digital Protectors

Medicare Inter-Digital Protector cushions reduce pressure and friction between toes.

- Cushions and protects any corns.
- Easy to compress in order to make comfortable in shoe.
- Ultra soft foam material.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD570 | 10 Packs | 9 |



Medicare Gel Soft Toe Spreader

Medicare Gel Soft Toe Separators are made from ultra soft gel and provide relief from discomfort caused by corns or blisters between the toes.

- Reduces friction and rubbing on adjacent toes.
- Also helpful in correct overlapping toes and preventing ingrowing toenails.
- Clear and discreet soft gel material.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD574 | 12 Packs | 1 |



Medicare Finger & Toe Gel Tube Protector

Medicare Gel Tube Protector provides effective relief for fingers and toes from pressure and friction.

- Soft gel cushioning.
- Product can be cut to size.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD573 | 12 Packs | 2 |



Medicare Toe Protectors

Medicare Toe Protector helps protect and cushion tender areas on toes.

- Ideal for reducing pressure and friction.
- Protects corns, toenails and sore toes.
- Soft foam material.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|---------|-------|-----------|-----------|
| MD567SM | Small | 12 Packs | 2 |
| MD567LG | Large | 12 Packs | 1 |



Medicare Gel Bunion Protectors

Medicare Gel Bunion Protectors provide relief and protection for painful bunions.

- Slips over big toe to ensure it stays in place, protecting bunion at all times.
- Prevents rubbing and friction and relieves pain immediately.
- Fits comfortably in most shoes.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD583 | 12 Packs | 2 |

Medicare Foam Bunion Protectors

Medicare Bunion Protectors provide relief and protection for painful bunions.

- Also suitable for corns, calluses and any other sore or tender areas on feet.
- Prevent rubbing and friction and relieve pain immediately.
- Ultra Soft foam for superior cushioning.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD561 | 10 Packs | 4 |



Medicare Bunion Protector Sleeves

Medicare Bunion Protector Sleeves provide discreet relief and protection for painful bunions.

- Protects and absorbs against friction.
- Can be worn everyday in any shoe.
- Thinnest and most efficient protection.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|-------|------|-----------|-----------|
| MD596 | S-M | 12 Packs | 2 |
| MD597 | M-L | 12 Packs | 2 |



Medicare Heel Cushions

Medicare Male and Female Heel Cushions provide you with the ultimate relief from pressure on the heel.

- Special blue circle helps relieve pressure on heel of the foot.
- Washable and reusable.
- Fits most shoe sizes.

| CODE | SIZE | ORDER QTY |
|-------|--------|-----------|
| MD576 | Male | 12 Packs |
| MD577 | Female | 12 Packs |



Medicare Spur Pads

Medicare Spur Pads provide effective comfort for sore heels and reduce pain caused by heel spur or heel pain.

- The U-shape design helps correct alignment of the foot and relieve painful heel inflammation by taking pressure off painful areas.
- Absorbs shock and reduces pressure on the heel area.
- Soft silicone gel for extra comfort.

| CODE | ORDER QTY |
|-------|-----------|
| MD571 | 12 Packs |



Medicare Dual Comfort Insoles

- Made from two layers of latex foam. The first soft layer cushioning is for general comfort and the second layer of more rigid cushioned foam is for extra durability.
- Closed-cell latex foam provides cushioned comfort.
- Topped with a layer of cotton for increased comfort and reduced friction.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD191 | 36-46 | 12 Packs |

Medicare Comfort Insoles

- Medicare Comfort Insoles provide every day comfort and cushioning for tired feet.
- Extra grip in footwear.
- Soft foam material for extra comfort.
- Full length - can be cut to suit all foot sizes.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD569 | 36-46 | 12 Packs |

Medicare Ultra Fresh Insoles with Charcoal

- Made of an ultra soft fabric layer containing charcoal which helps combat odours.
- Designed not to slip or wrinkle.
- Helps combat odour and keeps feet fresh for longer.
- Closed-cell latex foam provides cushioned comfort.
- Ventilation holes helps reduce moisture and keep feet dry.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD192 | 36-46 | 12 Packs |



Medicare Gel Heel Shields

- Medicare Heel Shields help protect heels from shoes that cause friction across the back of your feet and help to stop shoes from slipping.
- Specially shaped for comfortable fit around the back of heel.
- Non-slip gel shield.
- Clear and discreet.
- Ultra soft and comfortable gel material.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD568 | 10 Packs | 1 Pair |



Medicare Ball of Foot Gel Insoles

- Gel insoles provide invisible gel comfort and cushioning providing added support for the balls of your feet.
- Helps to reduce pressure on the ball of your foot.
- Clear, thin discreet gel.
- Non-slip.

| CODE | ORDER QTY | PACK SIZE |
|-------|-----------|-----------|
| MD565 | 10 Packs | 1 Pair |



Infection Control

Providing all you need for hygiene and care in-store

Our infection control range conforms to European Quality Assurance Standards to ensure effectiveness and safety. Ensure your pharmacy is always ready to meet customer needs with our reliable infection control essentials.



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Mediskin gloves are specially designed to provide form, comfort, grip and protection.

Mediskin gloves offer a range of disposable gloves, both powdered or 100% powder-free, that provide you with a choice to suit your personal needs.



Mediskin
Lightly Powdered
Latex Gloves are
bio-degradable and
environmentally
friendly.

Mediskin Latex Powdered Gloves

Mediskin Lightly Powdered Latex Gloves are made from high quality natural rubber latex.

- Hypoallergenic.
- Ambidextrous.
- Lightly powdered.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|------|----------|-----------|-----------|
| TG01 | Small | 10 Packs | 100 |
| TG02 | Medium | 10 Packs | 100 |
| TG03 | Large | 10 Packs | 100 |
| TG11 | Ex Large | 10 Packs | 95 |



50% thicker than powdered gloves, making them ultra tear resistant

Mediskin Latex Powder-free Gloves

Mediskin Latex Powder-free Gloves are made from high quality natural rubber latex. Like other forms of barrier protection for the hands, powder-free latex gloves come in a range of sizes to accommodate different wearers.

- Hypoallergenic.
- Ambidextrous.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|------|----------|-----------|-----------|
| TG04 | Small | 10 Packs | 100 |
| TG05 | Medium | 10 Packs | 100 |
| TG06 | Large | 10 Packs | 100 |
| TG12 | Ex Large | 10 Packs | 95 |



Ideal for those
with sensitive skin
or who are allergic
to Latex

Mediskin Blue Powder-free Nitrile Gloves

Mediskin Powder-Free Nitrile Examination Gloves are ideal for conducting medical examinations, diagnostic and therapeutic procedures to protect patient and user from cross contamination or infection.

Nitrile gloves are a type of disposable glove made of synthetic rubber that offer excellent resistance to wear and tear.

- Non-sterile nitrile.
- Made of synthetic rubber that offers excellent resistance to wear and tear.
- Latex-free and ideal for those with sensitive skin or who are allergic to latex.
- Meets requirements of EN455-1:2000, EN455-2:2015, EN455-3:2015, EN455-4:2009.
- CE Certified Class 1 Medical Device.
- Thickness: 3mm.
- Colour: Blue.
- 100 pcs per Box.

| CODE | SIZE | ORDER QTY | PACK SIZE |
|------|----------|-----------|-----------|
| TG60 | Small | 10 Packs | 100 |
| TG61 | Medium | 10 Packs | 100 |
| TG62 | Large | 10 Packs | 100 |
| TG71 | Ex Large | 10 Packs | 95 |



Mother & Baby

Supporting You and Your Little One

Our Mother & Baby range provides a variety of trusted products to support both mother and baby during pregnancy and early childhood. With a focus on comfort and care, these products ensure safety and convenience throughout this important time, helping to provide the best care for both mother and baby.



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Experience peace of mind for you and your baby

Medicare Baby Nasal Aspirator

The Medicare Baby Nasal Aspirator is a must-have for parents of infants, young children and adults looking to alleviate nasal congestion in a safe, effective and convenient way.

- Soft, medical grade silicone attachments.
- Suitable for children and adults.
- Easy to assemble and disassemble.
- Easy to clean can be disinfected by boiling.
- Anti-backflow design.
- Adjustable suction power levels.

| CODE | ORDER QTY |
|--------|-----------|
| MD4005 | 1 |



Suitable for Infants & Adults



Easy to Clean & Assemble



Adjustable Power Levels



Medical grade silicone tips

Safe for use on babies & adults

Removable waste container

Adjustable power levels

Music option available

ADJUSTABLE SUCTION LEVELS - SUITABLE FOR ALL AGES



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Medicare Ear Syringe

- Ideal for the removal of wax and debris.
- Suitable for use by infants and adults.

| CODE | ORDER QTY |
|----------|-----------|
| MD400003 | 6 |



Medicare Nasal Aspirator

- Gently clears mucous from baby's nose.
- Easy to use.
- Age 0+
- Removable parts for easy cleaning.

| CODE | ORDER QTY |
|----------|-----------|
| MD400004 | 6 |



Medicare Maternity Pads

Medicare Non-Sterile Maternity Pads are specially designed towels for new mothers. These soft and absorbent thick maternity pads cushion and protect, offering maximum comfort while featuring a unique slim-line design.

- 10 pads per pack.
- Ultra absorbent.
- Slim design.
- No lateral leaks.
- Non-Sterile.
- Size: 10 x 30cm (10's).

| CODE | SIZE | ORDER QTY |
|--------|-----------|-----------|
| MD4861 | 10 x 30cm | 1 Pack |





Medicare Maternity Support Belt

The Medicare Pregnancy Support Belt gently supports the weight of the growing baby and relieves lower abdominal pressure. Helps relieve discomfort in your back, abdomen and legs.

- Expands to accommodate baby’s growth by simply fastening further away from the centre of the abdominal support pad.
- Upper tummy strap for an extra sense of security (optional).

| CODE | SIZE | ORDER QTY |
|---------|-----------|-----------|
| MD536SM | Small | 1 |
| MD536MD | Medium | 1 |
| MD536LG | Large | 1 |
| MD536XL | Ex. Large | 1 |



Medicare Paediatric Urine Collector

- Capacity: 150ml.
- Display box 25 pieces.

| CODE | ORDER QTY |
|-------|-----------|
| MD409 | 25 |



Sample Containers

- Sterile Sample Container for both sputum and urine.
- Non-Spill cap.
- Plain label on each container.

| CODE | SIZE | ORDER QTY |
|---------|------|-----------|
| SP001 | 60ml | 60 |
| SP003/1 | 30ml | 50 |

SP001 and SP003/1 are based on Trade Pricing.



Ear, Nose and Eye

Everyday Solutions for Comfort and Well-Being

Our range of Ear, Nose, and Eye care products are designed to support daily comfort, health and well-being. From saline nasal rinses and ear cleansers to eye care solutions like gel masks and reading glasses, the range offers solutions providing relief, hygiene, as well as ongoing and preventative care.



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Medicare Hot & Cold Gel Eye Mask

- Medicare Hot and Cold Gel Eye Mask helps relieve tension and aids in clearing sinuses.
- This soothing eye mask conforms comfortably to the eye area to ensure maximum comfort and relief.

| CODE | ORDER QTY |
|------|-----------|
| MD48 | 6 |

Medicare Eye Patch

- Designed to minimise pressure.
- Foam padding for maximum comfort.
- Adjustable strap for secure comfortable fit.

| CODE | ORDER QTY |
|----------|-----------|
| MD400013 | 6 |



Medicare Emergency Eye Wash

- A disposable eye irrigation solution.
- Disposable – for individual use.
- May be used daily as an eye wash or bath to cleanse the eyes.
- Use up to 6 times a day, as required.
- Supplied in boxes of 30 x 15ml vials.

| CODE | SIZE | ORDER QTY |
|--------|------|-----------|
| MD5332 | 5ml | 50 |
| MD5333 | 15ml | 30 |



Emergency Eye Wash 500ml

- It may be used daily as an eye wash to bath and to cleanse the eyes.
- Can be used as much as needed.
- Contains a sodium chlorine solution.
- Size: 500ml

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD107 | 500ml | 1 |



Medispex Reading Glasses Display - 30 Pairs

| CODE | ORDER QTY |
|--------|-----------|
| MD1847 | 30 Pairs |

FRAMES

LENS

| | |
|-----------------------|-------|
| Black Frames | +1.50 |
| Black Frames | +2.00 |
| Black Frames | +2.50 |
| Black Frames | +3.00 |
| Pink Narrow Frames | +1.50 |
| Pink Narrow Frames | +2.00 |
| Pink Narrow Frames | +2.50 |
| Pink Narrow Frames | +3.00 |
| Wire Rimmed Frames | +1.50 |
| Wire Rimmed Frames | +2.00 |
| Wire Rimmed Frames | +2.50 |
| Wire Rimmed Frames | +3.00 |
| Wire Rimmed Frames | +1.50 |
| Wire Rimmed Frames | +2.00 |
| Wire Rimmed Frames | +2.50 |
| Wire Rimmed Frames | +3.00 |
| Purple & Brown Frames | +1.50 |
| Purple & Brown Frames | +2.00 |
| Purple & Brown Frames | +2.50 |
| Purple & Brown Frames | +3.00 |
| Teal & Black Frames | +1.50 |
| Teal & Black Frames | +2.00 |
| Teal & Black Frames | +2.50 |
| Teal & Black Frames | +3.00 |



Medicare Nasal Aspirator

- Gently clears mucous from baby's nose.
- Easy to use.
- Age 0+
- Removable parts for easy cleaning.

| CODE | ORDER QTY |
|---------|-----------|
| MD40004 | 6 |



Medicare Baby Nasal Aspirator

The Medicare Baby Nasal Aspirator is a must-have for parents of infants, young children and adults looking to alleviate nasal congestion in a safe, effective and convenient way.

- Soft, medical grade silicone attachments.
- Suitable for children and adults.
- Easy to assemble and disassemble.
- Easy to clean can be disinfected by boiling.
- Anti-backflow design.
- Adjustable suction power levels.

CONTENTS:

- x1 Device (Main Unit).
- x1 Waste Tank.
- x1 Small Tip.
- x2 AA Batteries.
- x1 Large Tip.
- x1 Storage Bag.

| CODE | ORDER QTY |
|--------|-----------|
| MD4005 | 1 |



Suitable for Infants & Adults



Easy to Clean & Assemble



Adjustable Power Levels



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Rapid relief from nasal congestion



Medicare Nasal Spray

Experience gentle, effective nasal care with Medicare Nasal Spray 50ml. This product is specially formulated with soothing Aloe Vera and purifying Sea Salt. Designed for daily use, it helps relieve congestion, moisturise dry nasal passages, and ease symptoms of colds, allergies, and sinus irritation.

- A 3-in-1 formula designed for comfort:
 - Reduces swelling.
 - Cleanses and hydrates.
 - Promotes natural regeneration.
- Suitable for all ages 4+ years and over.
- Safe for diabetics.
- 360° application for easy use.
- Ideal for dry, dusty, or air-conditioned environments.



360° APPLICATION



DEEP HYDRATION



NASAL APPLICATION

| CODE | ORDER QTY |
|-------|-----------|
| MD505 | 1 |



Medicare Wax Cotton Earplugs

Protects against water and irritating sound.



- One size fits all.
- 4 pairs included.

Medicare Soft Foam Earplugs

Protects from harmful or irritating sound.



- One size fits all.
- 2 pairs included.

Medicare Soft Silicone Earplugs

Aids sleep and protects from harmful sound.



- One size fits all.
- 3 pairs included.

Medicare Foam Barrel Earplugs

Protects from harmful or irritating sound.



- One size fits all.
- 2 pairs included.

| CODE | SIZE | ORDER QTY |
|------|---------------------------------|-----------|
| MD69 | Medicare Wax Cotton Earplugs | 12 |
| MD70 | Medicare Soft Foam Earplugs | 12 |
| MD71 | Medicare Soft Silicone Earplugs | 12 |
| MD72 | Medicare Foam Barrel Earplugs | 12 |



Medicare Ear Syringe

- Ideal for the removal of wax and debris.
- Suitable for use by infants and adults.

| CODE | ORDER QTY |
|----------|-----------|
| MD400003 | 6 |



Moisturises ear canal for clean, healthy ears



ALOE VERA & MALVA SYLVESTRIS

Medicare Ear Spray

Cleanse, soothe, and protect your ears naturally with Medicare Ear Spray, formulated with Aloe Vera and Malva Sylvestris. Designed for safe use by adults and children from age 3, this 360° spray softens earwax, hydrates the ear canal, and supports natural regeneration in a moist, gentle environment.

- Suitable for all ages 3+ and diabetics
- 360° application for easy use
- Softens and loosens earwax build-up
- Hydrates and soothes dry or irritated ear canals

| CODE | ORDER QTY |
|-------|-----------|
| MD507 | 1 |



360° APPLICATION



PRECISION SPRAY MICRO-MIST



IN EAR APPLICATION



-  Provide Clear & Natural Hearing
-  Qi Compatible Wireless Charging
-  Antibacterial Product Case
-  Connection via Bluetooth
-  IPX5 Water Resistance
-  Up to 40 Hour Battery Life

LifeSense® Linner Nova Hearing Aids

Introducing our Bluetooth® Hearing Aids, a revolutionary innovation crafted with the user in mind. Designed with a modern and fashionable aesthetic.

These cutting-edge devices are tailored to enhance the lives of the hearing impaired, harnessing the power of advanced technology to enrich their daily experiences and improve their overall quality of life.



Clinically Validated & FDA/FCC Approved

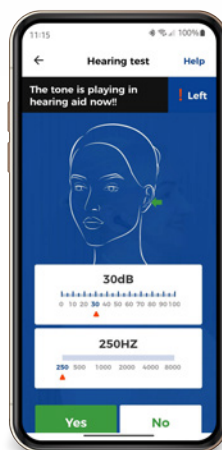
| CODE | ORDER QTY |
|--------|-----------|
| MD1802 | 1 |



LINNER HA Smartphone App



Easily control your hearing aids from your smart device



Take the 5 minute Hearing Test to discover your required settings



View your results and apply changes to the hearing aids as needed



Travel Essentials

Supporting Your Journey

Our Travel range offers essential products to keep you protected and comfortable, whether for staycations or trips further afield. From insect repellent and bite relief solutions to flight socks for improved circulation and travel & motion sickness bands, our range ensures you're prepared for a smooth, hassle-free journey.



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Helps Protect Against Ticks & Mosquitoes



Protection for the Whole Family



DEET Free Option for Children

Medicare Insect Repellent DEET & DEET Free Spray

Medicare’s Insect Repellent DEET Spray provides protection against stings, bites and ticks when spending time outdoors or by water. Effective protection against mosquitoes, ticks and midges.

Medicare Insect Repellent Spray 30% Citrionol[®] is a strong insect-repellent based on lemon-eucalyptus extracts (without DEET).

- Available in 4 strengths: 0%, 30%, 40% & 50% Deet.
- DEET Free Spray: 0% Deet, contains 30% Citrionol[™].
- Hours Protection:
 - 0% DEET: Mosquitoes: 4-6 hrs, Ticks: 4-6 hrs.
 - 30% DEET: Mosquitoes: 6 hrs, Ticks: 3 hrs.
 - 40% DEET: Mosquitoes: 8 hrs, Ticks: 4 hrs.
 - 50% DEET: Mosquitoes: 10 hrs, Ticks: 5 hrs.

| CODE | SIZE | ORDER QTY |
|-------|------|-----------|
| MD30C | 75ml | 6 |
| MD30D | 75ml | 6 |
| MD40D | 75ml | 6 |
| MD50D | 75ml | 6 |



Suitable for bites and stings from:

-  Mosquitoes
-  Horseflies
-  Wasps
-  Jellyfish
-  Nettles

Medicare Insect Bite & Sting Gel

Medicare Insect Bite & Sting Gel gently soothes and calms the skin from the discomfort, itching and swelling of a bite or sting from an insect, such as a mosquito, wasp, or horsefly.

- It can also be used for soothing the skin after a jellyfish sting or if you have been in contact with nettles.
- Temporarily protects and helps ease minor skin irritation and itching.
- Can be used by adults and children over 3 years.

| CODE | SIZE | ORDER QTY |
|--------|------|-----------|
| MD1050 | 20ml | 12 |



Medicare Aloe Vera Gel

Medicare Aloe Vera Gel quickly soothes, hydrates and restores the skin leaving it feeling cool and refreshed. It is a light, easily absorbed, non-greasy gel.

- The Aloe Vera in our Medicare Aloe Vera Gel has been extracted from the Aloe Barbadensis plant which has been used for centuries to soothe skin problems.
- Moisturising and non-greasy.
- Soothing.
- Restoring.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD351 | 100ml | 10 |



Medicare Arnica Gel

Medicare Arnica Gel is a gentle, non-greasy gel to relieve pain for muscle aches, stiffness and after sporting injuries. Apply gently to the skin.

- The Arnica in Medicare Arnica Gel has been extracted from the Arnica Montana plant which been recognised for its invaluable natural properties since the 16th century. Today it is used by millions worldwide.
- Natural and soothing.
- Non-greasy.
- Pain Relief.

| CODE | SIZE | ORDER QTY |
|-------|-------|-----------|
| MD350 | 100ml | 10 |



Helps prevent swollen ankles and tired, aching legs

Medicare Flight Socks

Medicare Flight Socks are a medically approved aid for the prevention of Deep Vein Thrombosis on long haul flights.

Legs are prone to swelling on long-haul flights, partly due to cabin pressure and prolonged sitting.

- Provides graduated compression.
- Helps prevent Deep Vein Thrombosis (DVT) during flights.
- Helps prevent swollen ankles and tired, aching legs.

| CODE | SIZE | COLOUR | ORDER QTY |
|-------|----------|--------|-----------|
| MD541 | S (3-6) | Beige | 3 |
| MD542 | M (6-9) | Beige | 3 |
| MD543 | L (9-12) | Beige | 3 |
| MD530 | S (3-6) | Black | 3 |
| MD531 | M (6-9) | Black | 3 |
| MD532 | L (9-12) | Black | 3 |



Medicare Adult Travel & Motion Sickness Wristbands

Medicare Travel & Motion Sickness Band uses the science of acupressure to alleviate the nausea of travel/motion/morning sickness, anaesthesia and chemotherapy.

- Uses the science of acupressure.
- Contains one pair.
- One size fits all.

| CODE | ORDER QTY | PACK SIZE |
|-----------|-----------|-----------|
| MD4000198 | 12 Packs | 1 Pair |



Continence Care

Trusted suppliers of effective continence care

Fleming Medical in partnership with Attends® & MoliCare® markets a complete range of high-performance product solutions in the area of Continence Care. We are committed to partner with healthcare professionals and provide products that enhance patient quality of life and deliver clinical efficiency and efficacy across the continuum of care.



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| Attends® Absorbency Guide | | | | | |
|---------------------------|--------|----------|--------|-------|--------|
| Light | | Moderate | | Heavy | |
| 0 | ●●●●●● | 2 | ●●●●●● | 6 | ●●●●●● |
| 1 | ●●●●●● | 3 | ●●●●●● | 7 | ●●●●●● |
| | | | | | 10 |



Attends® Soft Shaped Incontinence Pads

Attends® Soft are a range of anatomically shaped pads that can be worn discreetly with your own underwear. The pad has a breathable back sheet and absorbent core to help reduce the risk of leakage, provide odour protection and skin dryness.



Available in a range of absorption degrees, all to give protection for light to heavy bladder weakness.

- Smallest sizes are individually wrapped for even more hygiene.
- Breathable backsheet for extra wearing comfort.
- Odour Protection, in order to prevent unpleasant smells.
- The higher absorbency Soft pads (6 & 7) are smaller and more discreet than traditional shaped pads.

| CODE | LEVEL | TYPE | LENGTH | THICKNESS | ABSORBENCY | ORDER QTY | PACK SIZE |
|----------|----------------|----------|--------|-----------|------------|-----------|-----------|
| AT0014 | Level 3 ●●●●●● | Ex. Plus | 275mm | 5.1mm | 320ml | 1 | 10 |
| AT207673 | Level 4 ●●●●●● | Super | 486mm | 7.5mm | 1250ml | 1 | 46 |
| AT0016 | Level 5 ●●●●●● | - | 332mm | 5.1mm | 500ml | 1 | 38 |
| AT0017 | Level 6 ●●●●●● | - | 371mm | 5.1mm | 650ml | 1 | 38 |
| AT0018 | Level 7 ●●●●●● | - | 395mm | 6.5mm | 850ml | 1 | 34 |













Attends® Pull-Ons

Attends® Pull-On are absorbent disposable pants designed to manage heavy bladder and/or bowel incontinence (urinary/faecal). These pants look like regular underwear to help you feel confident throughout the day, and can be worn without any other underwear required.

The pants have a flexible shape which fit close to the body and an absorbent core to help reduce the risk of leakage.

- Can easily be pulled up and down like normal underwear.
- Superior fit and feel.
- 100% Breathable for All-around Air Comfort.
- Maxi Comfort Technology. Full panel elastics with ultrasonic bonding.
- The powerful absorbent core locks in any liquid and odour.
- Soft and skin-friendly: The skin tolerability of Attends® Pull-Ons is dermatologically approved by proDERM Institute for Applied Dermatological Research.

| CODE | LEVEL | SIZE | WAIST /HIP SIZE | ABSORBENCY | ORDER QTY | PACK SIZE |
|----------|---------|---------|-----------------|------------|-----------|-----------|
| AT211748 | Level 4 | Small | 56-75cm | 850ml | 1 | 14 |
| AT211786 | Level 4 | Medium | 75-110cm | 1049ml | 1 | 22 |
| AT211762 | Level 6 | Small | 56-75cm | 1519ml | 1 | 18 |
| AT211809 | Level 6 | Medium | 75-110cm | 1620ml | 1 | 18 |
| AT211847 | Level 6 | Large | 100-160cm | 2264ml | 1 | 18 |
| AT211885 | Level 6 | X Large | 120-175cm | 2069ml | 1 | 16 |
| AT0028 | Level 8 | Medium | 80-110cm | 2529ml | 1 | 16 |
| AT0024 | Level 8 | Large | 100-160cm | 2529ml | 1 | 16 |

| MoliCare® Drop Level Guide | | | |
|---|---|--|--|
| Slight | Moderate | Severe | Very Severe |
| 1  | 4  | 7  | 9  |
| 2  | 5  | 8  | 10  |
| 3  | 6  | | |



MoliCare® Premium Mobile Level 5 Large 14's

- Level: 5 Drops (moderate incontinence).



MoliCare® Premium Mobile Level 6 Medium 14's

- Level: 6 Drops (moderate incontinence).

MoliCare® Premium Mobile 5 & 6 Drop Level pull-up pants look and feel like regular underwear through anatomical shape, soft material and elastics for a comfortable fit.

Features of both products:

- The absorbent core neutralises odour and holds liquids quickly for a dry feeling.
- Easy tear-open side seams mean they can be easily pulled on and off without the need to open and close any tapes or additional help.
- Absorption/Capacity: 680ml.
- Pack size: 14 per pack.
- Size: Medium (Hips 80-120cm/31 to 47 inches)
- Wetness indicator on backing shows when to change the product.
- Maximum leakage protection is assured based on high-quality materials and the cuff system.
- Tear-open side seams for easy and convenient removal.
- Coloured stripes indicate front of pull-up pant.
- Dermatologically tested and ph. 5.5 skin neutral to maintain healthy skin.

| CODE | LEVEL | SIZE | ORDER QTY | PACK SIZE |
|-------|---|------------|-----------|-----------|
| MOL01 | Level 5  | 60 x 90cm | 1 | 14 |
| MOL02 | Level 6  | 80 x 120cm | 1 | 14 |



Attends® Slip Diaper

Attends® Slips are especially designed for users who require special care, for heavy incontinence and for prolonged sitting and lying.

- Wetness indicator changes from yellow to blue when the product needs changing.
- Leg elastics for a good fit and to help reduce the risk of leakage.
- Super absorbent core with acquisition layer for improved leakage protection, skin dryness and odour protection.

| CODE | LEVEL | TYPE | SIZE | WAIST /HIP SIZE | ABSORBENCY | ORDER QTY | PACK SIZE |
|----------|----------|---------|---------|-----------------|------------|-----------|-----------|
| AT212011 | Level 10 | Classic | Large | 100-150cm | 2899ml | 1 | 15 |
| AT212035 | Level 10 | Regular | X Large | 150-175cm | 3699ml | 1 | 15 |



Attends® Slip Active

Attends® Slip Active 10 are all-in-one products designed to manage heavy urinary and/or faecal incontinence. The breathable textile like wings provide comfort and support around the waist, and the re-sealable fixation system provides a close and comfortable fit to minimise leakages.

- Positioning tapes and two re-sealable fixation tapes for ease of fitting.
- Poly back sheet.
- Protects against leakage and odours.



| CODE | LEVEL | SIZE | WAIST /HIP SIZE | ABSORBENCY | ORDER QTY | PACK SIZE |
|--------|----------|--------|-----------------|------------|-----------|-----------|
| AT0070 | Level 10 | Medium | 75-110cm | 3719ml | 1 | 28 |
| AT0073 | Level 10 | Large | 100-150cm | 3719ml | 1 | 28 |



Attends® Stress Pads For Men Level 4 14's

Attends® For Men 4 are shield shaped inserts designed for men with moderate bladder leakage. Designed for the male anatomy, this insert is thin and discreet, featuring our superabsorbent core to help you remain dry throughout the day.

- Attends® Stress Pads/Contours Pads are suitable for men who suffer with incontinence due to aging or changed prostate conditions who experience a sudden urge to go to the toilet in the middle of the night, or larger gushes of urine loss.
- Fixation tape to easily be worn with your own underwear.
- Specifically designed to absorb light-moderate amounts of bladder and bowel weakness.
- Leakage protection barriers on both sides of the pad provide increased protection.
- Quick Dry technology ensures a dry top layer and soft and dry skin.
- Odour Protection locks in unpleasant odours in the core of the pad.
- Anatomically shaped, designed for men.
- Discreet and comfortable to wear.
- Protects against leakage and odours

| CODE | LEVEL | LENGTH | THICKNESS | ABSORBENCY | ORDER QTY | PACK SIZE |
|--------|------------------|--------|-----------|------------|-----------|-----------|
| AT0091 | Level 4 ●●●●○○○○ | 290mm | 7mm | 600-799ml | 1 | 14 |



Attends® Cover-Dri Underpad Plus

Attends® Cover-Dri Plus is our protective underpad to be used for light to moderate urinary incontinence. The absorbent hexagon pads on the sheet distribute wetness quickly and evenly, absorbing liquid and preventing mess

When the pad is used, dispose of in a bin and feel confident that your surfaces are protected and dry.

- Underpads for light to moderate urinary incontinence and clinical procedures.
- Soft and comfortable top sheet.
- Non-slip waterproof backing.
- All round leakage barrier reduces the risk of leakage.
- Protects against leakage and odours.

| CODE | TYPE | USAGE | SIZE | ORDER QTY | PACK SIZE |
|--------|----------------|--------------------------------|-----------|-----------|-----------|
| AT0078 | Underpad Super | Can be used for wound handling | 90 x 60cm | 1 | 50 |
| AT0050 | Underpad Plus | Surface Protector | 60 x 60cm | 1 | 50 |
| AT0058 | Underpad Super | Surface Protector | 90 x 60cm | 1 | 50 |

HARTMANN



MoliCare® Premium Bed Mat Level 7 30's

MoliCare® Bed Mats provide an extra layer of security or as a direct underpad. They are ideal to be used with beds or even chairs, furniture or other surfaces which need protection. Made of disposable cellulose fluff, they are absorbent and have a waterproof polythene backsheet to protect against leaking. Perfect for night-time or for longer periods spent seated or in bed.



- Pack Size: 30 per pack.
- Level: 7 Drops (severe/very severe incontinence).
- Meets EU Medical Device Regulation for Class 1 products.
- Dermatologically tested and skin-friendly.
- Single-use secure protection.
- Grip edging allows for easier unfolding of bed mat.

MoliCare® Premium Bed Mat Level 5 100's

MoliCare® Bed Mat products provide extra protection for various surfaces and the rectangular pads are the classic protection alternative for pads.

The new MoliCare® Premium Bed Mat 5 Drops: Disposable bed mat with an absorbent core made of cellulose fluff providing hygienic care and extra protection.

- Pack Size: 100 (4 x 25) per pack.
- Hygienic Care: Single-use protection.
- Absorbs liquid and provides extra protection for various surfaces.
- Dermatologically tested and skin-friendly.
- Grip edging allows for easier unfolding of bed mat.
- Absorbent core made of cellulose fluff.
- Waterproof polyethylene back sheet.

| CODE | LEVEL | SIZE | ORDER QTY | PACK SIZE |
|-------|---|-----------|-----------|-----------|
| MOL03 | Level 7  | 60 x 90cm | 1 | 30 |
| MOL05 | Level 5  | 60 x 90cm | 1 | 100 |



Merchandising

Engaging In-Store Point of Sale

Fleming Medical offers a comprehensive range of merchandising and point-of-sale solutions to help your customers discover, trust, and choose our products. From shelf dressings, FSDUs, and CDUs to in-store posters, wobblers, trifold flyers, and more.



FLEMINGMEDICAL.CO.UK

Freephone: 0800 6406253 Email: orders@flemingmedical.co.uk



@Medicarefirstaid



@Medicarefirstaid



Scan QR Code to visit: [FLEMINGMEDICAL.CO.UK/pharmacy/marketing-support](https://www.flemingmedical.co.uk/pharmacy/marketing-support)

Designed to fit in and stand out

Enhance your store presence and make it easier for customers to connect with our brands.



Medicare PVC Foamex Display Stand with Hooks & Shelves

Medicare branded FSDU with 12 hooks and 4 shelves. Suitable to display free-standing and hanging products from our full Medicare range.

- Foamex Medicare floor stand.
- 4 fixed shelves.
- Unit comes flat packed, easy to assemble.
- 12 hanging hooks included.
- W: 600mm H: 1900mm D: 360mm

| CODE | ITEM |
|----------|---------------------------------|
| MDPOS213 | Medicare PVC Foamex Floor Stand |

Medicare LifeSense PVC Foamex Display Stand

Medicare LifeSense branded FSDU with 5 shelves. Suitable to display all products from our full Medicare LifeSense range.

- Foamex Medicare floor stand.
- 5 fixed shelves.
- Unit comes flat packed, easy to assemble.
- W: 600mm H: 1900mm D: 360mm

| CODE | ITEM |
|----------|---|
| MDPOS214 | Medicare LifeSense PVC Foamex Floor Stand |

Products shown for display purposes only.



NEW EASY ASSEMBLE DISPLAY STANDS

Contact your Fleming Medical Representative for layout options and promotional offers.

Designed to fit in and stand out

Each item is designed to boost visibility, educate your staff, and drive customer engagement and sales growth.



Physiologix PVC Foamex Display Stand

Physiologix branded FSDU with 12 hooks and 3 shelves. Suitable to display free-standing and hanging products from our full Physiologix range.

- Foamex Physiologix floor stand.
- 3 fixed shelves.
- Unit comes flat packed, easy to assemble.
- 12 hanging hooks included.
- W: 600mm H: 1900mm D: 360mm

| CODE | ITEM |
|----------|------------------------------------|
| MDPOS215 | Physiologix PVC Foamex Floor Stand |

Medicare PVC Foamex Display Stand with Shelves

Medicare branded FSDU with six shelves. Suitable to display all free-standing products from our full Medicare range.

- Foamex Medicare floor stand.
- 6 fixed shelves.
- Unit comes flat packed, easy to assemble.
- W: 600mm H: 1900mm D: 360mm

| CODE | ITEM |
|----------|---------------------------------|
| MDPOS217 | Medicare PVC Foamex Floor Stand |

Products shown for display purposes only.



NEW EASY ASSEMBLE DISPLAY STANDS

Contact your Fleming Medical Representative for layout options and promotional offers.



Medicare LifeSense® Display Stand

This stand is designed to hold LifeSense® diagnostic equipment such as thermometers, blood pressure monitors and pulse oximeters. Leaflets ordered separately.

Contact your Fleming Medical Representative for layout options and promotional offers.

| CODE | ITEM |
|----------|---------------------------------|
| MDPOS115 | Medicare LifeSense® Floor Stand |

Products shown for display purposes only.



Medicare Heat Patch Display Stand

This stand is designed for the Medicare Therapeutic Heat Patches which provide natural, drug-free healing through heat therapy to aid in reducing joint and muscle aches and pains. This stand takes 48 boxes per unit, (16 boxes per shelf).

Contact your Fleming Medical Representative for layout options and promotional offers.

| CODE | ITEM |
|----------|---------------------------------|
| MDPOS113 | Medicare Heat Patch Floor Stand |

Products shown for display purposes only.



Medicare 5 Section Shelf Display

MDPOS29

- Material: Foamex



Medicare 6 Section Display

MDPOS28

- Material: Foamex



Medicare Burncare Counter Display Unit

MDPOS75

- Material: Foamex



Advanced Woundcare 6 Section Display

MDPOS28WC

- Material: Foamex



Medicare Shelf Display

MDPOS90

- Material: Foamex



Medicare Plaster Display Tray

MDPOS02

- Material: Foamex

Please Note: Products sold separately.

Create a Pharmacy experience that speaks to every customer

Enhance your wall bay with our range of colour-coordinated merchandising assets from Medicare, Physiologix, and Medicare LifeSense®, designed to help your customers easily find exactly what they need.



Our merchandising suite includes leaflet holders, floor stickers, window vinyls, shelf trays, and informational strut cards featuring interactive QR codes that connect customers to helpful product guides and educational resources, supporting confident product selection in-store.



Merchandising Elements

Our in-store merchandising and category management is supported by our Pharmacy Field Developers who are on the road, and ready to meet and assist you.



Contact your Sales Rep

Product Launch Wobblers

Shelf Fins

Strong Brand Presence

SEL Strips



Display Trays



Advanced Woundcare Display

Medicare LifeSense® Wall Merchandising

| CODE | DESCRIPTION | DETAIL |
|----------|----------------------------------|--|
| MDPOS157 | Medicare LifeSense® Header | 1200mm x 300mm |
| MDPOS136 | Medicare LifeSense® Sel Strip | 500mm x 39mm (Paper Only) |
| MDPOS139 | Medicare LifeSense® Shelf Talker | 200mm x 95mm |
| MDPOS145 | Medicare LifeSense® Wobbler | 105 x 105mm Laminated Circle with Arm included |
| MDPOS160 | Medicare LifeSense® Shelf Fin | 600mm x 155mm - Die Cut |
| MDPOS148 | Medicare LifeSense® Poster Cling | 297mm x 297mm circular - Die Cut |
| MDPOS170 | Medicare LifeSense® 300mm Tray | 300mm |
| MDPOS167 | Medicare LifeSense® 500mm Tray | 500mm |

Medicare Wall Merchandising

| CODE | DESCRIPTION | DETAIL |
|----------|-----------------------|--|
| MDPOS156 | Medicare Header | 1200mm x 300mm |
| MDPOS135 | Medicare Sel Strip | 500mm x 39mm (Paper Only) |
| MDPOS138 | Medicare Shelf Talker | 200mm x 95mm |
| MDPOS144 | Medicare Wobbler | 105 x 105mm Laminated Circle with Arm Included |
| MDPOS159 | Medicare Shelf Fin | 600mm x 155mm - Die Cut |
| MDPOS147 | Medicare Poster Cling | 297mm x 297mm circular - Die Cut |
| MDPOS169 | Medicare 300mm Tray | 300mm |
| MDPOS166 | Medicare 500mm Tray | 500mm |

Physiologix Wall Merchandising

| CODE | DESCRIPTION | DETAIL |
|----------|--------------------------|--|
| MDPOS158 | Physiologix Header | 1200mm x 300mm |
| MDPOS137 | Physiologix Sel Strip | 500mm x 39mm (Paper Only) |
| MDPOS140 | Physiologix Shelf Talker | 200mm x 95mm |
| MDPOS146 | Physiologix Wobbler | 105 x 105mm Laminated Circle with Arm included |
| MDPOS161 | Physiologix Shelf Fin | 600mm x 155mm - Die Cut |
| MDPOS149 | Physiologix Poster Cling | 297mm x 297mm Circular - Die Cut |
| MDPOS171 | Physiologix 300mm Tray | 300mm |
| MDPOS168 | Physiologix 500mm Tray | 500mm |

See page 184 for visuals.



Marketing Support

We're here to help you sell smarter and stand out

Our impactful, eye-catching point-of-sale materials are designed to create genuine in-store visibility and engagement, complemented by campaign-ready assets for your social media channels and promotional activities.

IN-STORE NOW

medicare®
LIFESENSE®

A7 Plus Blood Pressure Monitor

A state-of-the-art device featuring seamless integration with the Medicare LifeSense® App.

NEW PRODUCT

- SYNC RESULTS TO DEVICE VIA BLUETOOTH™
- DAILY/WEEKLY BP TRENDS RESULTS VIEW
- ON SCREEN PULSE RATE DISPLAY
- IRREGULAR PULSE RATE DETECTION

[@Medicarefirstaid](#)
[@Medicarefirstaid](#)
[@Medicarefirstaid](#)

Experience peace of mind for you and your baby

NEW Medicare Baby Nasal Aspirator

In Store Now

Suitable for Infants & Adults | Easy to Clean & Assemble | Adjustable Power Levels

Scan to view our full Mother & Baby Range

FLEMING MEDICAL

TRILAS®
FABRIC TECHNOLOGY

Trilastic 3D Fabric Technology for comfort fit & stretch

2 LEVEL ADVANCED
Moderate Support & Compression

- Hexagonal cell matrix compression for injury recovery & prevention
- Silicone beading for a non-slip fit
- Ergonomic design provides all-day comfort

Moderate compression to aid in injury recovery & rehabilitation

ADVANCED SUPPORT RANGE

Order from your Sales Rep

In-Store Posters | Informational Leaflets | POS | Social Assets



Freephone: 0800 6406253 Email: orders@flemingmedical.co.uk

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Scan QR Code to visit: FLEMINGMEDICAL.CO.UK/pharmacy/marketing-support

Online & Instore Marketing Resources

Personalised Marketing for your Pharmacy

As part of our service we provide complimentary, effective, and engaging point of sale materials that achieve real presence in-store as well as campaign focused assets for your social media accounts and in store promotions.

We also offer condition based informational posters, flyers and POS assets for use in-store and in consultation rooms.

Available on Marketing Support Online

Order from your Sales Rep



Cardiovascular Health



Respiratory Health



Body Composition



A3 Window Posters



Web Banners



Social Media Assets



Marketing Support

Engaging Client Focused Material



Your Site



Your Store



Your Social

Follow our Marketing Calendar to stay up-to-date with our marketing campaigns.

Marketing Support includes a wide range of free to use and easily accessible content such as:

- Product Images
- Posters
- Social Media Assets
- Web Banners
- Blog Posts
- Online Tutorials
- Training Webinars
- Point of Sale & much more



Accessing Your Marketing Resources Account

Scan the QR Code to link to Marketing Support at FLEMINGMEDICAL.CO.UK/pharmacy/marketing-support

1. **LOGIN** with your Account Username & Password
2. **BROWSE** the Assets by Product Category
3. **DOWNLOAD** to your phone or PC



Consultation Room Educational POS

Product and POS Package

Consultation Rooms provide the perfect setting for pharmacists to interact with patients regarding their health, medication, and wellbeing.

Fleming Medical are supporting pharmacists nationwide by fully stocking their Consultation Rooms with a suite of diagnostic and medical equipment. This will ensure your pharmacy is ready to facilitate and manage community health.



**FREE
PRODUCT
BUNDLE**

**WORTH
OVER
£370
RRP**



Get this Consultation Room Bundle worth over £370 for FREE with orders of £700 or over. Contact your Regional Account Manager for further details on 0800 640 6253. T&C's Apply.

Marketing & Merchandising

Marketing Print & Social Material



Marketing Support

We offer condition-focused posters and educational flyers for your shop floor and consultation room, crafted to inform, engage, and empower your customers, while equipping your team to drive sales and build lasting trust in your pharmacy.



Order from your Sales Rep



Products to Support Customer Health

Whether it's learning how best to take their blood pressure at home or recognising specific triggers and symptoms of COPD or asthma, our educational leaflets are here to help.



Seasonal or New Product Promos

Customise your in-store and online marketing to promote seasonal products or in-store events.

Direct your customers to must-haves for holidays abroad, back to school, baby on the way or home, workplace or sport first aid.

Your Local Pharmacy Product Support

Fleming Medical Account Managers are located across the country and are here to help.

Our dedicated Account Managers work closely with you to keep informed about our products and services, training opportunities, and marketing and merchandising. Contact your local Account Manager today for friendly and personal customer service.

PHARMACY UK & NORTHERN IRELAND ACCOUNT MANAGER CONTACT DETAILS

| TERRITORY | CONTACT DETAILS | NOTES / APPOINTMENTS: |
|-------------------|-----------------|-----------------------|
| Northern Ireland | 07741 553554 | |
| Scotland | 07502 188789 | |
| East Midlands | 07833 456679 | |
| UK North West | 07436 338253 | |
| North East London | 07810 045958 | |
| North West London | 07741 553545 | |
| South London | 07769 182855 | |
| UK South West | 07824 637382 | |

Let's Connect

If you are looking to open a new account or have a query on your account please don't hesitate to contact the Pharmacy UK Key Account Manager, on +353 61 497754.

FLEMING MEDICAL LTD.

Luminous House, 300 South Row,
Milton Keynes, MK9 2FR, United Kingdom

FREEPHONE: 0800 640 6253

Email: orders@flemingmedical.co.uk





FLEMING MEDICAL ACADEMY Professional Skills Training Platform



Online Training Courses

Fleming Medical Academy offers engaging online training modules for healthcare and pharmacy professionals. This self-led training platform is specially designed to work alongside healthcare professional's hectic schedules and includes a state-of-the-art interactive Basic Life Support (BLS) simulation in one of the modules to give a "hands-on" feeling to the online course.

Fleming Medical Academy Course Features



Interactive & Self-Led



Ideal for professionals with busy schedules



12 month access to course materials



Certificate of completion provided when completed successfully

Courses Available

- First Aid Essentials
- Basic Life Support
- Paediatric Basic Life Support
- First Aid Essentials for Children and Babies
- Product & Equipment Training



First Aid Essentials



Basic Life Support

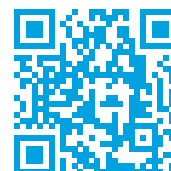


Paediatric Basic Life Support



First Aid Essentials for Children and Babies

Scan the QR Code here to link to [Training Platform](http://www.flemingmedical.co.uk/training) at www.flemingmedical.co.uk/training



01. COMPANY ITEMS

COMPANY NAME:

COMPANY REG. NO.:

DATE ESTABLISHED: / / YEARS IN BUSINESS:

TRADING NAME:

TRADING ADDRESS:

 POSTCODE:

PHONE NUMBER:

EMAIL ADDRESS:

PROPOSED MONTHLY CREDIT LIMIT: £

MAXIMUM CREDIT LIMIT REQUIRED AT ANY TIME: £

02. VAT DETAILS

VAT EXEMPT: YES NO

VAT NUMBER*: **If applicable*

VAT EXEMPT NUMBER*: **If applicable*

NATURE OF BUSINESS:

NUMBER OF BRANCHES:

PHARMACY REG. NO.:

03. CONTACT DETAILS

ACCOUNTS NAME:

ACCOUNTS EMAIL:

ORDERING NAME:

ORDERING EMAIL:

STORE MANAGER NAME:

STORE MANAGER EMAIL:

04. AUTHORISATION

The title of said goods does not pass until 'all monies' are paid in full, and I acknowledge that Fleming Medical Ltd., may repossess the said goods without any notice whatsoever to me. **PAYMENT TERMS: 30 DAYS MONTHS END**

OWNERS NAME:

SIGNATURE: DATE: / /

05. FOR OFFICE USE ONLY

ACCOUNT CODE: REP. CODE:

CREDIT LIMIT GIVEN: £ DATE: / /

OFFICE SIGNATURE:

ORIGINATORS IDENTIFICATION NO.: 8 6 1 4 0 4

FLEMING MEDICAL LTD. ACCOUNT NO.:

PLEASE COMPLETE PARTS 1 TO 7 TO INSTRUCT YOUR BANK / BUILDING SOCIETY TO MAKE PAYMENTS DIRECTLY FROM YOUR ACCOUNT.
THEN RETURN THIS FORM TO FLEMING MEDICAL LTD., CORCANREE BUSINESS PARK, DOCK ROAD, LIMERICK, IRELAND.

1. NAME OF ACCOUNT HOLDER:

2. NAME OF BANK / BUILDING SOCIETY:

3. ADDRESS OF BANK / BUILDING SOCIETY:

4. POSTCODE:

5. BANK ACCOUNT NUMBER:

6. BANK SORT CODE:

7. REFERENCE NUMBER:

BANKS MAY REFUSE TO ACCEPT INSTRUCTION TO PAY DIRECT DEBITS FROM SOME TYPES OF ACCOUNT

YOUR INSTRUCTIONS TO THE BANK:

PLEASE PAY FLEMING MEDICAL LTD. DIRECT DEBITS FROM THE ACCOUNT DETAILED ON THIS INSTRUCTION SUBJECT TO THE SAFEGUARDS-ASSURED BY THE DIRECT DEBIT GUARANTEE. I UNDERSTAND THAT THIS INSTRUCTION MAY REMAIN WITH FLEMING MEDICAL LTD. AND, IF SO, DETAILS WILL BE PASSED ELECTRONICALLY TO MY BANK / BUILDING SOCIETY.

SIGNATURE*:

AUTH. SIGNATORY

AUTH. SIGNATORY

DATE OF SIGNING:

*THIS MUST BE IN ACCORDANCE WITH THE MANDATE HELD BY THE BANK

Please Return To: Fleming Medical Ltd., Corcanree Business Park, Dock Road, Limerick, V94 K6W4, Ireland

Free Phone: 0800 640 6253 | **Email:** orders@flemingmedical.co.uk | **Web:** www.flemingmedical.co.uk

The Direct Debit Guarantee

- This Guarantee is offered by all banks and building societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit, Fleming Medical will notify you 10 working days in advance of your account being debited or as otherwise agreed. If you request Fleming Medical to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit, by Fleming Medical or your bank or building society, you are entitled to a full and immediate refund of the amount paid from your bank or building society.
- If you receive a refund you are not entitled to, you must pay it back when Fleming Medical asks you to.
- You can cancel a Direct Debit at any time by simply contacting your bank or building society. Written confirmation may be required. Please also notify us.



TERMS & CONDITIONS

All business undertaken by Fleming Medical Ltd. (hereinafter called the company) as principles, agents, wholesalers, distributors or suppliers, is transacted subject to the following terms and conditions in so far as they or any of them may be modified or varied by the company in writing and every condition herein shall be a condition of all agreements between the company and a contracting party or agent for such a party. No condition imposed by a purchaser or agent will be binding on the company unless specifically accepted by the company in writing.

DELIVERY

Goods shall be delivered by the company to the customer or to a specified address nominated by the customer. The risk of damage or deterioration of the goods arising after dispatch will be at the risk of the customer after the goods have left the company's premises. Any time or date named by the company for delivery is given and intended as an estimate only and the company shall not be liable to make good any damage or loss whatsoever arising directly or indirectly out of delay in delivery. The risk in the goods shall pass to the customer at the point of delivery i.e. when goods leave the company's premises.

TITLE

Notwithstanding delivery and the passing of risk, the property in the goods shall remain with the company until the customer has paid all monies owed in full, to the company under this contract or any contract or otherwise. Until such payment is made by the customer, the customer shall possess all goods and materials as the property in which is vested in the company by virtue of this clause on a fiduciary basis only and if the company so requires the customer shall store such goods and materials at no cost to the company so that they are clearly identified as belonging to the company. If any payment is overdue the company may (without prejudice to any of its other rights and remedies) recover and resell any or all of such goods and materials and may enter the customer's premises for that purpose.

SALE OR RETURN

The clause herein relating to retention of title does not entitle the customer to return goods or refuse/delay payment on the grounds that the property in such goods has not been passed to the customer. It is explicitly against company policy to sell goods on a sale or return basis.

QUANTITY DELIVERED

Every effort will be made to deliver the quantity as ordered. Any shortages or claims of shortages must be brought to the company's attention in writing within five working days. Any claims thereafter will not be entertained and cannot be used as an excuse for non payment of account. Any complaint of failure to deliver goods invoiced must also be notified to the company in writing within seven days of the date of the invoice.

COMPATIBILITY

The responsibility for establishing the suitability of any the company's products for its intended use shall rest upon the customer and the company shall not be liable for any loss or damage whether consequential or otherwise, and the customer shall not depend upon representations made by the company or on behalf of the company to establish suitability of the company's products.

GENERAL

Customers own condition of purchase or by our standard of condition of purchase shall not apply unless specifically accepted by the company in writing in advance of goods being ordered.

CLAIMS

If any goods supplied by Fleming Medical Limited prove on inspection to be defective in material workmanship, the company undertakes as its option to replace the same or refund to the customer, the price of the goods. Under no circumstances will liability exceed the cost of replacement (at the company's option) or the price paid by the customer for such goods.

WARRANTY

The company shall not under any circumstance or whatsoever be liable for any damages where the consequential or otherwise howsoever caused or occasioned and this undertaking is given in place of and excludes all other warranties and condition whatsoever whether implied by statute or otherwise. The customer shall be responsible for any non-recoverable costs incurred by the company should the customer cancel an order it has placed.

RETURN OF GOODS

The company is unable to accept return of goods without prior notification to our offices in writing. And only when it has given authorisation for such return can goods be accepted. Any goods returned for credit will be liable to incur the following handling charges.

0-90 days - 25% Over 90 days - 50%
Over 180 days - at discretion of company

For goods to be accepted for refund, goods must be currently stocked and not a discontinued line. They also must be in perfect merchandisable condition and capable of resale and be completely without defect. Any such damage or defect will totally cancel any obligation by the company for any refund whatsoever.

PAYMENT

Payment of account must be made within thirty days of month end in which the goods were supplied and shall be strictly nett. Cheques shall be made payable to the company (Fleming Medical Limited) and not to any individuals. At the end of each calendar month any account which is overdue shall be liable to have interest charged thereon at the rate of 2.5% owed per month. Credit terms offered by the company are thirty days from month end of invoice date but such terms may be terminated at any time without prior notice by the company whereupon all balances, inclusive of interest, shall become due and owing forthwith. The operation of this term shall be at the companies absolute discretion.

The prices charged are at the date of dispatch of goods. It is an expressed condition of sale that in the event of the company having to recourse to legal action or debt collection agents against the customer in order obtain of outstanding accounts any costs in doing so are payable by the customer on a full indemnity basis and the company shall have the right to charge without notice interest at 2.5% per month, then currently enforce on any overdue accounts for as long as they are overdue.

Prices quoted in this catalogue are correct at the time of publication. However, our prices are regularly reviewed and are subject to change. For confirmation of our current prices please contact our customer service team on 0800 640 6253.

JURISDICTION

Unless otherwise agreed these conditions of the contract shall be subject and construed in accordance with Irish law and all contracts entered into shall be deemed to have been entered into under the jurisdiction in law of the Republic of Ireland.





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